

Course descriptions

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COURSE DESCRIPTION

Academic year: 2025/2026	
University: Comenius University Bratislava	
Faculty: Faculty of Social and Economic Sciences	
Course ID: FSEV.ÚAP/1-UAPen-10/21	Course title: Academic Skills
Educational activities: Type of activities: lecture / seminar Number of hours: per week: 2 / 2 per level/semester: 26 / 26 Form of the course: combined	
Number of credits: 6	
Recommended semester: 1.	
Educational level: I.	
Prerequisites:	
Course requirements: Ongoing assessment - 100 points for activities and assignments. Final assessment- the points from ongoing assessment are counted up and the grades of the final assessment are awarded as follows: A (100-91%, excellent - excellent results), B (90-81%, very good - above average), C (80-73%, well - routine reliable work), D (72-66%, satisfactory - acceptable results), E (65-60%, sufficient - results meet minimum criteria), Fx (59-0%, insufficient - further work required) Any form of plagiarism is considered a disciplinary offense under the Comenius University in Bratislava's Disciplinary Regulations for Students and will automatically result in a final course grade of Fx. Students are obliged to observe the general ethical principles during the study of this course, in accordance with the provisions of the Code of Ethics of Comenius University in Bratislava.	
Learning outcomes: The aim of the course is to develop key academic skills that students will use during their university studies. Students will gain information about the basics of research methodology and writing and presenting scientific papers. They will be able to work with scientific texts (from searching activities to the actual processing of the text and its presentation). The course further develops educational competencies, the ability to learn, individual and group work skills, digital skills, creative and critical thinking, communication skills and cultivated language skills.	
Class syllabus: Class syllabus: 1. Scientific vs. lay knowledge and language 2. Research plan 3. Research topic and problem 4. Research goals, hypotheses, and questions 5. Searching for scientific sources 6. Digital skills.	

7. Critical reading of scientific sources. 8. Basics of scientific writing. 9. Academic integrity and ethics. 10. IMRaD structure. 11. Communication and teamwork. 12. Presentation skills.					
Recommended literature: American Psychological Association (2020). Publication manual of the American Psychological Association. American Psychological Association. Bailey, S. (2011). Academic writing. A handbook for international students. Routledge. Hartley, J. (2008). Academic writing and publishing. A practical handbook. Routledge. Hopkins, D., & Reid, T. (2018). The Academic Skills Handbook. Sage. Simpson, S. (2015). Essential study skills. Bookboon.					
Languages necessary to complete the course: English					
Notes:					
Past grade distribution Total number of evaluated students: 116					
A	B	C	D	E	FX
37,07	26,72	16,38	6,03	6,03	7,76
Lecturers: Mgr. Karin Černickaja, PhD.					
Last change: 11.07.2024					
Approved by: prof. Mgr. Lenka Sokolová, PhD.					

COURSE DESCRIPTION

Academic year: 2025/2026	
University: Comenius University Bratislava	
Faculty: Faculty of Social and Economic Sciences	
Course ID: FSEV.ÚAP/1-UAPen-1430/24	Course title: Assessment and Development Centers
Educational activities: Type of activities: practicals Number of hours: per week: 4 per level/semester: 52 Form of the course: combined	
Number of credits: 6	
Recommended semester: 6.	
Educational level: I.	
Prerequisites:	
Course requirements: During the semester, a series of short practical assignments (total max. 50 points), at the end of the semester a practical exam in the form of conducting a final Development Center for real participants (total max. 50 points). At least 91 points are required to obtain an A rating, at least 82 points to obtain a B rating, at least 73 points for a C rating, at least 66 points for a D rating, and at least 60 points for an E rating. Any form of plagiarism is considered a disciplinary offense under the Comenius University in Bratislava's Disciplinary Regulations for Students and will automatically result in a final course grade of Fx. Students are obliged to observe the general ethical principles during the study of this course, in accordance with the provisions of the Code of Ethics of Comenius University in Bratislava.	
Learning outcomes: After completing the course, students will be able to independently create and run a simple Assessment or Development Center and evaluate the established competencies.	
Class syllabus: 1. Structure of Assessment and Development Centers 2. Selection and evaluation of competencies 3. AC / DC design 4. Role tasks 5. LGD leaderless group discussion 6. Behavioral interviews 7. Personality questionnaires and psychological testing 8. DC - simulations and trainers 9. practical AC implementation	
Recommended literature: Amodt, M. (2013). Industrial/Organizational Psychology: An Applied Approach. Cengage. Armstrong, M. (2005). A Handbook of Management and Leadership. Kogan Page. Ballantyne, I., & Povah, N. (2004). Assessment and Development Centres. Routledge. Rao, T.V., & Chawla, N. (2004). 360 Degree Feedback and Assessment and Development Centres. Excel Books.	
Languages necessary to complete the course: English	

Notes:					
Past grade distribution Total number of evaluated students: 6					
A	B	C	D	E	FX
0,0	0,0	100,0	0,0	0,0	0,0
Lecturers: Mgr. Veronika Sklenářová					
Last change: 11.07.2024					
Approved by: prof. Mgr. Lenka Sokolová, PhD.					

COURSE DESCRIPTION

Academic year: 2025/2026	
University: Comenius University Bratislava	
Faculty: Faculty of Social and Economic Sciences	
Course ID: FSEV.ÚAP/1-UAPen-280/21	Course title: Bachelor Thesis Seminar 1
Educational activities: Type of activities: lecture / seminar Number of hours: per week: 2 / 2 per level/semester: 26 / 26 Form of the course: combined	
Number of credits: 6	
Recommended semester: 5.	
Educational level: I.	
Prerequisites:	
Course requirements: 100 % ongoing evaluation. Analysis of selected bachelor thesis from ÚAP FSEV - maximum 40 points, Presentation of research project - maximum 30 points, Research project (written form) – maximum 30 points. In order to obtain an E rating, at least 60 points must be obtained, at D 66 points, C 73 points, B 81 points and A at least 91 points. Any form of plagiarism is considered a disciplinary offense under the Comenius University in Bratislava's Disciplinary Regulations for Students and will automatically result in a final course grade of Fx. Students are obliged to observe the general ethical principles during the study of this course, in accordance with the provisions of the Code of Ethics of Comenius University in Bratislava.	
Learning outcomes: Students will gain the knowledge of ethical principles in the performance of psychological and research activities, as well as the ability to apply these principles. Students are able to design and implement a simple research plan, which includes in particular skills in data collection and their subsequent quantitative or qualitative analysis. They can orient themselves in current professional sources and search for relevant literature in the field, interpret the results of studies, write professional texts and present the assigned tasks, goals and results to the working team. Students have the ability to appropriately and professionally present their own views, creative and flexible thinking. In the bachelor's thesis they apply the acquired competence to carry out research using quantitative and qualitative procedures, they are independent in solving theoretical and practical problems in a broader context, they can effectively use argumentation strategies, independently and critically evaluate arguments, express their opinion cultivated in professional speech.	
Class syllabus: 1. Information sources- good-quality 2. Professional / academic style of writing 3. Research projects, their creation and structure 4. IMRaD structure of scientific empirical works	

5. Content of the key parts of empirical works: theoretical background, research problem, research method, results, discussion (abstract, introduction, conclusion). 6. Directive of the UK in BA for the thesis 7. Citation, paraphrasing, references according to APA 8. Formal standards (design of title page, content, tables, graphs, list of bibliographic references, appendices) 9. Ethics of the thesis 10. Presentation of the thesis					
Recommended literature: American Psychological Association. (2020). Publication manual of the American Psychological Association (7th ed.). Washington, DC: American Psychological Association.					
Languages necessary to complete the course: English					
Notes:					
Past grade distribution Total number of evaluated students: 44					
A	B	C	D	E	FX
47,73	20,45	15,91	2,27	6,82	6,82
Lecturers: Mgr. Rastislav Janičík					
Last change: 11.07.2024					
Approved by: prof. Mgr. Lenka Sokolová, PhD.					

COURSE DESCRIPTION

Academic year: 2025/2026	
University: Comenius University Bratislava	
Faculty: Faculty of Social and Economic Sciences	
Course ID: FSEV.ÚAP/1-UAPen-260/21	Course title: Bachelor Thesis Seminar 2
Educational activities: Type of activities: seminar Number of hours: per week: 4 per level/semester: 52 Form of the course: combined	
Number of credits: 6	
Recommended semester: 6.	
Educational level: I.	
Prerequisites:	
Course requirements: 100% ongoing evaluation. Active continuous fulfillment of tasks related to bachelor thesis - max. 50 points Presentation of particular section of the bachelor's thesis and its completion - max. 50 points. In order to obtain an E rating, at least 60 points must be obtained, at D 66 points, C 73 points, B 81 points and A at least 91 points. Any form of plagiarism is considered a disciplinary offense under the Comenius University in Bratislava's Disciplinary Regulations for Students and will automatically result in a final course grade of Fx. Students are obliged to observe the general ethical principles during the study of this course, in accordance with the provisions of the Code of Ethics of Comenius University in Bratislava.	
Learning outcomes: Students are able to design and implement a simple research plan, which includes in particular skills in data collection and their subsequent quantitative or qualitative analysis. They are able to orientate themselves in current professional sources and search for relevant literature in the field, interpret study results, write professional texts and present assigned tasks, goals and results to the working team, they have the ability to present their own opinions appropriately and professionally.	
Class syllabus: The course is focused on the implementation of research project, evaluation and processing of data, writing and submission of bachelor's thesis, its completion and presentation	
Recommended literature: American Psychological Association. (2020). Publication manual of the American Psychological Association (7th ed.). American Psychological Association. Smernica rektora Univerzity Komenského v Bratislave o základných náležitostiach záverečných prác, rigorózných prác a habilitačných prác, kontrole ich originality, uchovávaní a sprístupňovaní na Univerzite Komenského v Bratislave https://uniba.sk/fileadmin/ruk/legislativa/2013/Vp_2013_12.pdf	
Languages necessary to complete the course: English	

Notes:					
Past grade distribution Total number of evaluated students: 42					
A	B	C	D	E	FX
45,24	23,81	14,29	2,38	2,38	11,9
Lecturers:					
Last change: 11.07.2024					
Approved by: prof. Mgr. Lenka Sokolová, PhD.					

COURSE DESCRIPTION

Academic year: 2025/2026	
University: Comenius University Bratislava	
Faculty: Faculty of Social and Economic Sciences	
Course ID: FSEV.ÚAP/1-UAPen-560/25	Course title: Clinical Psychology
Educational activities: Type of activities: lecture / seminar Number of hours: per week: 2 / 2 per level/semester: 26 / 26 Form of the course: combined	
Number of credits: 6	
Recommended semester: 4.	
Educational level: I.	
Prerequisites:	
Course requirements: <ul style="list-style-type: none"> • Interim assessment (40 points) Group presentation of case study (20 points) Written assignment (20 points) <ul style="list-style-type: none"> • Final exam (60 points) To be admitted to the final exam, it is necessary to obtain at least 60% of the points from the interim assessment. In case a student fails to submit any of the assignments, they will not be admitted to the final exam. To pass the subject, it is necessary to achieve at least 60% of the points from the final exam. At least 91 points are necessary to gain an A, at least 81 points necessary to gain a B, at least 73 points are necessary to gain a C, at least 66 points are necessary to gain a D, and at least 60 points are necessary to gain an E. Total score is calculated by the summation of points accumulated for each course requirement. Any form of plagiarism is considered a disciplinary offense under the Comenius University in Bratislava's Disciplinary Regulations for Students and will automatically result in a final course grade of Fx. Students are obliged to observe the general ethical principles during the study of this course, in accordance with the provisions of the Code of Ethics of Comenius University in Bratislava.	
Learning outcomes: After completing the course, the students gain knowledge about clinical presentation of mental health disorders, their etiology, assessment, and treatment options. The student gains a general understanding of issues in clinical psychology, including current topics, research trends, and treatment advancement. After completing the course, the student is familiar with diagnostic principles and assessment tools in clinical psychology. The student is able to understand and work with current literature from the field, interpret research results, write a scholarly text informed by relevant literature, and conduct a presentation in front of their colleagues. The student is able to present their own ideas appropriately and professionally. The student is able to independently solve specific issues in a changing environment, plan their own education, and be autonomous and responsible when making decisions related to the field. The student is able to think in a flexible	

and creative manner and independently solve theoretical and practical issues while considering a broader context. The student is able to express their opinion professionally and effectively use communication strategies that are informed by theoretical and empirical knowledge gained in this course. The student is also able to critically evaluate differing stances. The student is able to communicate (in writing and orally) in a professional manner. The student is able to take a stance when considering individual and societal issues and make a decision grounded in moral values. The student is also able to responsibly make a decision when considering moral, societal, legal, and economic context of the profession

Class syllabus:

History and subject of clinical psychology
Differences in psychic activity
Concepts of normality and abnormality
Aetiology of mental disorders
Main theories of clinical psychology
Fundamentals of clinical psychodiagnostics and psychotherapy
Methodology of clinical psychology
Health prevention and promotion

Recommended literature:

American Psychiatric Association. (2022). Diagnostic and statistical manual of mental disorders (5th ed., text rev.). <https://doi.org/10.1176/appi.books.9780890425787>
Bernstein, D. A., Teachman, B. A., Olatunji, B. O., & De Los Reyes, A. (2024). Introduction to Clinical Psychology: Bridging Science and Practice (10th ed.). Cambridge: Cambridge University Press.
Comer, R. J., Comer, J. S. (2018). Abnormal psychology (10th edition). Worth Publishers. ISBN: 978-1-319-06722-9
World Health Organization. (2016). International statistical classification of diseases and related health problems (10th ed.). <https://icd.who.int/browse10/2016/en>
World Health Organization. (2019). International statistical classification of diseases and related health problems (11th ed.). <https://icd.who.int/>

Languages necessary to complete the course:

English

Notes:

Past grade distribution

Total number of evaluated students: 0

A	B	C	D	E	FX
0,0	0,0	0,0	0,0	0,0	0,0

Lecturers:

Last change: 30.06.2025

Approved by: prof. Mgr. Lenka Sokolová, PhD.

COURSE DESCRIPTION

Academic year: 2025/2026	
University: Comenius University Bratislava	
Faculty: Faculty of Social and Economic Sciences	
Course ID: FSEV.ÚAP/1-UAPen-130/24	Course title: Cognitive Psychology
Educational activities: Type of activities: lecture / seminar Number of hours: per week: 2 / 2 per level/semester: 26 / 26 Form of the course: combined	
Number of credits: 6	
Recommended semester: 2.	
Educational level: I.	
Prerequisites:	
Course requirements: Assessment: - preliminary assessment: two class presentations - final assessment: Exam Student can get 100 points: 20 points for two presentations during the seminar (10 point for each presentation, minimum to pass – 1 point from each presentation) 80 points for final written examination. Student can get 100 points. At least 91 points are necessary to gain an A, at least 81 points necessary to gain a B, at least 73 points are necessary to gain a C, at least 66 points are necessary to gain a D, and at least 60 points are necessary to gain an E Any form of plagiarism is considered a disciplinary offense under the Comenius University in Bratislava's Disciplinary Regulations for Students and will automatically result in a final course grade of Fx. Students are obliged to observe the general ethical principles during the study of this course, in accordance with the provisions of the Code of Ethics of Comenius University in Bratislava.	
Learning outcomes: Student will learn about core topics of cognitive psychology – one of the main psychological disciplines. Apart from getting knowledge about theoretical base of psychology, student will also work on his presentation skills during seminar and work on his ability to speak in professional manner. In this class students learn information necessary to understand human cognitive processing, which is base for understanding of other psychological disciplines. Students will improve their ability to think about psychological processes in general. .	
Class syllabus: 1. Introduction 2. Perception 3. Attention	

4. Memory 5. Memory processes 6. Situation awareness 7. Knowledge organization 8. Decision making, problem solving and creativity 9. Thinking and reasoning 10. Language: reading and comprehension 11. Language production 12. Social perception: Personality perception accuracy					
Recommended literature: Compulsory literature: Sternberg, R.J., & Sternberg, K. (2012). Cognitive Psychology. 6th edition. Cengage Learning. Endsley, M.R., & Jones, D.G. (2004). Designing for Situation Awareness. An Approach to User-Centered Design. 2nd edition. Boca Raton, CRC Press. Recommended literature: Baddeley, A., Eysenck, M.W., Anderson, M.C. (2015). Memory. 2nd edition. Psychology Press. Barrouillet, P., & Camos, V. (2015). Working Memory. Loss and Reconstruction. Psychology Press. Eysenck, M.W., & Keane, M.T. (2015). Cognitive Psychology. A Students Handbook. 7th edition. Psychology Press. Goldstein, E.B. (2019). Cognitive Psychology. Connecting Mind, Research, and Everyday Experience. 5th edition. Cengage Learning.					
Languages necessary to complete the course: English					
Notes:					
Past grade distribution Total number of evaluated students: 35					
A	B	C	D	E	FX
14,29	22,86	22,86	20,0	8,57	11,43
Lecturers:					
Last change: 11.07.2024					
Approved by: prof. Mgr. Lenka Sokolová, PhD.					

COURSE DESCRIPTION

Academic year: 2025/2026	
University: Comenius University Bratislava	
Faculty: Faculty of Social and Economic Sciences	
Course ID: FSEV.ÚAP/1-UAPen-1440/24	Course title: Conflicts Resolution
Educational activities: Type of activities: lecture / seminar Number of hours: per week: 2 / 2 per level/semester: 26 / 26 Form of the course: combined	
Number of credits: 6	
Recommended semester: 6.	
Educational level: I.	
Prerequisites:	
Course requirements: 100% continuous assessment. Providing homework always for the next lesson - a maximum of 30 points, writing your own profile of conflict resolution style - a maximum of 30 points, passing a knowledge exam - a maximum of 40 points. At least 91 points are required to obtain an A rating, at least 81 points to obtain a B rating, at least 73 points for a C rating, at least 66 points for a D rating, and at least 60 points for an E rating. Credits will be awarded to students based on reading points for fulfilling individual conditions. Any form of plagiarism is considered a disciplinary offense under the Comenius University in Bratislava's Disciplinary Regulations for Students and will automatically result in a final course grade of Fx. Students are obliged to observe the general ethical principles during the study of this course, in accordance with the provisions of the Code of Ethics of Comenius University in Bratislava.	
Learning outcomes: Students have knowledge from the field of general orientation in the field, they acquire basic knowledge about conflicts, which are primarily aimed at knowing the individual, or the psychological aspects of his behavior and experience within groups. Students will also gain an overview of the principles of psychological activity in conflict resolution, such as interviewing/ observation. Students apply creativity in solving specific problems in a changing environment, effectively use argumentative strategies and make decisions about the moral, social and legal context of the field.	
Class syllabus: Concept of conflict, basic types of conflicts, Interests and goals, Structure of conflict, Conflict resolution styles, Conflict evaluation, Negotiation of benefits, Mitigation of conflict, Third party intervention, Mediation, Forgiveness and reconciliation.	
Recommended literature: Deutsch, M., Coleman, P. T., & Marcus, E. C. (Eds.). (2006). The handbook of conflict resolution: Theory and practice (2nd ed.). Wiley Publishing. Fisher. R., Ury, W. (2011). Getting to Yes (revised ed.). Penguin Books.	

Cheldelin, S., Druckman, D., Fast, L. (eds.). (2003). Conflict: From Analysis to Intervention. Continuum. Kriesberg, L. (2003). Constructive Conflicts (2nd ed.). Rowman & Littlefield.

Languages necessary to complete the course:

English

Notes:

Past grade distribution

Total number of evaluated students: 8

A	B	C	D	E	FX
25,0	25,0	37,5	0,0	0,0	12,5

Lecturers: Mgr. Karin Černickaja, PhD.

Last change: 11.07.2024

Approved by: prof. Mgr. Lenka Sokolová, PhD.

COURSE DESCRIPTION

Academic year: 2025/2026	
University: Comenius University Bratislava	
Faculty: Faculty of Social and Economic Sciences	
Course ID: FSEV.ÚAP/1-UAPen-140/24	Course title: Counselling Psychology
Educational activities: Type of activities: lecture / seminar Number of hours: per week: 2 / 2 per level/semester: 26 / 26 Form of the course: combined	
Number of credits: 6	
Recommended semester: 3.	
Educational level: I.	
Prerequisites:	
Course requirements: 100% ongoing evaluation Homework (50 points) Written activities (50 points) At least 91 points are necessary to gain an A, at least 81 points necessary to gain a B, at least 73 points are necessary to gain a C, at least 66 points are necessary to gain a D, and at least 60 points are necessary to gain an E. Total score is calculated by the summation of points accumulated for each course requirement. Any form of plagiarism is considered a disciplinary offense under the Comenius University in Bratislava's Disciplinary Regulations for Students and will automatically result in a final course grade of Fx. Students are obliged to observe the general ethical principles during the study of this course, in accordance with the provisions of the Code of Ethics of Comenius University in Bratislava.	
Learning outcomes: After completing the course, the students gain theoretical knowledge in counseling psychology. Students are able to describe a counseling process, a role of a therapeutic relationship, and ethical principles guiding the therapeutic process and relationship. The student acquires basic counseling skills with individuals and groups. The student also acquires basic skills in assessment and diagnosing. The student is able to conduct a presentation in front of a colleague. The student is able to independently solve specific issues in a changing environment and independently solve theoretical and practical issues while considering a wider context. The student is able to plan their own education. The student is able to present their own ideas appropriately and professionally. The student is able to take a stance when considering individual and societal issues and make a decision grounded in moral values. The student is also able to responsibly make a decision when considering moral, societal, legal, and economic context of the profession.	
Class syllabus: Introduction to counselling psychology Stages of a counselling process Common factors of counselling	

Congruence Empathy Unconditional positive regard Process of change Counselling alliance Ethical guidelines					
Recommended literature: Cozolino, L. (2004). The making of a therapist. Norton. Kottler, J. A. (2017). On being a therapist. Oxford University Press. Nelson-Jones, R. (2015). Basic counseling skills: A helper's manual. Sage.					
Languages necessary to complete the course: English					
Notes:					
Past grade distribution Total number of evaluated students: 24					
A	B	C	D	E	FX
70,83	20,83	0,0	8,33	0,0	0,0
Lecturers: Mgr. Silvia Aziriová, PhD.					
Last change: 11.07.2024					
Approved by: prof. Mgr. Lenka Sokolová, PhD.					

COURSE DESCRIPTION

Academic year: 2025/2026	
University: Comenius University Bratislava	
Faculty: Faculty of Social and Economic Sciences	
Course ID: FSEV.ÚAP/1-UAPen-1450/25	Course title: Crisis Intervention
Educational activities: Type of activities: lecture / seminar Number of hours: per week: 2 / 2 per level/semester: 26 / 26 Form of the course: combined	
Number of credits: 6	
Recommended semester: 6.	
Educational level: I.	
Prerequisites:	
Course requirements: 100% (max. 100 points) of continuous assessment Continuous assessment consists of: <ul style="list-style-type: none"> • Assignments/Demonstrations of acquired skills (30%): completion of tasks according to predefined requirements. • Semester Project + Review (30%): focused on a selected type of crisis event, processed according to specified criteria. • Case Study + Discussion (30%): analysis of a selected film/series and subsequent reflection incorporating theoretical concepts. • Active participation (10%): engaging in exercises, discussions, reflecting on model crisis situations. The grading scale is as follows: A (100-91%, excellent – outstanding results) B (90-81%, very good – above average standard) C (80-73%, good – reliable work) D (72-66%, satisfactory – acceptable results) E (65-60%, sufficient – results meet the minimum criteria) Fx (59-0%, insufficient – requires additional work) Any form of plagiarism is considered a disciplinary offense under the Comenius University in Bratislava's Disciplinary Regulations for Students and will automatically result in a final course grade of Fx. Students are obliged to observe the general ethical principles during the study of this course, in accordance with the provisions of the Code of Ethics of Comenius University in Bratislava.	
Learning outcomes: The aim of the course is to provide students with systematic and comprehensive theoretical foundations in crisis issues and the characteristics of a specialized approach to crisis intervention (CI). Students will gain insight into various aspects of CI in the context of intrapsychic experiences and the quality of social interactions. After completing the course, students will have acquired skills for the practical use of CI	

techniques in various contexts and for different target groups. They will be able to use tools to assess crisis situations and demonstrate effective de-escalation, decoding, and counseling strategies for individuals in crisis. Special emphasis is placed on the specific parameters of crisis communication and the difference between CI skills and general counseling skills. The course prioritizes an experiential approach, giving students a multifaceted and multimodal view of crisis intervention (CI).

Class syllabus:

- Introduction to the issue, defining basic concepts, and crisis theory.
- Reactions to stressful situations. Personality and its predispositions to cope with excessive stress.
- Risk analysis and assessment. Assessing the degree of suicidal risk.
- The model of comprehensive crisis intervention and its forms. Specifics of CI in a remote environment.
- Typology of crisis events. Specifics of CI in the context of selected crisis events.
- Crisis communication. Specifics of online crisis communication.
- Processes, methods, and strategies of crisis intervention.
- Basic Ph – model of communication and coping strategies. Safety strategies.
- Support for crisis management. Prevention of crisis situations and crisis planning.
- Institutions, organizations, and programs of crisis intervention in Slovakia.
- Ethics in crisis intervention. Legislative framework of social services for crisis intervention in Slovakia.

Recommended literature:

Mandatory - Golan, N. (1998). Treatment In Crisis Situations. Simon and Schuster.; Roberts, A. R. (Ed.). (2005). Crisis intervention handbook: Assessment, treatment, and research. Oxford university press.

Recommended - Baldwin, B. A. (1979). Crisis intervention: An overview of theory and practice. The Counseling Psychologist, 8(2) 43-52. <https://doi.org/10.1177/001100007900800207/> additional articles and contributions by this author, Lahad, M., Shacham, M., & Ayalon, O. (Eds.). (2013). The "BASIC Ph" model of coping and resiliency: theory, research and cross-cultural application. Jessica Kingsley Publishers; Mitchell, J. (2004). Crisis Intervention and Critical Incident Stress Management: A defense of the field; [PDF document Retrieved from: https://www.researchgate.net/publication/265190414_Crisis_Intervention_and_Critical_Incident_Stress_Management_A_defense_of_the_field/link/56dc4a2e08aebabdb4142032/download

Languages necessary to complete the course:

slovak and#english language

Notes:

Past grade distribution

Total number of evaluated students: 0

A	B	C	D	E	FX
0,0	0,0	0,0	0,0	0,0	0,0

Lecturers: Laura Ďurinová, MSc.

Last change: 30.06.2025

Approved by: prof. Mgr. Lenka Sokolová, PhD.

COURSE DESCRIPTION

Academic year: 2025/2026	
University: Comenius University Bratislava	
Faculty: Faculty of Social and Economic Sciences	
Course ID: FSEV.ÚAP/1-UAPen-1050/23	Course title: Cross-cultural Psychology
Educational activities: Type of activities: lecture / seminar Number of hours: per week: 2 / 2 per level/semester: 26 / 26 Form of the course: combined	
Number of credits: 6	
Recommended semester: 3.	
Educational level: I.	
Prerequisites:	
Course requirements: In order to pass the course, student have present an assigned academic article in seminar, write two short essays and present them in seminar, and write the final test. 20 points could be gained for and assigned article presentation, 30 for short essays (15 points each) and 50 points for the final exam. Student can get 100 points. At least 91 points are necessary to gain an A, at least 81 points necessary to gain a B, at least 73 points are necessary to gain a C, at least 66 points are necessary to gain a D, and at least 60 points are necessary to gain an E. Seminar attendance is compulsory. Any form of plagiarism is considered a disciplinary offense under the Comenius University in Bratislava's Disciplinary Regulations for Students and will automatically result in a final course grade of Fx. Students are obliged to observe the general ethical principles during the study of this course, in accordance with the provisions of the Code of Ethics of Comenius University in Bratislava.	
Learning outcomes: Course introduces cross-cultural, cultural and indigenous psychologies. Focus will be on indigenous psychologies in countries where are these psychologies developed. Class should improve students' cross-cultural understanding. Student will get information about actual development in the field of cross-cultural and indigenous psychologies, knowledge about theoretical basis of these fields and specific issues related to their methodology. Course covers cross-cultural issues in psychological diagnostics. Student will also learn how to search for literature in cross-cultural and related psychological disciplines, improve in writing of professional text and presenting it in public. Student should learn to independently solve assigned problems and present in professional manner. Course also covers ethical, moral and global contexts of psychological science.	
Class syllabus: 1. Introduction. Cross-cultural, cultural and indigenous psychology. 2. Racism and racial stereotypes. Prejudices. Intergroup relations. Ostracism. 3. Classifications of cultures. Acculturation.	

4. Cultural differences in emotions. Cultural differences in cognition. Cross-cultural intelligence testing. Cross-cultural differences in psychopathology
5. Indigenous psychology: China
6. Indigenous psychology: Korea
7. Indigenous psychology: Japan.
8. Indigenous psychology: Philippines, India, other countries
9. Methodological problems
10. Cross-cultural differences in language use. Sapir-Whorf hypothesis.
11. Cultural specifics of Chinese and Korean languages.
12. Cross-cultural differences in traffic behavior and psychopathology. Cross-cultural communication.

Recommended literature:

- Choi, S.-Ch., Han, G., & Kim, Ch.-W. (2007). Analysis of cultural emotion. Understanding of indigenous psychology for universal implications. In J. Valsiner & A. Rosa, *The Cambridge Handbook of Sociocultural Psychology* (s. 318-342). Cambridge: Cambridge University Press.
- Choi, S.-Ch., & Han, G. (2008). Shimcheong psychology: A case of an emotional state for cultural psychology. *International Journal for Dialogical Science*, 3, 205-224.
- Chen, X.-P., & Chen, Ch. C. (2004). On the intricacies of the Chinese guanxi: A process of guanxi development. *Asia Pacific Journal of Management*, 21, 305–324.
- Hwang, K.-K. (1987). Face and favor: The Chinese power game. *The American Journal of Sociology*, 92, 944-974.
- Lewis, R. D. (2006). *When Cultures Collide: Leading Across Cultures* (3rd edition). Boston, Nicholas Brealey International.
- Williams, K.D., Nida, S.A. (ed., 2017). *Ostracism, Exclusion, and Rejection*. Routledge.
- Spears, R., Tausch, N. (2012). Prejudice and Intergroup Relations. In M. Hewstone, W. Stroebe, K. Jonas (Eds.): *An Introduction to Social Psychology*. 5th edition. BPS Blackwell. (chapter 14)
- Berry, J.W., Poortinga, Y.H., Segall, M.H., & Dasen, P.R. (2012). *Cross-cultural psychology. Research and applications* (3rd edition). Cambridge University Press.
- Shiraev, E.B., & Levy, D.A. (2017). *Cross-cultural psychology. Critical Thinking and Contemporary Applications* (6th edition). Routledge.
- Behrens, K. Y. (2004). A multifaceted view of the concept of amae: Reconsidering the indigenous Japanese concept of relatedness. *Human Development*, 47, 1-27.
- Reyes, J. (2015) Loób and Kapwa: An Introduction to a Filipino Virtue Ethics. *Asian Philosophy*, 25(2), 148-171.
- Lewin, K. (1930). The Conflict Between Aristotelian and Galileian Modes of Thought in Contemporary Psychology. *Journal of General Psychology*, 5, 141–177.

Languages necessary to complete the course:

English

Notes:

Past grade distribution

Total number of evaluated students: 12

A	B	C	D	E	FX
41,67	16,67	16,67	8,33	16,67	0,0

Lecturers: doc. Mgr. et Mgr. Václav Linkov, PhD.

Last change: 11.07.2024

Approved by: prof. Mgr. Lenka Sokolová, PhD.

COURSE DESCRIPTION

Academic year: 2025/2026	
University: Comenius University Bratislava	
Faculty: Faculty of Social and Economic Sciences	
Course ID: FSEV.ÚAP/1-UAPen-40/23	Course title: Developmental Psychology
Educational activities: Type of activities: lecture / seminar Number of hours: per week: 2 / 2 per level/semester: 26 / 26 Form of the course: combined	
Number of credits: 6	
Recommended semester: 1.	
Educational level: I.	
Prerequisites:	
Course requirements: I. Evaluation during the semester: knowledge testing, written papers, presentations (50 points) II. Final exam (50 points) Attendance and participation is required (two missed classes allowed) At least 91 points are necessary to gain an A, at least 81 points necessary to gain a B, at least 73 points are necessary to gain a C, at least 66 points are necessary to gain a D, and at least 60 points are necessary to gain an E. Total score is calculated by the summation of points accumulated for each course requirement. Any form of plagiarism is considered a disciplinary offense under the Comenius University in Bratislava's Disciplinary Regulations for Students and will automatically result in a final course grade of Fx. Students are obliged to observe the general ethical principles during the study of this course, in accordance with the provisions of the Code of Ethics of Comenius University in Bratislava.	
Learning outcomes: After completing the course, the students gain theoretical knowledge about stages of human development across life span. Students are able to understand and describe changes in physical, cognitive, emotional, and social domains across each stage of human development. After completing the course, the student is able to write a scholarly text informed by relevant literature. The student is also able to conduct a presentation in front of their colleagues. The student is able to independently solve theoretical and practical issues while considering a broader context. The student is able to express their opinion professionally and effectively use communication strategies that are informed by theoretical and empirical knowledge gained in this course. The student is also able to critically evaluate differing stances. The student is able to communicate (in writing and orally) in a professional manner. The student is able to take a stance when considering individual and community issues and make a decision grounded in moral values. The student is also able to responsibly make a decision when considering moral, societal, legal, and economic context of the profession.	
Class syllabus:	

This course will introduce basic principles of human development of the individual from conception to death: prenatal development, infancy & toddlerhood, preschool years, middle childhood, adolescence, young adulthood, middle adulthood, older adulthood.					
Recommended literature: Dunn, W. L., & Craig, G. J. (2018). Understanding human development. Pearson.					
Languages necessary to complete the course: English					
Notes:					
Past grade distribution Total number of evaluated students: 67					
A	B	C	D	E	FX
31,34	34,33	19,4	5,97	5,97	2,99
Lecturers: Mgr. Katarína Křížová, PhD.					
Last change: 11.07.2024					
Approved by: prof. Mgr. Lenka Sokolová, PhD.					

COURSE DESCRIPTION

Academic year: 2025/2026	
University: Comenius University Bratislava	
Faculty: Faculty of Social and Economic Sciences	
Course ID: FSEV.ÚAP/1-UAPen-550/25	Course title: Educational and School Psychology
Educational activities: Type of activities: lecture / seminar Number of hours: per week: 2 / 2 per level/semester: 26 / 26 Form of the course: combined	
Number of credits: 6	
Recommended semester: 3.	
Educational level: I.	
Prerequisites:	
Course requirements: 60% interim assessment + 40% final assessment (exam) Interim assessment (60 points) – assignments on weekly basis (40 points) + test (20 points) Final assessment - exam (40 points) – case study analysis Assessment is awarded as follows: A (100-91%, excellent - excellent results), B (90-81%, very good - above average), C (80-73%, well - routine reliable work), D (72-66%, satisfactory - acceptable results), E (65-60%, sufficient - results meet minimum criteria), Fx (59-0%, insufficient - further work required) Any form of plagiarism is considered a disciplinary offense under the Comenius University in Bratislava's Disciplinary Regulations for Students and will automatically result in a final course grade of Fx. Students are obliged to observe the general ethical principles during the study of this course, in accordance with the provisions of the Code of Ethics of Comenius University in Bratislava.	
Learning outcomes: Students will gain knowledge of educational and school psychology, which primarily leads to the knowledge of the individual and psychological aspects of his/her behavior and experience within groups in the context of the school environment. Students can use theoretical knowledge and research results and based on theoretical knowledge can analyze various school situations and case studies from the school environment. After completing the course, the student has mastered the basic principles of diagnostics and evaluation in educational and school psychology, can search for relevant literature in the field and interpret the results of research. The subject further develops the competence to appropriately present one's own opinions, to plan and reflect on one's own education, to think flexibly and creatively, to react independently when solving theoretical and practical problems in a broader context.	
Class syllabus:	

1. Introduction to educational and school psychology. The role of psychology in education. 2. Definition of the subject of educational and school psychology. Research methods of educational psychology. 3. School psychologist and his/her role in the school system, identification, intervention and counseling activities of a school psychologist. Supervision and ethics in the work of a school psychologist. School counseling. 4. Different concepts and models of learning and teaching and their applications. Traditional versus alternative educational concepts. 5. Innovative didactic methods and approaches. Digital technology in education. 6. Individual differences of students and the diversity of school class (personality, motivation, etc.). 7. Teacher's personality, becoming a teacher, burnout syndrome, mobbing and bossing in the school environment. 8. School class as a social group, dynamics of the school class, relations in the group, school climate. 9. Approaches to classroom discipline. Analysis of school educational situations, misbehaviour in the classroom. Truancy. 10. Bullying. Types of bullying, school interventions. 11. School performance and evaluation. Causes of school failure and drop-out. 12. Pupils with special educational needs and school inclusion (pupils with disabilities, learning disabilities, behavioral disorders, attention disorders, autism spectrum disorders and gifted children). 13. Open-book test (case study analysis).					
Recommended literature: Compulsory literature: Slavin, R. E. (2018). Educational Psychology: Theory and Practice. Pearson. Further recommended literature: Lemov, D. (2015). Teach like a champion 2.0. Wiley-Blackwell. Fontana, D. (1997). Psychology for teachers. Macmillan. Woofalk, A. (2013). Psychology in Education. Pearson. Dreikurs, R. et al. (1998). Maintaining Sanity in the Classroom: Classroom Management Techniques. Routledge.					
Languages necessary to complete the course: English					
Notes:					
Past grade distribution Total number of evaluated students: 0					
A	B	C	D	E	FX
0,0	0,0	0,0	0,0	0,0	0,0
Lecturers: prof. Mgr. Lenka Sokolová, PhD.					
Last change: 30.06.2025					
Approved by: prof. Mgr. Lenka Sokolová, PhD.					

COURSE DESCRIPTION

Academic year: 2025/2026	
University: Comenius University Bratislava	
Faculty: Faculty of Social and Economic Sciences	
Course ID: FSEV.ÚAP/1-UAPen-1280/24	Course title: Environmental Psychology
Educational activities: Type of activities: lecture / seminar Number of hours: per week: 2 / 2 per level/semester: 26 / 26 Form of the course: combined	
Number of credits: 6	
Recommended semester: 3.	
Educational level: I.	
Prerequisites:	
Course requirements: Semester (max. 50 points, a minimum of 25 points is required in order to pass the course) Reading and active participation during the seminar (max. 10 points) Individual project work: social media post on selected issue (max. 10 points) Team work: creating a public awareness campaign (max. 10 points) Individual project work: evaluation and reflection of individual impact in climate change issue (max. 10 points) Online quizzes (max. 10 points) Final (max. 50 points, a minimum of 30 points is required in order to pass the course) Final exam The final grade is the sum of the points obtained during the semester and the final exam. At least 91 points must be obtained to obtain an A, at least 81 points to obtain a B, at least 73 points to obtain a C, at least 66 points to obtain a D and at least 60 points to obtain an E. Any form of plagiarism is considered a disciplinary offense under the Comenius University in Bratislava's Disciplinary Regulations for Students and will automatically result in a final course grade of Fx. Students are obliged to observe the general ethical principles during the study of this course, in accordance with the provisions of the Code of Ethics of Comenius University in Bratislava.	
Learning outcomes: Students will gain an overview of the psychological contexts coming from the interaction of an individual within the nature/environment. The course focuses mainly on the issue of climate change and the climate crisis, which has increasingly resonated in society in recent years, and will teach students to apply knowledge in the field of psychology in the context of the problem of climate change. Through the course, they will also learn current knowledge from other social sciences (economics, sociology, behavioural sciences) and their application to the problem of climate change. They will learn about working not only with the individual but also with broader communities and about the principles of social change. Students of the course will learn how to apply current knowledge in psychology to help in addressing and managing the climate crisis, in the development of campaigns, prevention programmes, support for activism, community action and individual psychological counselling.	

<p>Students will develop the ability to reflect on value conflicts and ethically challenging issues in their work.</p> <p>They will learn how to work independently with the professional literature, master the skills of preparing a professional text and presenting professional findings, including arguing their position to professional and lay audiences. They will learn the skills necessary for the popularisation of science and the basic principles of clear communication to the public.</p>																	
<p>Class syllabus:</p> <ol style="list-style-type: none"> 1. Environmental Psychology: An Introduction, the role of psychology in understanding the climate change 2. Human and nature - historical, philosophical, psychological and sociological perspectives 3. Climate change and risk perception 4. Happiness, well-being and consumerism 5. Why do we protect the environment and the role of defence mechanisms in responding the climate crisis. 6. Environmental identity 7. Situational, social impacts and the role of the community 8. Climate crisis and its impact on mental health 9. Change of behaviour and attitudes towards the environment and climate action 10. Communication of climate change 11. Compassion fatigue and burnout in the environmental protection, resiliency in the context of the climate crisis 12. Ethical dilemmas and challenges of the psychology of climate change 																	
<p>Recommended literature:</p> <p>Swim, J., Clayton, S., Doherty, T., Gifford, R., Howard, G., Reser, J., Stern, P. & Weber, E. (2009). Psychology and global climate change: Addressing a multi-faceted phenomenon and set of challenges. A report by the American Psychological Association's task force on the interface between psychology and global climate change. Available online 5.11.2020 https://www.apa.org/science/about/publications/climate-change</p> <p>Center for Research on Environmental Decisions. (2009). The Psychology of Climate Change Communication: A Guide for Scientists, Journalists, Educators, Political Aides, and the Interested Public. Available online 5.11.2020 http://guide.cred.columbia.edu/pdfs/CREDguide_full-res.pdf</p> <p>Maier, K. J., Whitehead, G. I., & Walter, M. I. (2018). Teaching Psychology and Climate Change. Teaching of Psychology, 45(3), 226–234. doi:10.1177/0098628318779261</p> <p>Rosling, H.; Rosling, O., Rosling Ronnund, A. (2018). Factfulness. Sceptre.</p> <p>Thøgersen, J. (2014). Unsustainable consumption: Basic causes and implications for policy. European Psychologist, 19, p. 84-95. doi: 10.1027/1016-9040/a000176</p>																	
<p>Languages necessary to complete the course:</p> <p>English</p>																	
<p>Notes:</p>																	
<p>Past grade distribution</p> <p>Total number of evaluated students: 1</p> <table> <tr> <th>A</th><th>B</th><th>C</th><th>D</th><th>E</th><th>FX</th></tr> <tr> <td>0,0</td><td>0,0</td><td>100,0</td><td>0,0</td><td>0,0</td><td>0,0</td></tr> </table>						A	B	C	D	E	FX	0,0	0,0	100,0	0,0	0,0	0,0
A	B	C	D	E	FX												
0,0	0,0	100,0	0,0	0,0	0,0												
<p>Lecturers: Mgr. Dominika Kunová</p>																	
<p>Last change: 11.07.2024</p>																	

Approved by: prof. Mgr. Lenka Sokolová, PhD.

COURSE DESCRIPTION

Academic year: 2025/2026	
University: Comenius University Bratislava	
Faculty: Faculty of Social and Economic Sciences	
Course ID: FSEV.ÚAP/1-UAPen-1310/25	Course title: Externship in psychology
Educational activities: Type of activities: practicals Number of hours: per week: per level/semester: 208s Form of the course: combined	
Number of credits: 24	
Recommended semester: 5.	
Educational level: I.	
Prerequisites:	
Course requirements: The final assessment (100 points) consists of: <ol style="list-style-type: none"> 1. A signed standard contract between the organization, faculty, and student (0 points, required condition) 2. Confirmation of completed externship hours at a specific workplace (0 points, required condition) 3. Externship evidence and evaluation by the student and mentor (100 points). As part of the examination period, the students will present their evidence and evaluation of externship, attendance at this meeting is a condition for receiving the grade. The continuous assessment (100 points) consists of: <ol style="list-style-type: none"> 1. A signed standard contract between the organization, faculty, and student (0 points, required condition) 2. Confirmation of completed externship hours at a specific workplace (0 points, required condition) 3. Externship evaluation by the student (100 points) The grading scale for the course is awarded as follows: A = 91 – 100 points B = 81 – 90 points C = 73 – 80 points D = 66 – 72 points E = 60 – 65 points FX = 59 – 0 points Any form of plagiarism is considered a disciplinary offense under the Comenius University in Bratislava's Disciplinary Regulations for Students and will automatically result in a final course grade of Fx. Students are obliged to observe the general ethical principles during the study of this course, in accordance with the provisions of the Code of Ethics of Comenius University in Bratislava.	
Learning outcomes: The student will gain experience with the real functioning of specialized departments or institutions operating in the field of psychology, will verify the knowledge, skills, and methods of work which one has gained during one's studies. The student will gain practical experience in the application	

of psychology in various organizations. The aim is also to develop the professional identity of a psychology student and a future psychologist.

The student will gain skills in the use of psychological methods. It also requires the student to be able to orientate himself in current professional sources, search for relevant literature in the field, write texts, and present the assigned professional goals and results to the working team. The course develops educational competencies, the ability to learn, individual and group work skills. It supports independence in solving theoretical, practical, specific problems that arise from current events in society and trade unions. The student further develops creative and critical thinking, communication skills and cultivated language professional expression with a focus on appropriate and professional presentation of their own attitudes and attitudes, whether to individual or social attire. The subject also encourages cultural awareness, social and civic competences.

Class syllabus:

Work at a specific workplace (workplaces) in the field of psychology in various types of organizations, according to a pre-agreed externship plan with the workplace and a signed contract, under the supervision of a mentor= psychologist (in case of work psychology mentor could be a manager or HR professional). During the externship, the student gets acquainted with the workplace, the content of the work, methodological procedures and activities, preparation, and processing of materials, regularly consults with the mentor, prepares outputs according to the assignment of the mentor. At the end, the student asks the mentor for confirmation report, and at the same time the student prepares one's evaluation of the externship in the in the agreed form and scope .

Recommended literature:

Languages necessary to complete the course:

According to the needs of the workplace where the externship is carried out

Notes:

The student arranges the externship himself / herself. The student can choose a workplace for practice from the IAP offer or find a workplace individually in any area of psychology. The student can also do the externship at another university at home/abroad. There is one important condition- a mentor with a psychological education (in case of work psychology, a mentor can be a psychologist, manager, or HR professional even without psychological education). A student may also complete the required amount of internship hours at more than one workplace. The workplace and the professional externship plan can be consulted in advance with the lecturer. Completion of the externship must take place outside of the class hours of other courses during the semester, and its performance is not grounds for accepting an increased number of absences. The student agrees to make the evaluation reports prepared by the mentor and him/herself available to other students and teachers of the IAP.

Past grade distribution

Total number of evaluated students: 0

A	B	C	D	E	FX
0,0	0,0	0,0	0,0	0,0	0,0

Lecturers: Mgr. Jana Talianová

Last change: 30.06.2025

Approved by: prof. Mgr. Lenka Sokolová, PhD.

STATE EXAM DESCRIPTION

Academic year: 2025/2026	
University: Comenius University Bratislava	
Faculty: Faculty of Social and Economic Sciences	
Course ID: FSEV.ÚAP/1-UAPen-250/21	Course title: Final Thesis and Thesis Defense
Number of credits: 6	
Recommended semester: 5., 6..	
Educational level: I.	
Course requirements: Successful defense of final thesis. Final grades are awarded as follows: A (100-91%, excellent - excellent results), B (90-81%, very good - above average), C (80-73%, well - routine reliable work), D (72-66%, satisfactory - acceptable results), E (65-60%, sufficient - results meet minimum criteria), Fx (59-0%, insufficient - further work required) Any form of plagiarism is considered a disciplinary offense under the Comenius University in Bratislava's Disciplinary Regulations for Students and will automatically result in a final course grade of Fx. Students are obliged to observe the general ethical principles during the study of this course, in accordance with the provisions of the Code of Ethics of Comenius University in Bratislava.	
Learning outcomes: The student integrates knowledge of the basic and selected applied disciplines of psychology, psychology skills and other transferable competencies acquired during a three-year bachelor's degree in psychology into the presentation and defense of their bachelor's thesis. In particular, the student will demonstrate the ability to design and implement a simple research plan (including an experiment), which includes, in particular, skills in data collection and their subsequent quantitative or qualitative analysis. He/she also demonstrates the ability to work with professional literature, interpret research results, present professionally and in a linguistically cultivated way the results of their work and respond relevantly to questions and feedback.	
Class syllabus: Final thesis defense: presentation of research results, tutor's and opponent's feedback, discussion.	
State exam syllabus:	
Recommended literature: American Psychological Association. (2020). Publication manual of the American Psychological Association (7th ed.). American Psychological Association Smernica rektora Univerzity Komenského v Bratislave o základných náležitostiach záverečných prác, rigorózných prác a habilitačných prác, kontrole ich originality, uchovávaní a sprístupňovaní na Univerzite Komenského v Bratislave https://uniba.sk/fileadmin/ruk/legislativa/2013/Vp_2013_12.pdf	

Languages necessary to complete the course: English
Last change: 11.07.2024
Approved by: prof. Mgr. Lenka Sokolová, PhD.

COURSE DESCRIPTION

Academic year: 2025/2026	
University: Comenius University Bratislava	
Faculty: Faculty of Social and Economic Sciences	
Course ID: FSEV.ÚAP/1-UAPen-270/21	Course title: General Psychology 1
Educational activities: Type of activities: lecture / seminar Number of hours: per week: 2 / 2 per level/semester: 26 / 26 Form of the course: combined	
Number of credits: 6	
Recommended semester: 1.	
Educational level: I.	
Prerequisites:	
Course requirements: Ongoing evaluation - seminar work: 40% - ongoing test: 20% Exam evaluation - final exam: 40% Final rating - a sum of the ongoing evaluation and the exam evaluation. The tasks of the ongoing evaluation are open to being fulfilled until the exam period. The final exam is open for attendance during the exam period. Classification (ECTS): A: 100-91%, B 90-81%, C 80-73%, D 72-66%, E 65-60%, FX 59-0% Any form of plagiarism is considered a disciplinary offense under the Comenius University in Bratislava's Disciplinary Regulations for Students and will automatically result in a final course grade of Fx. Students are obliged to observe the general ethical principles during the study of this course, in accordance with the provisions of the Code of Ethics of Comenius University in Bratislava.	
Learning outcomes: Students acquire basic knowledge and terminology in psychology. They get an overview of the main directions in psychology and a view of psychology as to scientific discipline. They will gain a basic overview of the methodology of psychological research and knowledge of ethical principles in conducting psychological and research activities. Students orient in current professional sources, search for relevant literature and interpret the results of studies. They can present assigned tasks, goals, and results to the working team. They demonstrate independence and planning of education. They can take attitudes to individual and societal issues and make decisions based on value perspectives.	
Class syllabus: Psychology in the past and present, biological bases of psychological processes, development, sensory processes, perception, consciousness, learning.	
Recommended literature:	

Nolen-Hoeksema, S., Fredrickson, B., Loftus, G. R., & Lutz, C. (2014). Atkinson & Hilgard's Introduction to Psychology. Cengage Learning.

Languages necessary to complete the course:

English

Notes:

Past grade distribution

Total number of evaluated students: 119

A	B	C	D	E	FX
14,29	19,33	21,85	20,17	13,45	10,92

Lecturers: doc. Mgr. Elena Lisá, PhD., Mgr. Dominika Kunová

Last change: 11.07.2024

Approved by: prof. Mgr. Lenka Sokolová, PhD.

COURSE DESCRIPTION

Academic year: 2025/2026	
University: Comenius University Bratislava	
Faculty: Faculty of Social and Economic Sciences	
Course ID: FSEV.ÚAP/1-UAPen-60/21	Course title: General Psychology 2
Educational activities: Type of activities: lecture / seminar Number of hours: per week: 2 / 2 per level/semester: 26 / 26 Form of the course: combined	
Number of credits: 6	
Recommended semester: 2.	
Educational level: I.	
Prerequisites: FSEV.ÚAP/1-UAPen-270/21 - General Psychology 1	
Course requirements: Ongoing evaluation - seminar work: 60% Exam evaluation - final exam: 40% Final rating - a sum of the ongoing evaluation and the exam evaluation. The tasks of the ongoing evaluation are open to being fulfilled until the exam period. The final exam is available for attendance during the exam period. Classification (ECTS): A: 100-91%, B 90-81%, C 80-73%, D 72-66%, E 65-60%, FX 59-0% Any form of plagiarism is considered a disciplinary offense under the Comenius University in Bratislava's Disciplinary Regulations for Students and will automatically result in a final course grade of Fx. Students are obliged to observe the general ethical principles during the study of this course, in accordance with the provisions of the Code of Ethics of Comenius University in Bratislava.	
Learning outcomes: The objective of the course is to acquire basic knowledge and terminology of general psychology. Students will acquire basic knowledge and terminology in the field of general psychology. They will gain an understanding of history and current events in the area. Students will be able to design a simple research plan, orient themselves in existing professional resources, search for relevant literature in the field, interpret the results of studies, and present assigned tasks, goals, and results to the working team. They will learn to plan their education, to offer their own opinions appropriately and professionally. They will express their views in oral and written professional expression.	
Class syllabus: 1. Memory, 2. Thinking and language, 3. Motivation, 4. Emotions, 5. Stress, health, and coping	
Recommended literature: Nolen-Hoeksema, S., Fredrickson, B., Loftus, G. R., & Lutz, C. (2014). Atkinson & Hilgard's Introduction to Psychology. Cengage Learning.	
Languages necessary to complete the course: English	

Notes:					
Past grade distribution					
Total number of evaluated students: 104					
A	B	C	D	E	FX
15,38	16,35	25,0	21,15	10,58	11,54
Lecturers: doc. Mgr. Elena Lisá, PhD., Mgr. Dominika Kunová					
Last change: 11.07.2024					
Approved by: prof. Mgr. Lenka Sokolová, PhD.					

COURSE DESCRIPTION

Academic year: 2025/2026	
University: Comenius University Bratislava	
Faculty: Faculty of Social and Economic Sciences	
Course ID: FSEV.ÚAP/1-UAPen-30/21	Course title: History of Psychology
Educational activities: Type of activities: lecture / seminar Number of hours: per week: 2 / 2 per level/semester: 26 / 26 Form of the course: combined	
Number of credits: 6	
Recommended semester: 1.	
Educational level: I.	
Prerequisites:	
Course requirements: 50% ongoing assessment + 50% final exam Ongoing assessment (50 points) – reading assignments on weekly basis (work with different types of texts and following quizzes assessing reading comprehension and the use of psychological terminology in LMS Moodle) Final assessment (50 bodov) – critical essay and peer review based on criterial rubric. Assessment is awarded as follows: A (100-91%, excellent - excellent results), B (90-81%, very good - above average), C (80-73%, well - routine reliable work), D (72-66%, satisfactory - acceptable results), E (65-60%, sufficient - results meet minimum criteria), Fx (59-0%, insufficient - further workrequired) Any form of plagiarism is considered a disciplinary offense under the Comenius University in Bratislava's Disciplinary Regulations for Students and will automatically result in a final course grade of Fx. Students are obliged to observe the general ethical principles during the study of this course, in accordance with the provisions of the Code of Ethics of Comenius University in Bratislava.	
Learning outcomes: Students will gain knowledge about the continuity of the development of psychological thinking and research. They will know the main directions and approaches in the development of psychological science and will be able to critically evaluate the research and clinical procedures of each approach and its contribution to current psychology. The acquired knowledge is focused also on the interdisciplinary aspects of psychological science, therefore students gain also basic knowledge of selected human, social and behavioural sciences. After completing the course, the student is able to search for relevant literature in the field, process professional text according to the assignment using relevant literature (including its correct citation), find and defend relevant arguments in the evaluation of psychological theories and research.	

The subject further develops the competence to appropriately present one's own opinions, to think flexibly and creatively, to use the argumentation strategies, to evaluate arguments independently and critically and to formulate one's opinions in a cultivated and professional form.

Class syllabus:

1. Introduction to the history of psychology, schools and disciplines in psychology.
2. The origin of psychology as an independent science: philosophy, physiology, psychophysics.
3. The beginnings of modern psychology as an independent scientific discipline.
4. Historical experimental psychological schools: Structuralism and functionalism.
5. Gestaltism (Leipzig and Berlin schools, neogestaltism).
6. Psychodynamic concepts I. (psychoanalysis).
7. Psychodynamic concepts II. (cultural psychoanalysis, neopsychoanalysis).
8. Behaviorism and neobehaviorism.
9. Existential and humanistic psychology. Positive psychology.
10. Cognitivist approach: the first and second cognitive revolution.
11. Postmodern trends in psychology and contemporary psychology.
12. History of Slovak and Czech psychology. History of the training of psychologists in Slovakia and the Czech Republic.
13. Final revision of the approaches in psychology and their methods.

Recommended literature:

Shiraev, E., & Mason, G. (2015). A history of psychology: a global perspective. Sage.
Benjamin, L. T. (2014). A Brief History of Modern Psychology. Wiley.
Hock, R. R. (2009). Forty Studies that Changed Psychology: Explorations into the History of Psychological Research. Pearson/Prentice Hall.
Stuchlíková, I., & Sokolová, L. (2020). Training of psychologists in Czech and Slovak Republics: past and present. In: Teaching psychology around the world: Volume 5. Cambridge Scholars Publishing.

Languages necessary to complete the course:

English

Notes:

Past grade distribution

Total number of evaluated students: 120

A	B	C	D	E	FX
34,17	29,17	15,83	6,67	4,17	10,0

Lecturers:

Last change: 11.07.2024

Approved by: prof. Mgr. Lenka Sokolová, PhD.

COURSE DESCRIPTION

Academic year: 2025/2026	
University: Comenius University Bratislava	
Faculty: Faculty of Social and Economic Sciences	
Course ID: FSEV.ÚAP/1-UAPen-1420/24	Course title: Managing Stressful Situations
Educational activities: Type of activities: lecture / seminar Number of hours: per week: 2 / 2 per level/semester: 26 / 26 Form of the course: combined	
Number of credits: 6	
Recommended semester: 4.	
Educational level: I.	
Prerequisites:	
Course requirements: Ongoing assessment 60%, final assessment 40% Continuous assessment includes active participation in classes (discussion, practice of techniques...) 20% of the assessment; presentation of the team project 40% of the assessment. The final assessment includes a test that the student must pass with a minimum of 60%. The rating is given on a scale: A (100-91%, excellent - excellent results), B (90-81%, very good – above average standard), C (80-73%, good - regular reliable work), D (72-66%, satisfactory - acceptable results), E (65-60%, sufficient – the results meet the minimum criteria), Fx (59-0%, insufficient - more additional work required) Credits will not be awarded to a student who obtains less than 50% marks in any part. In order to successfully complete the subject, it is necessary to obtain at least 60% of the total point evaluation. Any form of plagiarism is considered a disciplinary offense under the Comenius University in Bratislava's Disciplinary Regulations for Students and will automatically result in a final course grade of Fx. Students are obliged to observe the general ethical principles during the study of this course, in accordance with the provisions of the Code of Ethics of Comenius University in Bratislava.	
Learning outcomes: The student will gain knowledge in the field of methodology - quantitative and qualitative approaches in research. He is able to orientate himself in current professional sources, search for relevant vodborne literature, interpret the results of studies. After graduation, he is able to plan his own education, appropriately present his own opinions in a linguistic professional speech.	
Class syllabus: 1. Introduction to the topic 2. Basic terms – stress, stressors, physiology	

3. Stress and stressful situations 4. Coping with stress - experiencing and self-regulation 5. Coping strategies 6. Consequences of stress 7. Burnout syndrome 8. The importance of relational ties in coping with stressful situations 9. Meaning of sleep - body rhythms 10. Resilience 11. Flow 12. Work-life balance as a strategy for managing stressful situations					
Recommended literature: Mandatory literature: Fontana, D. (1989). Managing stress. British Psychological Society; Taylor & Frances/Routledge. Holford, P., & Lawsonová, S. (2015). The Stress Cure: How to resolve stress, build resilience and boost your energy. Piatkus. Other recommended reading: Kabat-Zinn, J. (2013). Full catastrophe living (revised edition): Using the wisdom of your body and mind to face stress, pain and illness. Bantam Books. Lazarus, S., & Folkman, S. (1984). Coping and adaptation. In: The handbook of behavioral medicine. Guilford Press. Lehrer, P. M., Woolfolk, R. L., & Sime, W. E. (2007). Principles and practise of stress management (3rd ed.). Guilford Press. Vohs, K.D., & Baumeister, R.F. (2016). Handbook of Self-Regulation: Research, Theory, and Applications. Guilford Press.					
Languages necessary to complete the course: English					
Notes:					
Past grade distribution Total number of evaluated students: 4					
A	B	C	D	E	FX
50,0	25,0	25,0	0,0	0,0	0,0
Lecturers: Laura Ďurinová, MSc.					
Last change: 30.06.2025					
Approved by: prof. Mgr. Lenka Sokolová, PhD.					

COURSE DESCRIPTION

Academic year: 2025/2026	
University: Comenius University Bratislava	
Faculty: Faculty of Social and Economic Sciences	
Course ID: FSEV.ÚAP/1-UAPen-220/22	Course title: Methodology and Methods in Psychology: Qualitative Methods
Educational activities: Type of activities: lecture / seminar Number of hours: per week: 2 / 2 per level/semester: 26 / 26 Form of the course: combined	
Number of credits: 6	
Recommended semester: 3.	
Educational level: I.	
Prerequisites:	
Course requirements: 50% coursework evaluation + 50% final exam Coursework evaluation (50 points) consists of assignments throughout the course. The final exam (50 points) is based on submission of course project - a proposal for qualitative research. Grading scale: A (100-91%, excellent - excellent results), B (90-81%, very good - above average standard), C (80-73%, good - reliable work), D (72-66%, satisfactory - acceptable results), E (65-60%, sufficient - results meet minimum criteria), Fx (59-0%, insufficient - additional work required) Credits will not be awarded to a student who obtains less than 50% of points in any part. To successfully complete the course, it is necessary to obtain at least 60% of points. Any form of plagiarism is considered a disciplinary offense under the Comenius University in Bratislava's Disciplinary Regulations for Students and will automatically result in a final course grade of Fx. Students are obliged to observe the general ethical principles during the study of this course, in accordance with the provisions of the Code of Ethics of Comenius University in Bratislava.	
Learning outcomes: The student will gain knowledge about qualitative approaches in psychological research and will conduct independent work with these methods. The aim of the course is to shape students to become critical and tolerant personalities with a high level of professional knowledge and transferable skills, who will be able to one day take the torch of incremental expansion and gradual improvement of scientific research in the field of psychology. The course supports modern pedagogical approaches focused on the student (so-called student-centered-learning) by incorporating an intensive reading-list, which brings an element of interactivity to the process. After completing the course the student is able to search for and process relevant literature in the field, and work independently with qualitative methods	
Class syllabus:	

What is qualitative research. Historical and philosophical roots. Research plan. Data collection and recording - interview, focus group, case study, observation. Data processing. Data analysis. Validity and quality.					
Recommended literature: Willig, C., & Stainton Rogers, W. (2017). The SAGE Handbook of Qualitative Research in Psychology. Second Edition. SAGE. Masaryk, R., Petrájanošová, M., Lášticová, B., Kuglerová, N., & Stainton Rogers, W. (2019). A story of great expectations. Qualitative research in psychology in the Czech and Slovak Republics, Qualitative Research in Psychology, 16(3), 336-353.					
Languages necessary to complete the course: English					
Notes:					
Past grade distribution Total number of evaluated students: 67					
A	B	C	D	E	FX
16,42	23,88	32,84	11,94	8,96	5,97
Lecturers: doc. PhDr. Radomír Masaryk, PhD.					
Last change: 11.07.2024					
Approved by: prof. Mgr. Lenka Sokolová, PhD.					

COURSE DESCRIPTION

Academic year: 2025/2026	
University: Comenius University Bratislava	
Faculty: Faculty of Social and Economic Sciences	
Course ID: FSEV.ÚAP/1-UAPen-150/25	Course title: Methodology and Methods in Psychology: Quantitative Methods
Educational activities: Type of activities: lecture / seminar Number of hours: per week: 2 / 2 per level/semester: 26 / 26 Form of the course: combined	
Number of credits: 6	
Recommended semester: 3.	
Educational level: I.	
Prerequisites:	
Course requirements: The assessment (100 points) consists of: 1. Continuous assessment- includes the completion of a seminar paper (50 points) 2. exam (50 points) Final assessment: The total score is calculated by summing points from the continuous assessment and the final written exam. Grades for the final assessment are awarded as follows: A = 91 – 100 points B = 81 – 90 points C = 73 – 80 points D = 66 – 72 points E = 60 – 65 points FX = 59 – 0 points Any form of plagiarism is considered a disciplinary offense under the Comenius University in Bratislava's Disciplinary Regulations for Students and will automatically result in a final course grade of Fx. Students are obliged to observe the general ethical principles during the study of this course, in accordance with the provisions of the Code of Ethics of Comenius University in Bratislava.	
Learning outcomes: Upon completion of the course the students will master the principles and standards of psychological research (including ethical research principles) and develop skills in the field of quantitative psychological research. Students will be able to work with scientific texts (from searching activities to text presentation), will gain information and practise about writing and presenting quantitative scientific papers. Students are also engaged into current research activities at the faculty. The course uses student-centered approach and further develops educational competencies, the ability to learn, individual and group work skills, creative and critical thinking, communication skills and cultivated language skills.	
Class syllabus: 1. Introduction to methodology 2. Ontogenesis of scientific research	

3. Research projects 4. Research topic, problem, and purpose 5. Research questions and hypotheses 6. Population and research sample 7. Data collection methods 8. Variables and measurement 9. Experimental design 10. Correlational design 11. Comparison designs 12. IMRaD structure					
Recommended literature: Obligatory literature: Creswell, J. W., & Creswell, J. D. (2020). Educational research: Planning, conducting, and evaluating quantitative and qualitative research (7th ed.). Pearson. Howitt, D., & Cramer, D. (2017). Research Methods in Psychology. Pearson. Recommended literature: Booth, W. C., Colomb, G. G., Williams, J. M., Bizup, J., & FitzGerald, W. T. (2016). The Craft of Research (4th ed.). The University of Chicago Press. Field, A., & Hole, G. J. (2003). How to design and report experiments. SAGE Publications Ltd. McQueen, R. A., & Knussen, C. (2013). Essential research methods in psychology. SAGE Publications Ltd. Pelham, B. W., & Blanton, H. (2019). Psychology research methods: A writing intensive approach. Academic Press.					
Languages necessary to complete the course: English					
Notes:					
Past grade distribution Total number of evaluated students: 0					
A	B	C	D	E	FX
0,0	0,0	0,0	0,0	0,0	0,0
Lecturers: Mgr. Katarína Greškovičová, PhD.					
Last change: 30.06.2025					
Approved by: prof. Mgr. Lenka Sokolová, PhD.					

COURSE DESCRIPTION

Academic year: 2025/2026	
University: Comenius University Bratislava	
Faculty: Faculty of Social and Economic Sciences	
Course ID: FSEV.ÚAP/1-UAPen-50/23	Course title: Neuropsychology and Neurophysiology
Educational activities: Type of activities: lecture / seminar Number of hours: per week: 2 / 2 per level/semester: 26 / 26 Form of the course: combined	
Number of credits: 6	
Recommended semester: 1.	
Educational level: I.	
Prerequisites:	
Course requirements: I. Evaluation during the semester: knowledge testing, written papers, presentations (50 points) II. Final exam (50 points) Attendance and participation is required (two missed classes allowed) At least 91 points are necessary to gain an A, at least 81 points necessary to gain a B, at least 73 points are necessary to gain a C, at least 66 points are necessary to gain a D, and at least 60 points are necessary to gain an E. Any form of plagiarism is considered a disciplinary offense under the Comenius University in Bratislava's Disciplinary Regulations for Students and will automatically result in a final course grade of Fx. Students are obliged to observe the general ethical principles during the study of this course, in accordance with the provisions of the Code of Ethics of Comenius University in Bratislava.	
Learning outcomes: After completing the course, the students will be able to understand composition and organization of brain and nervous system, their functions, and their connection to human mind.	
Class syllabus: This course will introduce basic principles of neuroscience: brain, central nervous system and their function in perception, attention, memory, language, executive functions, emotions, and social behaviors. The topics covered include the building blocks of the nervous system: neurons, spinal cord, peripheral nerves, brain and its structures.	
Recommended literature: Dana, D. (2018). The polyvagal theory in therapy: Engaging the rhythm of regulation. W W Norton & Co. Siegel, D. J., & Payne Bryson, T. (2011). The whole-brain child: 12 revolutionary strategies to nurture your child's developing mind. Bantam Books. Ward, J. (2015). The student's guide to cognitive neuroscience. Psychology Press.	
Languages necessary to complete the course: English	

Notes:					
Past grade distribution Total number of evaluated students: 65					
A	B	C	D	E	FX
41,54	27,69	16,92	3,08	9,23	1,54
Lecturers: Laura Ďurinová, MSc., Mgr. Silvia Aziriová, PhD.					
Last change: 11.07.2024					
Approved by: prof. Mgr. Lenka Sokolová, PhD.					

COURSE DESCRIPTION

Academic year: 2025/2026	
University: Comenius University Bratislava	
Faculty: Faculty of Social and Economic Sciences	
Course ID: FSEV.ÚAP/1-UAPen-110/23	Course title: Organizational and Work Psychology
Educational activities: Type of activities: lecture / seminar Number of hours: per week: 2 / 2 per level/semester: 26 / 26 Form of the course: combined	
Number of credits: 6	
Recommended semester: 4.	
Educational level: I.	
Prerequisites:	
Course requirements: 60% continuous assessment + 40% final exam The continuous assessment (60 points) includes the development of one individual project (20 points); the development and presentation of one team project (40 points). The final exam (40 points) includes passing the final test with at least 60%. The grade is awarded on a scale: A (100-91%, excellent - outstanding), B (90-81%, very good - above average standard), C (80-73%, good - normal reliable work), D (72-66%, satisfactory - acceptable results), E (65-60%, satisfactory - results meet minimum criteria), Fx (59-0%, inadequate - extra work required) Credit will not be given to a student who scores less than 50% on any section. A minimum of 60% of the total score is required to pass the course. Any form of plagiarism is considered a disciplinary offense under the Comenius University in Bratislava's Disciplinary Regulations for Students and will automatically result in a final course grade of Fx. Students are obliged to observe the general ethical principles during the study of this course, in accordance with the provisions of the Code of Ethics of Comenius University in Bratislava.	
Learning outcomes: The student will gain knowledge of the history and current developments in the field of Organizational and Occupational Psychology. Furthermore, the student will gain knowledge in the field of methodology - quantitative and qualitative methods. After the course, student is able to navigate in current professional sources, search relevant literature in the field, interpret the results of studies, present tasks, objectives, results to the work team. The course further develops the competence to present one's opinions appropriately, to think creatively, to formulate one's opinions in a cultivated and professional speech.	
Class syllabus: 1. Organizational and occupational psychology - a historical excursus of the discipline's development	

2. The subject of occupational psychology 3. Methodology - an overview of quantitative and qualitative methods 4. Recruitment and selection of employees 5. Motivation at work - an overview of motivational theories 6. Work performance and performance 7. Management styles and governance structures 8. Communication and communication systems in the organization 9. Job satisfaction 10. Work-life balance in organizations 11. Unhealthy workplaces - aspects of pathology in the workplace 12. The development of technology and its impact on the psychological market 13. Employee development					
Recommended literature: Amodt, M. (2013). Industrial/Organizational Psychology: An Applied Approach. Cengage. Berryová, L. M. (2009). Psychológia v práci. Úvod do pracovnej a organizačnej psychológie. Ikar. Other recommended literature: Csikszentmihalyi, M. (2015): Flow-O šťastí a smyslu života. Portál. Leiter, M., Bakker, A., & Maslach, Ch. (2014) Burnout at Work: A psychological perspective (Current Issues in Work and Organizational Psychology. Psychology press. Mikulášťik, M. (2007). Managerská psychologie. Grada. Nakonečný, M. (1992). Motivace pracovního jednání a její řízení. Management press.					
Languages necessary to complete the course: English					
Notes:					
Past grade distribution Total number of evaluated students: 42					
A	B	C	D	E	FX
9,52	26,19	35,71	16,67	11,9	0,0
Lecturers: Mgr. Ivana Popovičová, PhD.					
Last change: 11.07.2024					
Approved by: prof. Mgr. Lenka Sokolová, PhD.					

COURSE DESCRIPTION

Academic year: 2025/2026	
University: Comenius University Bratislava	
Faculty: Faculty of Social and Economic Sciences	
Course ID: FSEV.ÚAP/1-UAPen-1460/25	Course title: Positive Psychology: Theories and Applications
Educational activities: Type of activities: lecture / seminar Number of hours: per week: 2 / 2 per level/semester: 26 / 26 Form of the course: combined	
Number of credits: 6	
Recommended semester: 6.	
Educational level: I.	
Prerequisites:	
Course requirements: 100% of continuous assessment Grades are given using the following scale: A (100-91%, výborne – vynikajúce výsledky), B (90-81%, veľmi dobre – nadpriemerný štandard), C (80-73%, dobre – bežná spoľahlivá práca), D (72-66%, uspokojivo – prijateľné výsledky), E (65-60%, dostatočne – výsledky spĺňajú minimálne kritériá), Fx (59-0%, nedostatočne – vyžaduje sa ďalšia práca navyše) Kredity sa neudelia študentovi, ktorý z niektorej časti získa menej ako 50 % bodov. Pre úspešné absolvovanie predmetu je potrebné získať minimálne 60% bodového hodnotenia. Akákoľvek forma plagiátorstva sa považuje za disciplinárny priestupok podľa Disciplinárneho poriadku Univerzity Komenského v Bratislave pre študentov a bude mať automaticky za následok výsledné hodnotenie kurzu známkou Fx. Študentstvo je povinné počas štúdia tohto predmetu dodržiavať všeobecné etické zásady, v súlade s ustanoveniami Etického kódexu Univerzity Komenského v Bratislave.	
Learning outcomes: Students will become familiar with the principles and practical applications of the concepts of positive psychology. The aim is to complement the knowledge and approaches of traditional psychology and focus on strengths, mental well-being, integrate various theoretical frameworks, and apply practical interventions to real-life situations. Completion of the module will enhance critical thinking, personal growth and professional development and prepare students to promote mental well-being in a variety of contexts. Upon completion of the module, the student will understand the key theories and concepts of positive psychology, be able to apply the principles of positive psychology to personal and professional life, and reflect on personal growth and development as he/she applies them. The student will be able to search relevant literature in the field and interpret research findings. The course further develops the ability to present viewpoints effectively, plan one's own learning, and think creatively.	
Class syllabus:	

Brief outline of the module:

1. Introduction to positive psychology. Overview of historical developments and their critical evaluation with respect to their humanistic roots.
2. Mental well-being and mental health. Wellbeing models and tools for measuring mental wellbeing.
3. Recognition of strengths and virtues. Classification and measurement of character traits, example Values in Action Inventory - VIA Classification.
4. Positive emotions. Broaden-and-Build theory and the concept of Flow. The role of Broaden-and-Build theory for improving mental well-being. Creating conditions for immersion in activities (flow).
5. Cognitive approaches in positive psychology. Optimism and mindset. Fixed vs growth mindset and its application in practice.
6. Resilience. Mental resilience and coping mechanisms.
7. Relationships and positive bonds. Building and maintaining positive relationships.
8. Meaning in life as part of mental well-being. Eudaimonic wellbeing and Viktor Frankl's logotherapy.
9. Applications of positive psychology. The use of positive psychology in various fields (education, work, therapy).
10. Positive psychology for health. Biological approaches in positive psychology and evaluation of the impact of positive psychology on changes in physical health.
11. Positive institutions and communities. The impact of positive institutions, community psychology and collective wellbeing.
12. Observations, learnings and reflections on applying positive psychology – student presentations.
13. The future of positive psychology. New areas for the development and application of positive psychology.

Recommended literature:

Recommended readings:

Required reading:

Snyder, C. R., Lopez, S. J., Marques, S. C., & Edwards, L. M. (2021). *The Oxford Handbook of Positive Psychology*. Oxford University Press, Incorporated.

Seligman, M.E.P. & Csikszentmihalyi, M. (2000). Positive Psychology: An Introduction. *American Psychologist*. 55 (1): 5-14.

Additional literature:

Ciarrochi, J., Atkins, P. W., Hayes, L. L., Sahdra, B. K., & Parker, P. (2016). Contextual Positive Psychology: Policy Recommendations for Implementing Positive Psychology into Schools. *Frontiers in psychology*, 7, 1561. <https://doi.org/10.3389/fpsyg.2016.01561>

Csikszentmihalyi, M., & Csikszentmihalyi, I. S. (Eds.). (1988). *Optimal experience: Psychological studies of flow in consciousness*. Cambridge University Press.

Csikszentmihalyi, Mihaly. (1990). *Flow: The psychology of optimal experience*. Harper & Row
Fredrickson, B. L. (1998). What good are positive emotions? *Review of General Psychology*, 2(3), 300-319.

Fredrickson, B. L., & Losada, M.F. (2005). Positive affect and the complex dynamics of human flourishing. *American Psychologist*, 60(7), 678–686. doi:10.1037/0003-066X.60.7.678

Niemiec, R. M. (2013). VIA character strengths: Research and practice (the first 10 years). In H. H. Knoop & A. Delle Fave (Eds.), *Well-being and cultures: Perspectives from positive psychology* (pp. 11–29). Springer Science + Business Media. https://doi.org/10.1007/978-94-007-4611-4_2

Seligman, M. E. P. (2002). *Authentic happiness: Using the new positive psychology to realize your potential for lasting fulfillment*. New York: Free Press.

Wong, P. T. P., & Roy, S. (2018). Critique of positive psychology and positive interventions. In Brown, N. J. L., Lomas, T., Eiroa-Orosa, F. J. (Eds.), The Routledge international handbook of critical positive psychology (pp. 142-160). Routledge.

Languages necessary to complete the course:

English

Notes:

Past grade distribution

Total number of evaluated students: 0

A	B	C	D	E	FX
0,0	0,0	0,0	0,0	0,0	0,0

Lecturers:

Last change: 30.06.2025

Approved by: prof. Mgr. Lenka Sokolová, PhD.

COURSE DESCRIPTION

Academic year: 2025/2026	
University: Comenius University Bratislava	
Faculty: Faculty of Social and Economic Sciences	
Course ID: FSEV.ÚAP/1-UAPen-1400/22	Course title: Presentation Skills
Educational activities: Type of activities: lecture / seminar Number of hours: per week: 2 / 2 per level/semester: 26 / 26 Form of the course: combined	
Number of credits: 6	
Recommended semester: 3.	
Educational level: I.	
Prerequisites:	
Course requirements: Continuous assessment during the semester constitutes 100% of overall evaluation. Individual interim tasks consists of individual presentations – improvised presentation, presentation with preparation (e.g. with PowerPoint, Prezi or other tools), online presentation. Evaluation in order to be graded (% of individual tasks completion): A (91 – 100), B (81 – 91), C (73 – 81), D (66 – 73), E (60 – 66), Fx (less than 60) Any form of plagiarism is considered a disciplinary offense under the Comenius University in Bratislava's Disciplinary Regulations for Students and will automatically result in a final course grade of Fx. Students are obliged to observe the general ethical principles during the study of this course, in accordance with the provisions of the Code of Ethics of Comenius University in Bratislava.	
Learning outcomes: Building a structure of presentation. Understanding your audience so that you can give them information they need in best way. Creating effective visuals. Presenting in online set up. Discovering and becoming comfortable with one 's individual presentation style. Controlling nerves, dealing with difficult or unexpected situations and challenging audience. Method: experiential learning, individual feedback (video, peer feedback)	
Class syllabus: Building a structure of presentation. Understanding your audience so that you can give them information they need in best way. Creating effective visuals. Presenting in online set up. Discovering and becoming comfortable with one 's individual presentation style. Controlling nerves, dealing with difficult or unexpected situations and challenging audience. Method: experiential learning, individual feedback (video, peer feedback)	
Recommended literature: Gallo Carmine (2017, 2022). Talk like TED. Pan Books	
Languages necessary to complete the course: anglický	

Notes:					
Past grade distribution Total number of evaluated students: 20					
A	B	C	D	E	FX
85,0	0,0	5,0	0,0	0,0	10,0
Lecturers: Mgr. Ivana Popovičová, PhD.					
Last change: 11.07.2024					
Approved by: prof. Mgr. Lenka Sokolová, PhD.					

STATE EXAM DESCRIPTION

Academic year: 2025/2026	
University: Comenius University Bratislava	
Faculty: Faculty of Social and Economic Sciences	
Course ID: FSEV.ÚAP/1-UAPen-SS6/24	Course title: Psychology
Number of credits: 6	
Recommended semester: 5., 6..	
Educational level: I.	
Course requirements: Oral examination The grades are awarded as follows: A (100-91%, excellent - excellent results), B (90-81%, very good - above average), C (80-73%, well - routine reliable work), D (72-66%, satisfactory - acceptable results), E (65-60%, sufficient - results meet minimum criteria), Fx (59-0%, insufficient - further work required)	
Learning outcomes: The student integrates knowledge of the basic and selected applied disciplines of psychology with emphasis on the field of general , social psychology and organizational and work psychology. He/ she demonstrates the ability to combine knowledge of psychological disciplines, formulate ideas in a linguistically cultivated and professional way, critically evaluate individual approaches, research and clinical methods related to given thematic areas of psychology and apply knowledge to specific practical examples and situations.	
Class syllabus: Class syllabus: The exam covers the application of knowledge from the subject General Psychology and the ability to interconnect and integrate with the knowledge gained in other subjects of the bachelor's study: psychology and historical foundations of psychology, biological foundations of psychology, psychological development, sensory processes, perception, consciousness, learning and conditioning, emotions, intelligence (individual differences), personality, stress, health and coping. The exam covers the application of knowledge from the subject of Social Psychology and the ability to interconnect and integrate with the knowledge gained in other subjects of the bachelor's study: subject, methods and history of social psychology, man, society and culture, identities, interpersonal perception, communication, attitudes and social representations, social influence, conformity and obedience, groups and group dynamics, scientific vs. social knowledge. The exam covers the application of knowledge from the subject of Organizational and Work Psychology and the ability to interconnect and integrate with the knowledge gained in other subjects of the bachelor's study: the subject, methods, and history of work psychology, motivation at work, attitudes at work, work performance, productive behavior and behavior damaging the organization, stress, work groups and teams, leadership and management, organization (culture and change).	
State exam syllabus:	
Recommended literature:	

Nolen-Hoeksema, S., Fredrickson, B., Loftus, G. R., & Lutz, C. (2014). Atkinson & Hilgard's Introduction to Psychology. Cengage Learning.
Hogg, M. A., & Vaughan, G. M. (2008-2018). Social Psychology. Prentice Hall/Pearson.
Arnold, J., Randall, A. et al. (2016). Work psychology. Understanding Human Behaviour in the Workplace. Pearson

Languages necessary to complete the course:

English

Last change: 04.07.2024

Approved by: prof. Mgr. Lenka Sokolová, PhD.

COURSE DESCRIPTION

Academic year: 2025/2026	
University: Comenius University Bratislava	
Faculty: Faculty of Social and Economic Sciences	
Course ID: FSEV.ÚAP/1-UAPen-1230/21	Course title: Psychology of Creativity
Educational activities: Type of activities: lecture / seminar Number of hours: per week: 2 / 2 per level/semester: 26 / 26 Form of the course: combined	
Number of credits: 6	
Recommended semester: 4.	
Educational level: I.	
Prerequisites:	
Course requirements: Participation in lectures/ seminars. Ongoing assessment- 100 points for activities and assignments. Final assessment- the points from ongoing assessment are counted up and the grades of the final assessment are awarded as follows: A (100-91%, excellent - excellent results), B (90-81%, very good - above average), C (80-73%, well - routine reliable work), D (72-66%, satisfactory - acceptable results), E (65-60%, sufficient - results meet minimum criteria), Fx (59-0%, insufficient - further work required) Any form of plagiarism is considered a disciplinary offense under the Comenius University in Bratislava's Disciplinary Regulations for Students and will automatically result in a final course grade of Fx. Students are obliged to observe the general ethical principles during the study of this course, in accordance with the provisions of the Code of Ethics of Comenius University in Bratislava.	
Learning outcomes: Students will gain basic and current theoretical knowledge of creativity, the basics in identification and development of creativity in various fields of psychology. Emphasis is placed on the development of one's own creative thinking, therefore part of the subject is also devoted to the analysis of one's own creative personality. Students will be able to work with scientific texts (from searching activities to text presentation), independently solve theoretical and practical problems, present a competent opinion and decide on moral and social consequences. The course further develops educational competencies, the ability to learn, individual and group work skills, communication skills and cultivated and professional language skills.	
Class syllabus: <ol style="list-style-type: none"> 1. Introduction to creativity 2. Types, degrees, styles, and expressions of creativity 3. Main aspects and components of creativity 4. Creative personality 	

5. Barriers to creativity 6. Promoting creativity 7. Developmental characteristics of creativity 8. Identification of creativity 9. Development of creativity 10. Theories and models of creativity 11. The dark side of creativity					
Recommended literature: Kaufman, J. C., & Sternberg, R. (2000). The Cambridge Handbook of Creativity. Cambridge University Press.					
Languages necessary to complete the course: English					
Notes:					
Past grade distribution Total number of evaluated students: 11					
A	B	C	D	E	FX
18,18	54,55	0,0	27,27	0,0	0,0
Lecturers: Mgr. Katarína Greškovičová, PhD.					
Last change: 11.07.2024					
Approved by: prof. Mgr. Lenka Sokolová, PhD.					

COURSE DESCRIPTION

Academic year: 2025/2026	
University: Comenius University Bratislava	
Faculty: Faculty of Social and Economic Sciences	
Course ID: FSEV.ÚAP/1-UAPen-1260/21	Course title: Psychology of Drug Use
Educational activities: Type of activities: lecture / seminar Number of hours: per week: 2 / 2 per level/semester: 26 / 26 Form of the course: combined	
Number of credits: 6	
Recommended semester: 3.	
Educational level: I.	
Prerequisites:	
Course requirements: This course is a mixture of lectures and seminar formats, therefore regular active participation is expected and will be reflected in the grade. Semester (max. 50 points, a minimum of 25 points is required in order to pass the course) Active participation during the seminar (max. 10 points) Reading (max. 10 points) Individual project work: designing interventions on selected case studies (max. 20 points) Team work: presentation about the selected organization working with drug-related issue (max. 10 points) Final (max. 50 points, a minimum of 30 points is required in order to pass the course: Final exam The final grade is the sum of the points obtained during the semester and the final exam. At least 91 points must be obtained to obtain an A, at least 81 points to obtain a B, at least 73 points to obtain a C, at least 66 points to obtain a D and at least 60 points to obtain an E. Any form of plagiarism is considered a disciplinary offense under the Comenius University in Bratislava's Disciplinary Regulations for Students and will automatically result in a final course grade of Fx. Students are obliged to observe the general ethical principles during the study of this course, in accordance with the provisions of the Code of Ethics of Comenius University in Bratislava.	
Learning outcomes: Students will gain a basic theoretical overview of psychoactive substances and trends in their use, and of traditional and modern approaches of psychological counselling, psychological specialization and helping professions to drug use and addiction treatment. The course develops an understanding of working not only with the individual but also with vulnerable communities at risk. It also teaches a critical reflection of the methodology in evaluating prevention programs. Students will be able to critically evaluate the available literature, independently prepare a professional text and defend their professional position. The course promotes the development of critical thinking and the application of ethical principles in counselling work, including arguing one's position, even in sensitive social issues. Graduates will acquire basic counselling skills by practicing the counselling interview in the context of addictions and drug use.	

Class syllabus:

1. Introduction: what is the difference between drug use and drug addiction?
2. Summary of selected drugs
3. Theories of drug use and addiction
4. Psychological and social contexts of drug use and drug addiction
5. Alcohol as a part of drug counseling
6. Drug use among vulnerable groups and groups at risk (children, women, homeless people, marginalized Roma communities)
7. Drug prevention - tradition and controversy
8. How to help: counseling, treatment and resocialization
9. Harm reduction
10. Co-dependence, working with family
11. Current trends and challenges in the field of drug counseling (new psychoactive substances, decriminalization, legalization, chemsex, medical research of psychoactive substances)
12. Ethics in drug counseling, public health policies

Recommended literature:

Seddon, T. (2010). A history of drugs: drugs and freedom in liberal age. Routledge. European Monitoring Centre for Drugs and Drug Addiction (2017). Communities That Care (CTC): a comprehensive prevention approach for communities. Luxembourg: EMCDDA, Publications Office of the European Union. Available online 9.11.2020 <https://www.emcdda.europa.eu/>

Kohútová, K., & Almašiová, A. (2018). Typology of Adolescents in Terms of their Leisure-time Substance Use. Adiktologie, 18(3–4), 179–187.

WHO. (2004). Neuroscience of psychoactive substance use and dependence. WHO.

Languages necessary to complete the course:

English

Notes:**Past grade distribution**

Total number of evaluated students: 40

A	B	C	D	E	FX
42,5	32,5	15,0	2,5	2,5	5,0

Lecturers:

Last change: 11.07.2024

Approved by: prof. Mgr. Lenka Sokolová, PhD.

COURSE DESCRIPTION

Academic year: 2025/2026	
University: Comenius University Bratislava	
Faculty: Faculty of Social and Economic Sciences	
Course ID: FSEV.ÚAP/1-UAPen-1350/23	Course title: Psychology of Family
Educational activities: Type of activities: lecture / seminar Number of hours: per week: 2 / 2 per level/semester: 26 / 26 Form of the course: combined	
Number of credits: 6	
Recommended semester: 4.	
Educational level: I.	
Prerequisites:	
Course requirements: 100 % ongoing evaluation. Book Chapter Presentation (35 points) Genogram Presentation (35 points) Reflective Diary (30 points) Attendance and participation is required (two missed classes allowed) At least 91 points are necessary to gain an A, at least 81 points necessary to gain a B, at least 73 points are necessary to gain a C, at least 66 points are necessary to gain a D, and at least 60 points are necessary to gain an E. Total score is calculated by the summation of points accumulated for each course requirement. Any form of plagiarism is considered a disciplinary offense under the Comenius University in Bratislava's Disciplinary Regulations for Students and will automatically result in a final course grade of Fx. Students are obliged to observe the general ethical principles during the study of this course, in accordance with the provisions of the Code of Ethics of Comenius University in Bratislava.	
Learning outcomes: The course Psychology of Family focuses on family processes that shape family members and their behavior. The goal is to recognize functional and dysfunctional patterns of communication and behavior, identify the impact of dysfunctional patterns and learn how to foster functional family patterns (book chapter presentation, genogram presentation, reflective diary). Students also gain understanding of their own family-of-origin patterns by completing a presentation focused on their family relationships (genogram presentation). At course completion, the student is able to understand and work with theoretical and empirical literature from the field and conduct a presentation in front of their colleagues (book chapter presentation). The student is able to independently solve theoretical and practical issues while considering a broader context. The student is able to communicate (in writing and orally) in a professional manner. The student is able to take a stance when considering individual and societal issues and make a decision grounded in moral values (reflective diary).	
Class syllabus:	

Psychology of Family explores family processes that shape family members' interactions and communication. The purpose of this class is to identify functional and dysfunctional patterns of behavior, understand the impact of the dysfunctional patterns, and learn how to facilitate greater well-being and healthier communication in families. Students will also analyze their genograms to understand the behavior patterns in their families.

Recommended literature:

Bancroft, L. (2003). Why does he do that? Inside the minds of angry and controlling men. Berkley Books.

Gehart, D. R., & Tuttle, A. R. (2002). Theory-based treatment planning for marriage and family therapists: Integrating theory and practice. Cengage Learning.

Gottman, J. M., & Silver, N. (2015). The seven principles for making marriage work. Penguin Random House.

Johnson, S. (2008). Hold me tight. Little, Brown Spark.

Katherine, A. (1991). Boundaries: Where you end and I begin. Hazelden.

Levine, A., & Heller, R. (2010). Attached. Penguin Random House.

Nichols, M. P. (2020). The essentials of family therapy. Pearson.

Nagoski, E. (2015). Come as you are. Simon & Schuster.

Perel, E. (2017). The state of affairs. Harper.

Thomas, K. W. (2015). Conscious uncoupling. Harmony Books.

Webb, J., & Christine, M. (2013). Running on empty: Overcome your childhood emotional neglect. Morgan James Publishing.

Wolynn, M. (2017). It did not start with you. Penguin Random House

Languages necessary to complete the course:

English

Notes:

Past grade distribution

Total number of evaluated students: 24

A	B	C	D	E	FX
91,67	4,17	0,0	4,17	0,0	0,0

Lecturers: Mgr. Katarína Křížová, PhD.

Last change: 11.07.2024

Approved by: prof. Mgr. Lenka Sokolová, PhD.

COURSE DESCRIPTION

Academic year: 2025/2026	
University: Comenius University Bratislava	
Faculty: Faculty of Social and Economic Sciences	
Course ID: FSEV.ÚAP/1-UAPen-1060/24	Course title: Psychology of Health
Educational activities: Type of activities: lecture / seminar Number of hours: per week: 2 / 2 per level/semester: 26 / 26 Form of the course: combined	
Number of credits: 6	
Recommended semester: 4.	
Educational level: I.	
Prerequisites:	
Course requirements: Participation is a necessary condition without the right to be awarded by any points. Two absences per semester are allowed, however, it is not possible to replace the assessment for activities carried out during the absence. We expect students to complete four units of online lectures on the specified dates, with each unit ending with a separate test. Each unit will be followed by a seminar, before which students will be given an assignment requiring both individual and teamwork, while the processing of the assignment, teamwork and active participation in the seminar will be evaluated. In addition, each student will receive an individual homework assignment of an essay, which they will process and submit independently. Students can earn additional points by completing tasks and completing feedback. Ongoing evaluation is applied. A: 91-100; B: 81-90 ; C: 73-80 ; D: 66-72 ; E: 60-65;Fx: 0-59 Any form of plagiarism is considered a disciplinary offense under the Comenius University in Bratislava's Disciplinary Regulations for Students and will automatically result in a final course grade of Fx. Students are obliged to observe the general ethical principles during the study of this course, in accordance with the provisions of the Code of Ethics of Comenius University in Bratislava.	
Learning outcomes: To provide students with basic information in the field of health psychology, i.e. the significance of psychological factors in maintaining good health, preventing disease, managing negative health conditions, providing psychological assistance to patients during recovery and coping with chronic diseases. This course is aimed at developing the following competencies: working with scientific resources, academic writing, group collaboration, digital competencies (use of LMS Moodle), presentation skills, communication competencies, inclusive competencies, competencies needed to prepare a project, competencies needed to manage one's own studies.	
Class syllabus: Health, social determinants of health, health related behaviour, change in health-related behaviour, health promotion. Stress and health, stress management, social support. Perception of symptoms, search for health care, social model of the disease, chronic illness and quality of life, adherence, health literacy, complementary, alternative and integrative medicine in patient care. Availability	

and responsiveness of the system of health services, the doctor-patient relationship, medical consultation, medical competencies, patient safety, secondary victims, support of resilience in health professionals.					
Recommended literature: Dankulincová Z., Husárová D., Madarasová Gecková A., Kopčáková J. (2023): Psychológia zdravia. SafarikPress Košice. Morrison V., & Bennett, P. (2016). Introduction to Health Psychology. Pearson Education Limited. Silverman J. et al. (2013). Skills for communicating with patients. CRS Press.					
Languages necessary to complete the course: English					
Notes:					
Past grade distribution Total number of evaluated students: 27					
A	B	C	D	E	FX
22,22	22,22	33,33	22,22	0,0	0,0
Lecturers: prof. Mgr. Andrea Madarasová Gecková, PhD.					
Last change: 11.07.2024					
Approved by: prof. Mgr. Lenka Sokolová, PhD.					

COURSE DESCRIPTION

Academic year: 2025/2026	
University: Comenius University Bratislava	
Faculty: Faculty of Social and Economic Sciences	
Course ID: FSEV.ÚAP/1-UAPen-290/21	Course title: Psychology of Language
Educational activities: Type of activities: lecture / seminar Number of hours: per week: 2 / 2 per level/semester: 26 / 26 Form of the course: combined	
Number of credits: 6	
Recommended semester: 4.	
Educational level: I.	
Prerequisites:	
Course requirements: In order to pass the course, student have to participate on presentation of assigned academic article in seminar, present his or her own term paper and submit the term paper for evaluation. 20 points could be gained for presentations (10 points each) and 80 points for the term paper. Student can get 100 points. At least 91 points are necessary to gain an A, at least 81 points necessary to gain a B, at least 73 points are necessary to gain a C, at least 66 points are necessary to gain a D, and at least 60 points are necessary to gain an E. Any form of plagiarism is considered a disciplinary offense under the Comenius University in Bratislava's Disciplinary Regulations for Students and will automatically result in a final course grade of Fx. Students are obliged to observe the general ethical principles during the study of this course, in accordance with the provisions of the Code of Ethics of Comenius University in Bratislava.	
Learning outcomes: The course will present selected themes from linguistics relevant for psychology. After the course, students should improve their understanding of how language is connected to certain social and cognitive issues and how it works in some linguistic environments different from those in Central Europe. Student will get theoretical understanding of how psychology approaches themes connected with languages and their usage. Student will also learn selected topics from linguistics as a behavioral science. He or she will learn how to get orientation in literature connected to psychology of language and how to search for relevant literature. Student will practice writing of professional academic text as well as its presentation to public. During the work on the term paper students should conduct independent work.	
Class syllabus: <ol style="list-style-type: none"> 1. Introduction 2. Meaningful units of language, language – biological basis 3. Language production 4. Language perception 5. Measuring language, language and personality 6. Language and lying, lying detection 	

7. Language and Thought: Sapir-Whorf hypothesis, bilingualism
8. Social aspects of language use, Language, politics and group behavior, language ostracism
9. Psychological aspects of Chinese language
10. Psychological aspects of Korean language
11. Guest lecture
12. Formal model: Chomsky hierarchy of languages

Recommended literature:

Fernández, E. M., & Cairns, H. S. (2011). Fundamentals of Psycholinguistics. John Wiley & Sons.

Fernández, E. M., & Cairns, H. S. (2018). The Handbook of Psycholinguistics. John Wiley & Sons.

Fitch, K. L., & Sanders, R. E. (2005). Handbook of Language and Social Interaction. Lawrence Erlbaum Associates.

Harley, T. A. (2014). The Psychology of Language. From Data to Theory. Psychology Press.

Granhag, P. A., Vrij, A., & Verschuere, B. (2015). Detecting Deception. Current Challenges and Cognitive Approaches. Wiley.

Menn, L. (2017). Psycholinguistics. Introduction and Applications. Plural Publishing.

Spivey, M. J., McRae, K., & Joanisse, M. F. (2012). The Cambridge Handbook of Psycholinguistics. Cambridge University Press.

Weatherall, A., Watson, B. M., & Gallois, C. (2007). Language, discourse and social psychology. Palgrave Macmillan.

Languages necessary to complete the course:

English

Notes:

Past grade distribution

Total number of evaluated students: 20

A	B	C	D	E	FX
30,0	20,0	20,0	10,0	15,0	5,0

Lecturers:

Last change: 11.07.2024

Approved by: prof. Mgr. Lenka Sokolová, PhD.

COURSE DESCRIPTION

Academic year: 2025/2026	
University: Comenius University Bratislava	
Faculty: Faculty of Social and Economic Sciences	
Course ID: FSEV.ÚAP/1-UAPen-160/24	Course title: Psychology of Life Cycle
Educational activities: Type of activities: lecture / seminar Number of hours: per week: 2 / 2 per level/semester: 26 / 26 Form of the course: combined	
Number of credits: 6	
Recommended semester: 6.	
Educational level: I.	
Prerequisites:	
Course requirements: 100 % ongoing evaluation Weekly Reflections (40 points) Seminar Presentation & Discussion Leader (40 points) Wrap-Up Assignment (20 points) At least 91 points are necessary to gain an A, at least 81 points necessary to gain a B, at least 73 points are necessary to gain a C, at least 66 points are necessary to gain a D, and at least 60 points are necessary to gain an E. Total score is calculated by the summation of points accumulated for each course requirement. Any form of plagiarism is considered a disciplinary offense under the Comenius University in Bratislava's Disciplinary Regulations for Students and will automatically result in a final course grade of Fx. Students are obliged to observe the general ethical principles during the study of this course, in accordance with the provisions of the Code of Ethics of Comenius University in Bratislava.	
Learning outcomes: After completing the course, the students gain knowledge about the roles and tasks families encounter in each life cycle stage and describe how societal and cultural factors influence families across the life course. The students will also gain interdisciplinary knowledge, for example from sociology. The student is able to understand and work with current literature from the field, conduct a presentation in front of their colleagues, present their own ideas appropriately and professionally, and think in a flexible and creative manner. The student is able to independently solve theoretical and practical issues while considering a broader context. The student is able to express their opinion professionally and effectively use communication strategies that are informed by theoretical and empirical knowledge gained in this course. The student is able to communicate (in writing and orally) in a professional manner. The student is able to take a stance when considering individual and societal issues and make a decision grounded in moral values. The student is also able to responsibly make a decision when considering moral, societal, legal, and economic context of the profession.	
Class syllabus: Friendship, dating, marriage, parenting, older adulthood, social status and intersectionality	

Recommended literature: McGoldrick, M., Carter, B., & Garcia Preto, N. (2016). The expanding family life cycle: individual, family, and social perspectives. Pearson.					
Languages necessary to complete the course: English					
Notes:					
Past grade distribution Total number of evaluated students: 11					
A	B	C	D	E	FX
63,64	27,27	9,09	0,0	0,0	0,0
Lecturers: Mgr. Katarína Křížová, PhD.					
Last change: 11.07.2024					
Approved by: prof. Mgr. Lenka Sokolová, PhD.					

COURSE DESCRIPTION

Academic year: 2025/2026	
University: Comenius University Bratislava	
Faculty: Faculty of Social and Economic Sciences	
Course ID: FSEV.ÚAP/1-UAPen-170/24	Course title: Psychology of Marketing Communication
Educational activities: Type of activities: lecture / seminar Number of hours: per week: 2 / 2 per level/semester: 26 / 26 Form of the course: combined	
Number of credits: 6	
Recommended semester: 4.	
Educational level: I.	
Prerequisites:	
Course requirements: Attendance at lectures and seminars: Active participation in meetings is mandatory. A maximum of 2 absences are allowed. <ul style="list-style-type: none"> • Project 1: Recruitment Campaign - My School for High School Students • Project 2: In the second half of the semester, students will prepare a project in small groups where they apply the knowledge gained to analyze a specific marketing campaign. • Final Exam: A written or oral exam focused on testing the understanding of key concepts and the ability to apply them in practice. Grading: <ul style="list-style-type: none"> • Attendance and active participation in seminars: 20% • Project 1: 30% • Project 2: 30% • Final Exam: 20% Any form of plagiarism is considered a disciplinary offense under the Comenius University in Bratislava's Disciplinary Regulations for Students and will automatically result in a final course grade of Fx. Students are obliged to observe the general ethical principles during the study of this course, in accordance with the provisions of the Code of Ethics of Comenius University in Bratislava.	
Learning outcomes: The aim of the "Psychology of Marketing Communication" course is to provide students with a deep understanding of the psychological principles and theories that influence marketing communication processes. Students will learn how to apply these principles in practice with the aim of effectively communicating with target groups and influencing their decision-making and behavior.	
Class syllabus: <ol style="list-style-type: none"> 1. Introduction to the Psychology of Marketing Communication <ul style="list-style-type: none"> • Basic concepts and the importance of psychology in marketing communication. 2. Marketing Research <ul style="list-style-type: none"> • Qualitative and quantitative research. 3. Perceptual Processes and Their Influence on Consumer Behavior 	

- How people perceive advertising and marketing stimuli.
4. Theories of Persuasion and Their Application in Marketing Communication
 - Principles of persuasion and their practical use.
 5. Emotional and Rational Appeals in Marketing Communication
 - The impact of emotions and logic on the effectiveness of advertisements.
 6. Cognitive Processes: Attention, Memory, and Learning
 - How information affects consumer decision-making and behavior.
 7. Social Influences on Consumer Behavior
 - The impact of groups, cultural, and social norms.
 8. Personality and Self-Concept in Marketing Communication
 - How personality affects the perception of brands and advertisements.
 9. Behavioral Marketing
 - Shaping and changing consumer attitudes through marketing communication strategies.
 10. Campaign Evaluation and Measurement
 - Tools for measuring campaigns.

Recommended literature:

Solomon, M. R. (2020). Consumer behavior: Buying, having, and being (13th ed.). Pearson.
 Schiffman, L. G., & Wisenblit, J. (2019). Consumer behavior (12th ed.). Pearson.
 Cialdini, R. B. (2007). Influence: The psychology of persuasion (Rev. ed.). Harper Business.
 Lindstrom, M. (2008). Buyology: Truth and lies about why we buy. Crown Business.
 Wheeler, A. (2018). Designing brand identity: An essential guide for the whole branding team (5th ed.). Wiley.

Languages necessary to complete the course:

English

Notes:

Past grade distribution

Total number of evaluated students: 5

A	B	C	D	E	FX
60,0	40,0	0,0	0,0	0,0	0,0

Lecturers: doc. PhDr. Radomír Masaryk, PhD.

Last change: 17.02.2025

Approved by: prof. Mgr. Lenka Sokolová, PhD.

COURSE DESCRIPTION

Academic year: 2025/2026	
University: Comenius University Bratislava	
Faculty: Faculty of Social and Economic Sciences	
Course ID: FSEV.ÚAP/1-UAPen-770/22	Course title: Psychology of Minority Groups
Educational activities: Type of activities: lecture / seminar Number of hours: per week: 2 / 2 per level/semester: 26 / 26 Form of the course: combined	
Number of credits: 6	
Recommended semester: 3.	
Educational level: I.	
Prerequisites:	
Course requirements: During the semester it is required to prepare and orally present a team seminar paper (max 50 points) and pass an exam (max 50 points). A grade of A requires 91-100 points, a grade of B requires 81-90 points, a grade of C requires 73-80 points, a grade of D requires 66-72 points, and a grade of E requires 60-65 points. Credit will not be awarded to a student who achieves less than 30 points in the seminar paper and less than 30 points in the written examination form. Any form of plagiarism is considered a disciplinary offense under the Comenius University in Bratislava's Disciplinary Regulations for Students and will automatically result in a final course grade of Fx. Students are obliged to observe the general ethical principles during the study of this course, in accordance with the provisions of the Code of Ethics of Comenius University in Bratislava.	
Learning outcomes: Completion of the course should enable the student to understand the mechanisms of creating mistrust towards minorities, especially the negative impact of stereotypes and prejudices when judging individuals from minority groups. At the same time, the student should become more familiar with the real needs of members of different minority groups and with the possibilities of promoting equality and nondiscrimination. The acquired knowledge can be applied in practise, for example, in selection procedures when recruiting and assessing applicants from minority groups, in the ongoing evaluation of their performance, and also in creating workplace conditions that ensure their more symmetrical position with the majority. The student will become familiar with current options and methods that have the potential to improve the lives of various stigmatised and marginalised communities. At the same time, the student will improve his/her interviewing, presenting, and advocacy skills for the interests of socially disadvantaged groups.	
Class syllabus: Types of minorities. Discrimination, marginalisation, and disadvantage. Acculturation, education, work, self-realization and quality of life. Prejudice and stereotypes. Identity, in-group, out-group. Options for promoting equality and non-discrimination. Tolerance and multiculturalism.	

Contact hypothesis and threat theory.					
Recommended literature: Tropp, L. R., & Mallett, R. K. (Eds), (2011). Moving beyond prejudice reduction: Pathways to positive intergroup relations. American Psychological Association. Murphy, M. (2011). Multiculturalism. A Critical Introduction. Routledge.					
Languages necessary to complete the course: English					
Notes:					
Past grade distribution Total number of evaluated students: 19					
A	B	C	D	E	FX
68,42	15,79	0,0	0,0	0,0	15,79
Lecturers: Mgr. Karin Černickaja, PhD.					
Last change: 11.07.2024					
Approved by: prof. Mgr. Lenka Sokolová, PhD.					

COURSE DESCRIPTION

Academic year: 2025/2026	
University: Comenius University Bratislava	
Faculty: Faculty of Social and Economic Sciences	
Course ID: FSEV.ÚAP/1-UAPen-80/25	Course title: Psychology of Personality
Educational activities: Type of activities: lecture / seminar Number of hours: per week: 2 / 2 per level/semester: 26 / 26 Form of the course: combined	
Number of credits: 6	
Recommended semester: 2.	
Educational level: I.	
Prerequisites:	
Course requirements: The assessment (100 points) consists of: • interim assessment (60%) - Weekly assignments (analyzing case studies / completing seminar activities) – 60 points final assessment (40%) - Knowledge exam (multiple-choice test) – 40 points Assessment is awarded as follows: A (100-91%, excellent - excellent results), B (90-81%, very good - above average), C (80-73%, well - routine reliable work), D (72-66%, satisfactory - acceptable results), E (65-60%, sufficient - results meet minimum criteria), Fx (59-0%, insufficient - further work required) Any form of plagiarism is considered a disciplinary offense under the Comenius University in Bratislava's Disciplinary Regulations for Students and will automatically result in a final course grade of Fx. Students are obliged to observe the general ethical principles during the study of this course, in accordance with the provisions of the Code of Ethics of Comenius University in Bratislava.	
Learning outcomes: The student will understand the concept of personality, biological, and social determination of personality, structure, and dynamics. Students will understand the differences between the theories of personality psychology and learn the basics of their application into practice. When writing a seminar paper, the student will work with a selected personality theory deeper. Students will gain knowledge of the history and current events in the field; furthermore, knowledge of the individual or psychological aspects of behavior and experience within groups. They orient in current professional sources, search for relevant literature in the field, interpret the results of studies and present the assigned tasks, goals, and results to the working team. Students are independent in solving specific problems of changing environments planning their education. They can present their own opinions appropriately and professionally. In the professional presentation of their own opinion, they can effectively use the argumentation strategies of individual thinkers, independently	

and critically evaluate the arguments. They express their opinion cultivated in linguistic (oral and written) professional expression					
Class syllabus: 1) Introduction to personality psychology 2) The Psychoanalytic Approach 3) The Neo-psychoanalytic Approach 4) Object Relations Approach 5) The Behavioural and Social-Learning Approach 6) The Cognitive Approach 7) The Humanistic Approach 8) The Genetics Approach					
Recommended literature: Ashcraft, D. (2015). Personality Theories Workbook. Cengage Learning Schultz, D. P., Schultz, S. E. (2017). Theories of Personality. Cengage Learning.					
Languages necessary to complete the course: English					
Notes:					
Past grade distribution Total number of evaluated students: 0					
A	B	C	D	E	FX
0,0	0,0	0,0	0,0	0,0	0,0
Lecturers: Mgr. Veronika Sklenářová					
Last change: 30.06.2025					
Approved by: prof. Mgr. Lenka Sokolová, PhD.					

COURSE DESCRIPTION

Academic year: 2025/2026	
University: Comenius University Bratislava	
Faculty: Faculty of Social and Economic Sciences	
Course ID: FSEV.ÚAP/1-UAPen-1190/24	Course title: Psychology of Religion
Educational activities: Type of activities: lecture / seminar Number of hours: per week: 2 / 2 per level/semester: 26 / 26 Form of the course: combined	
Number of credits: 6	
Recommended semester: 4.	
Educational level: I.	
Prerequisites:	
Course requirements: 100 % ongoing evaluation Continuous work – max 50 credits. Final work – max 50 credits. The points are counted and the grades of the final evaluation are awarded as follows: A = 91 – 100 points B = 81 – 90 points C = 73 – 80 points D = 66 – 72 points E = 60 – 65 points FX = 59 – 0 points Any form of plagiarism is considered a disciplinary offense under the Comenius University in Bratislava's Disciplinary Regulations for Students and will automatically result in a final course grade of Fx. Students are obliged to observe the general ethical principles during the study of this course, in accordance with the provisions of the Code of Ethics of Comenius University in Bratislava.	
Learning outcomes: The goal of the course is to teach students basic concepts, main representatives, theories, and problems of psychology of religion. Students will learn to analyze the religious and spiritual phenomena from scientific point of view. Students will be able to distinguish healthy and unhealthy expressions of religiosity and spirituality.	
Class syllabus: <ol style="list-style-type: none"> 1. Definition and theories of psychology of religion. 2. History and main trends of psychology of religion. 3. Methodological issues of psychology of religion. 4. Dimension of religiosity and spirituality. Cognition. Emotion. Behaviour and rituals. 5. Basic concepts of psychology of religion. 6. Developmental aspects and religiosity and spirituality. 7. Religious experience. Consciousness. Initiation. Conversion. 8. Personality aspects and religiosity and spirituality. 9. Religion, spirituality and mental and physical health. 10. Religious coping. 11. Social aspects of religion and spirituality. Prosociality. 12. Psychology of atheism. 	

Recommended literature:					
Argyle, M. (2000). Psychology and religion. New York: Routledge.					
Handbook of the psychology of religion and spirituality.(2005). Edited by Raymond F. Paloutzian - Crystal L. Park. New York: Guilford Press.					
Stríženec, M. (2001). Psychológia náboženstva. Bratislava: Iris.					
Wulff, D. M. (1997). Psychology of Religion: Classic and Contemporary. New York: John Wiley					
Languages necessary to complete the course:					
English					
Notes:					
Past grade distribution					
Total number of evaluated students: 9					
A	B	C	D	E	FX
22,22	33,33	22,22	11,11	0,0	11,11
Lecturers: Mgr. Laura Mária Šiškovičová					
Last change: 11.07.2024					
Approved by: prof. Mgr. Lenka Sokolová, PhD.					

COURSE DESCRIPTION

Academic year: 2025/2026	
University: Comenius University Bratislava	
Faculty: Faculty of Social and Economic Sciences	
Course ID: FSEV.ÚAP/1-UAPen-1300/25	Course title: School Psychology Interventions
Educational activities: Type of activities: lecture / seminar Number of hours: per week: 2 / 2 per level/semester: 26 / 26 Form of the course: combined	
Number of credits: 6	
Recommended semester: 4.	
Educational level: I.	
Prerequisites:	
Course requirements: 100% ongoing assessment Ongoing assessment: interim assignments (30 points), test (20 points), elaboration (30 points) and presentation (20 points) of a case study with an intervention plan. The grade will be awarded based on the sum of the scores for the individual tasks. To pass the course, a minimum score of 60% is required. Assessment is awarded as follows: A (100-91%, excellent - excellent results), B (90-81%, very good - above average), C (80-73%, well - routine reliable work), D (72-66%, satisfactory - acceptable results), E (65-60%, sufficient - results meet minimum criteria), Fx (59-0%, insufficient - further work required) Any form of plagiarism is considered a disciplinary offense under the Comenius University in Bratislava's Disciplinary Regulations for Students and will automatically result in a final course grade of Fx. Students are obliged to observe the general ethical principles during the study of this course, in accordance with the provisions of the Code of Ethics of Comenius University in Bratislava.	
Learning outcomes: The student will gain knowledge and practical skills in the field of diagnostic and intervention activities of the school psychologist, will be able to identify the needs of intervention in the school environment, design and evaluate intervention procedures for practical psychological problems arising from the school environment. After completing the course, the student is able to orientate himself in professional resources, cooperate in a team and present the assigned tasks, goals and results to the working team. The subject further develops the competence to present one's own opinions appropriately, to think flexibly and creatively, to formulate one's opinions in a cultivated and professional expression, to accept and provide feedback to one's own intervention strategies.	
Class syllabus:	

1. Introduction: types of interventions in schools
2. The role of the school psychologist in the school system. Diagnostic and intervention activities of a school psychologist.
3. School readiness, intervention activities associated with the adaptation of children to the school environment.
4. Interventions in the field of adaptation of pupils in the transition to a higher level of education.
5. Interventions in the field of classroom dynamics (group cohesion, classroom relations, school and classroom climate).
6. Interventions in the field of problem behaviour of students (bullying, cyberbullying, self-harm, truancy, vandalism, substance addiction).
7. Crisis intervention in the school environment (types of crisis events, school intervention team).
8. Interventions in the field of school performance of pupils, counseling for pupils with special educational needs.
9. Interventions in the field of affective problems of students (anxiety disorders, fear of school, stress, relationship problems).
10. Career counseling and professional orientation of students.
11. Promotion of mental health in the school environment, intervention activities for students, teachers and parents.

Recommended literature:

Diamond, E. et al. (2023). Psychology in the Schools: Addressing the Learning, Behavior, and Mental Health Needs of Students. Routledge.

Dollarhide, C. T., & Lemberger-Trulove (2018). Theories of School Counseling for the 21st Century. Oxford University Press.

Jimerson, S., Oakland, T., & Farrell, P. (2006). An International Handbook of School Psychology. Sage.

Little, S. G. (2019). Behavioral Interventions in Schools: Evidence-Based Positive Strategies. American Psychological Association.

Reed et al. (2013). Handbook of Crisis Intervention and Developmental Disabilities. Springer. (selected chapters)

Roberts et al. (2005). Crisis Intervention Handbook: Assessment, Treatment and Research. Oxford University Press. (selected chapters)

Slavin, R. E. (2018). Educational Psychology: Theory and Practice. Pearson.

Woofalk, A. (2013). Psychology in Education. Pearson.

Selected intervention programmes.

Languages necessary to complete the course:

English

Notes:

Past grade distribution

Total number of evaluated students: 0

A	B	C	D	E	FX
0,0	0,0	0,0	0,0	0,0	0,0

Lecturers: prof. Mgr. Lenka Sokolová, PhD.

Last change: 30.06.2025

Approved by: prof. Mgr. Lenka Sokolová, PhD.

COURSE DESCRIPTION

Academic year: 2025/2026	
University: Comenius University Bratislava	
Faculty: Faculty of Social and Economic Sciences	
Course ID: FSEV.ÚAP/1-UAPen-70/25	Course title: Social Psychology
Educational activities: Type of activities: lecture / seminar Number of hours: per week: 2 / 2 per level/semester: 26 / 26 Form of the course: combined	
Number of credits: 6	
Recommended semester: 2.	
Educational level: I.	
Prerequisites:	
Course requirements: 50% ongoing assessment + 50% final exam Assessment is awarded as follows: A (100-91%, excellent - excellent results), B (90-81%, very good - above average), C (80-73%, well - routine reliable work), D (72-66%, satisfactory - acceptable results), E (65-60%, sufficient - results meet minimum criteria), Fx (59-0%, insufficient - further work required) Any form of plagiarism is considered a disciplinary offense and will result in a final course grade of Fx. Students are obliged to observe the general ethical principles during the study of this course, in accordance with the provisions of the Code of Ethics of Comenius University Bratislava. Any form of plagiarism is considered a disciplinary offense under the Comenius University in Bratislava's Disciplinary Regulations for Students and will automatically result in a final course grade of Fx. Students are obliged to observe the general ethical principles during the study of this course, in accordance with the provisions of the Code of Ethics of Comenius University Bratislava.	
Learning outcomes: The student will gain knowledge about the development of psychological thinking and research in social psychology and the theoretical basis of social psychology with a focus on the functioning of the individual in social groups, the dynamics of social groups and research in social psychology. After completing the course, the student can navigate through academic resources, search for relevant literature in the field and interpret the results of research in social psychology. The subject further develops the competence to appropriately present one's own opinions, to think flexibly and creatively, to solve theoretical and practical problems of social psychology in a broader context and to cooperate in a team.	
Class syllabus: 1. Principles and Methods 2. Culture 3. Identities 4. Perception	

5. Communication 6. Attitudes 7. Influence 8. Groups 9. Scientific vs. Social Knowledge					
Recommended literature: STAINTON-ROGERS, W. (2011). Social Psychology. Second Edition. Open University Press. Other Recommended Literature: BERGER, P. L. – LUCKMAN, T. (1966). Social Construction of Reality. Anchor Books. HARRÉ, R. – GILLET, G. (1994). The Discursive Mind. Sage. HOGG, M. A. – VAUGHAN, G. M. (2021) Social psychology. 9TH Edition. Pearson. MOSCOVICI, S. – MARKOVÁ, I. (2006). The Making of Modern Social Psychology: The Hidden Story of How an International Social Science was Created. Polity Press. MOSCOVICI, S. (2000). Social Representations: Explorations in Social Psychology. New York University Press. MYERS, D. G., TWENGE, J. M. (2021). Social Psychology (14th Edition). McGraw Hill Education. +research papers assigned during the course					
Languages necessary to complete the course: English					
Notes:					
Past grade distribution Total number of evaluated students: 0					
A	B	C	D	E	FX
0,0	0,0	0,0	0,0	0,0	0,0
Lecturers: doc. PhDr. Radomír Masaryk, PhD.					
Last change: 30.06.2025					
Approved by: prof. Mgr. Lenka Sokolová, PhD.					

COURSE DESCRIPTION

Academic year: 2025/2026	
University: Comenius University Bratislava	
Faculty: Faculty of Social and Economic Sciences	
Course ID: FSEV.ÚAP/1-UAPen-100/25	Course title: Social and Psychological Skills Training I.
Educational activities: Type of activities: seminar Number of hours: per week: 4 per level/semester: 52 Form of the course: combined	
Number of credits: 6	
Recommended semester: 2.	
Educational level: I.	
Prerequisites:	
Course requirements: The continuous assessment (100 points) consists of: 1) Class participation (10 points) 2) Weekly journals (12 points) 3) Homework (34 points) 4) Reflection diary (34 points) 5) Action plan (10 points) The grading scale for the course is awarded as follows: A = 91 – 100 points B = 81 – 90 points C = 73 – 80 points D = 66 – 72 points E = 60 – 65 points FX = 59 – 0 points Any form of plagiarism is considered a disciplinary offense under the Comenius University in Bratislava's Disciplinary Regulations for Students and will automatically result in a final course grade of Fx. Students are obliged to observe the general ethical principles during the study of this course, in accordance with the provisions of the Code of Ethics of Comenius University in Bratislava.	
Learning outcomes: The course takes the form of active social learning and cultivates students' communication skills and emotional intelligence. Students will be trained to work with emotions to achieve relevant skills which are necessary for the profession of psychologist. Students will receive feedback from both the group and the lecturer, they will enlarge their self-reflection, identify their strengths, and develop them. The graduate masters the skill of conducting interviews, groups and observations. The graduate is also able to present the assigned tasks, goals and results, autonomy and responsibility in decision-making in relation to the problems of the field of study, planning their own education, the ability to	

present their own opinions appropriately and professionally. It responsibly decides on the ethical, social, legal and economic context of the fields.					
Class syllabus: Work with emotions, awareness, emotional expression, regulation, transformation of emotions, reflection, use of emotional intelligence in communication.					
Recommended literature: Ekman, P. (1995). Telling Lies. Clues to Deceit in the Market-place, Marriage and Politics. Norton. Ekman, P. (2003). Emotions Revealed. Understanding Faces and Feelings. Weidenfeld & Nicolson. Elliott, R., Watson, J. C., Goldman, R. N., & Greenberg, L. S. (2004). Learning emotion-focused therapy: The process-experiential approach to change. American Psychological Association. Goleman, D. (1995). Emotional intelligence. Bantam-Dell. Greenberg, L. (2017). Emotion-focused therapy: Coaching clients to work through their feelings. American Psychological Association.					
Languages necessary to complete the course: English					
Notes:					
Past grade distribution Total number of evaluated students: 0					
A	B	C	D	E	FX
0,0	0,0	0,0	0,0	0,0	0,0
Lecturers: Mgr. Katarína Greškovičová, PhD.					
Last change: 30.06.2025					
Approved by: prof. Mgr. Lenka Sokolová, PhD.					

COURSE DESCRIPTION

Academic year: 2025/2026	
University: Comenius University Bratislava	
Faculty: Faculty of Social and Economic Sciences	
Course ID: FSEV.ÚAP/1-UAPen-200/25	Course title: Statistics
Educational activities: Type of activities: lecture / seminar Number of hours: per week: 2 / 2 per level/semester: 26 / 26 Form of the course: combined	
Number of credits: 6	
Recommended semester: 4.	
Educational level: I.	
Prerequisites:	
Course requirements: The assessment (100 points) consists of: 1. Continuous assessment- assignment(s)/activities (50 points) 2. exam (50 points) Final assessment: The total score is calculated by summing points from the continuous assessment and the final written exam. Grades for the final assessment are awarded as follows: A (100-91%, excellent - excellent results), B (90-81%, very good - above average), C (80-73%, well - routine reliable work), D (72-66%, satisfactory - acceptable results), E (65-60%, sufficient - results meet minimum criteria), Fx (59-0%, insufficient - further work required) To complete the course, it is necessary to obtain at least 60% of points. Any form of plagiarism is considered a disciplinary offense under the Comenius University in Bratislava's Disciplinary Regulations for Students and will automatically result in a final course grade of Fx. Students are obliged to observe the general ethical principles during the study of this course, in accordance with the provisions of the Code of Ethics of Comenius University in Bratislava.	
Learning outcomes: The student will gain knowledge about current statistical approaches in the field of psychology. They will learn to use and independently apply appropriate procedures for processing quantitative data. After completing the course, the student is able to search for relevant literature in the field, understand the quantitative procedure in data analysis and interpret the results. The student is able to assess the nature of the data obtained and then use the relevant procedures in their analysis, with the ability to present them. Students will be involved in current research projects at the institute. The knowledge and competencies acquired in the course can be used in obtaining further education and writing theses.	

Class syllabus:

1. Introduction to statistics
2. Descriptive statistics I. - tables and graphs
3. Descriptive statistics II. - variability
4. Inference statistics - starting points
5. Hypothesis testing and statistical significance
6. Correlation and causality
7. Chi-square
8. Parametric tests - t-tests
9. Nonparametric tests - U-test and Wilcoxon test
10. ANOVA and Kruskal-Wallis test
11. Repetition
12. Final testing

Recommended literature:

Compulsory literature:

Aron, A., Coups, E. J., & Aron, E. N. (2014). Statistics for psychology. Pearson. Other

Recommended literature:

Field, A. (2009). Discovering statistics using SPSS. SAGE Publications. Salkind, N. J. (2014).

Statistics for people who (think they) hate statistics. Sage.

Navarro, D. J. & Foxcroft, D. R. (2025). Learning Statistics with jamovi: A Tutorial for Beginners in Statistical Analysis. Open Book Publishers . <https://doi.org/10.11647/OBP.0333>

Languages necessary to complete the course:

English

Notes:**Past grade distribution**

Total number of evaluated students: 0

A	B	C	D	E	FX
0,0	0,0	0,0	0,0	0,0	0,0

Lecturers: Mgr. Katarína Greškovičová, PhD., Mgr. Rastislav Janičík

Last change: 30.06.2025

Approved by: prof. Mgr. Lenka Sokolová, PhD.

COURSE DESCRIPTION

Academic year: 2025/2026	
University: Comenius University Bratislava	
Faculty: Faculty of Social and Economic Sciences	
Course ID: FSEV.ÚAP/1-UAPen-1360/22	Course title: Statistics for Bachelors Thesis
Educational activities: Type of activities: seminar Number of hours: per week: 4 per level/semester: 52 Form of the course: combined	
Number of credits: 6	
Recommended semester: 6.	
Educational level: I.	
Prerequisites:	
Course requirements: Final exam at the end of semester (100%), comprising of statistical analysis of a given data set Grades scale: A (100-91%,excellent – excellent outcomes), B (90-81%, very good – above average), C (80-73%, good – good, reliable work), D (72-66%, acceptable –acceptable outcomes), E (65-60%, minimum pass – outcomes meeting minimal criteria), Fx (59-0%, fail – requires additional work) Any form of plagiarism is considered a disciplinary offense under the Comenius University in Bratislava’s Disciplinary Regulations for Students and will automatically result in a final course grade of Fx. Students are obliged to observe the general ethical principles during the study of this course, in accordance with the provisions of the Code of Ethics of Comenius University in Bratislava.	
Learning outcomes: KNOWLEDGE 1.Student has the general knowledge in this subject, including relevant updates; 2. Student has the knowledge of ethical principles associated with psychological and research work as well as the ability to apply them. SKILLS 3.Student is able to design a simple research plan (e.g., an experiment) and conduct it, including data collection and its quantitative analysis; 4. Student is able to interpret study results; 5. Student is able to write research reports. COMPETENCES 6.Student has the ability to work autonomously when solving specific issues in dynamic psychological settings; 7.Student can plan their additional studies;	

8. Student has the ability to autonomously and responsibly decide when solving problems in given study subjects; 9. Student has the capacity to appropriately and professionally present opinions; 10. In their final thesis, student applies acquired competence using quantitative approach; 11. Student shows autonomy when solving theoretical and practical issues in larger contexts; 12. Student expresses their opinion in appropriate (oral and written) manner.					
Class syllabus: Working in R Working with data Statistical significance, effect and power Statistical models and variance Descriptive and inferential statistics Correlations Parametric and non-parametric tests T-test # ² ANOVA Reporting results					
Recommended literature: Field, A. (2012). Discovering Statistics Using R. Sage. Kanovský, M. (2016). Robustné Štatistické Metódy v Sociálnych Vedách. Slovenská asociácia sociálnej antropológie.					
Languages necessary to complete the course: English					
Notes:					
Past grade distribution Total number of evaluated students: 6					
A	B	C	D	E	FX
50,0	33,33	0,0	0,0	0,0	16,67
Lecturers: Mgr. Rastislav Janičík					
Last change: 11.07.2024					
Approved by: prof. Mgr. Lenka Sokolová, PhD.					

COURSE DESCRIPTION

Academic year: 2025/2026	
University: Comenius University Bratislava	
Faculty: Faculty of Social and Economic Sciences	
Course ID: FSEV.ÚAP/1-UAPen-1410/22	Course title: Train the Trainer (Soft Skills)
Educational activities: Type of activities: practicals Number of hours: per week: 4 per level/semester: 52 Form of the course: combined	
Number of credits: 6	
Recommended semester: 3.	
Educational level: I.	
Prerequisites:	
Course requirements: During the semester a series of practical assignments tasks and homework (up to max. 100 points in total). In order to obtain an A rating, at least 91 points must be scored, at least 82 points must be scored B, at least 73 points for a C rating, at least 66 points for a D rating and at least 60 for an E rating. Any form of plagiarism is considered a disciplinary offense under the Comenius University in Bratislava's Disciplinary Regulations for Students and will automatically result in a final course grade of Fx. Students are obliged to observe the general ethical principles during the study of this course, in accordance with the provisions of the Code of Ethics of Comenius University in Bratislava.	
Learning outcomes: After completing the course, students will be able to create basic development programs and independently carry out simple educational activities aimed at developing soft skills.	
Class syllabus: 1. Introduction to soft skills development 2. Presentation skills 3. Facilitation skills 4. Coaching skills 5. Conducting a briefing/debriefing 6. Design of development programmes 7. Evaluation of development programmes 8. Preparation and implementation of development activity	
Recommended literature: Beevers, K., Rea, A., & Hayden, D. (2017). Learning and Development Practise in the Workplace. Kogan Page. Duarte, N. (2008). Slideology. O'Reilly Media. Hunter, D. (2007). The Art of Facilitation. Jossey Bass. Landsberg, M. (2015). The Tao of Coaching. Profile Books. Reynolds, G. (2012). Presentation Zen. Berkeley.	
Languages necessary to complete the course: English	
Notes:	

Past grade distribution					
Total number of evaluated students: 32					
A	B	C	D	E	FX
50,0	25,0	12,5	9,38	3,13	0,0
Lecturers:					
Last change: 11.07.2024					
Approved by: prof. Mgr. Lenka Sokolová, PhD.					