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Academic year: 2022/2023

University: Comenius University Bratislava

Faculty: Faculty of Physical Education and Sports

Course ID: Course title:

FTVŠ/dVP-037/21 Aesthetic aspects of physical activity

**Educational activities:** 

Type of activities: Number of hours:

per week: per level/semester: Form of the course: on-site learning

Number of credits: 3

**Recommended semester:** 

**Educational level:** III.

**Prerequisites:** 

#### **Course requirements:**

Overall course evaluation 100% -91% - A, 90% -81% - B, 80% -71% - C, 70% -61% - D, 60% -51% -E, 50% and less FX

Final evaluation: elaboration of a seminar work on the issue of factors of aesthetic aspects of physical activity in the context of the thematic scope of the dissertation theses.

#### **Learning outcomes:**

The student will get deeper knowledge in the field of research of aesthetics of movement and physical activity with a focus on the basic principles, principles and roles of aesthetics in the science of sport. He knows the aesthetic aspects of the body and their development in relation to physical activity and selected sports activity, and is able to define aesthetic aspects of evaluation of selected sports performance and apply them creatively in real models.

#### Class syllabus:

- 1. Basics, definition of the term, tasks of aesthetics within the sciences of sport.
- 2. Aesthetic aspects in relation to physical activity, development of aesthetic values.
- 3. Aesthetic aspects of the body and corporality in terms of sports activity.
- 4. Aesthetic aspects of sports performance evaluation.
- 5. Status and perspectives of research in the field of aesthetics of physical activity.

#### Recommended literature:

- 1. DA COSTA, L.A & T. OLIVEIRA LACERDA. 2016. On the aesthetic potential of sports and Physical Education, Sport, Ethics & Philosophy, 10: 4, 444 -464, DOI: 10.1080/17511321.2016.1210209.
- 2. OBORNÝ, J. & SEMAN, F. 2013. Estetika tela, telesnosti a športového pohybu. Zborník príspevkov z vedeckej konferencie s medzinárodnou účasťou. Bratislava: Slovenská vedecká spoločnosť pre telesnú výchovu a šport v spolupráci s Univerzitou Komenského, Fakultou telesnej výchovy a športu, 2013. 206 s. ISBN 978-80-89075-38-6.
- 3. POMER, J. (2009). Dance composition: an interrelated arts approach. Champaign: Human Kinetics, 2009.

4. TAINIO, M. 2019. Contemporary physical activities: the aesthetic justification, Sport in Society, 22:5, 846-860, DOI: 10.1080/17430437.2018.1430483.

# Languages necessary to complete the course:

Slovak and English

**Notes:** 

## Past grade distribution

Total number of evaluated students: 0

A	ABS0	В	С	D	Е	FX	NEABS	P
0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0

Lecturers: prof. PaedDr. Ol'ga Kyselovičová, PhD.

Last change: 29.11.2022

Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-028/21 Authorship or co-authorship in the creation of teaching texts **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning **Number of credits: 3 Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 1 В  $\mathbf{C}$ Е P Α ABS0 D FX **NEABS** 0,0 100,0 0,0 0,0 0,00,00,00,0 0,0**Lecturers:** Last change: Approved by:

Academic year: 2022/2023

University: Comenius University Bratislava

Faculty: Faculty of Physical Education and Sports

Course ID: Course title:

FTVŠ/dVP-032/21 Biochemical bases of movement performance

**Educational activities:** 

Type of activities: Number of hours:

per week: per level/semester: Form of the course: on-site learning

Number of credits: 3

**Recommended semester:** 

**Educational level:** III.

**Prerequisites:** 

# **Course requirements:**

#### **Learning outcomes:**

After completing the course the student is familiar with biochemical processes that are the basis of sport performance in individual sport disciplines. He uderstands the ways of creating energy in different types of physical activity, metabolic response to loading of various character. He knows the causes of fatigue and the limitation of sports performance, the genetic basis of sport performance and the influence of nutritional supplements on athlete performance as well.

### Class syllabus:

- 1. Biochemical processes providing energy for different sport disciplines.
- 2. Impact of nutrition on performance in specific sport disciplines
- 3. Mechanisms of the fatigue and biochemical limitation of sport performance.
- 4. Biochemical adaptation to training.

#### **Recommended literature:**

- 1. MAUGHAN, Ronald J. a Michael GLEESON. The Biochemical Basis of Sports Performance. Oxford: University Press, 2010. ISBN 978-0199208289.
- 2. MAUGHAN, Ronald, J. a Louise M. BURKE. Sports Nutrition. John Wiley & Sons, 2002. ISBN: 978-0632058143.
- 3. MacLAREN, Donald a James MORTON. Biochemistry for Sport and Exercise Metabolism. Wiley, 2011. ISBN: 978-0-470-09185-2.

#### Languages necessary to complete the course:

Slovak and English

#### **Notes:**

#### Past grade distribution

Total number of evaluated students: 0

A	ABS0	В	С	D	Е	FX	NEABS	Р
0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0

Lecturers:	
<b>Last change:</b> 29.11.2022	
Approved by:	

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-007/21 Choreography of a movement composition and its presentation at a domestic competition **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 5 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 2 ABS0 В Α  $\mathbf{C}$ D Е FX **NEABS** P 0.0 0.0 0.0 100.0 0.0 0.0 0.0 0.0 0.0 Lecturers: Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-017/21 Citations from publications during studies-foreign (credits for 1 citation) **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 2 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 4 ABS0 В Α  $\mathbf{C}$ D Е FX **NEABS** P 0.0 0.0 0.0 100.0 0.0 0.0 0.0 0.0 0.0 Lecturers: Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-017a/22 Citations from publications during studies-foreign (credits for 1 citation) **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 2 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 3 ABS0 В Α  $\mathbf{C}$ D Е FX **NEABS** P 0.0 0.0 0.0 100.0 0.0 0.0 0.0 0.0 0.0 Lecturers: Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-017b/22 Citations from publications during studies-foreign (credits for 1 citation) **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 2 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 3 ABS0 В Α  $\mathbf{C}$ D Е FX **NEABS** P 0.0 0.0 0.0 100.0 0.0 0.0 0.0 0.0 0.0 Lecturers: Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-017c/22 Citations from publications during studies-foreign (credits for 1 citation) **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 2 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 3 ABS0 В Α  $\mathbf{C}$ D Е FX **NEABS** P 0.0 0.0 0.0 100.0 0.0 0.0 0.0 0.0 0.0 Lecturers: Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-017d/22 Citations from publications during studies-foreign (credits for 1 citation) **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 2 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 3 ABS0 В Α  $\mathbf{C}$ D Е FX **NEABS** P 0.0 0.0 0.0 100.0 0.0 0.0 0.0 0.0 0.0 Lecturers: Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-017e/22 Citations from publications during studies-foreign (credits for 1 citation) **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 2 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 3 ABS0 Α В  $\mathbf{C}$ D Е FX **NEABS** P 0.0 0.0 0.0 100.0 0.0 0.0 0.0 0.0 0.0 Lecturers: Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-017f/22 Citations from publications during studies-foreign (credits for 1 citation) **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 2 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 3 ABS0 В Α  $\mathbf{C}$ D Е FX **NEABS** P 0.0 0.0 0.0 100.0 0.0 0.0 0.0 0.0 0.0 Lecturers: Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-017g/22 Citations from publications during studies-foreign (credits for 1 citation) **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 2 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 1 ABS0 В Α  $\mathbf{C}$ D Е FX **NEABS** P 0.0 0.0 0.0 100.0 0.0 0.0 0.0 0.0 0.0 Lecturers: Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-017h/22 Citations from publications during studies-foreign (credits for 1 citation) **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 2 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 1 ABS0 В C Α D Е FX **NEABS** P 0.0 0.0 0.0 100.0 0.0 0.0 0.0 0.0 0.0 **Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-017i/22 Citations from publications during studies-foreign (credits for 1 citation) **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 2 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 1 ABS0 В C Α D Е FX **NEABS** P 0.0 0.0 0.0 100.0 0.0 0.0 0.0 0.0 0.0 **Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-017j/22 Citations from publications during studies-foreign (credits for 1 citation) **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 2 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 1 ABS0 В C Α D Е FX **NEABS** P 0.0 0.0 0.0 100.0 0.0 0.0 0.0 0.0 0.0 **Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-017k/22 Citations from publications during studies-foreign (credits for 1 citation) **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 2 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 1 ABS0 В C Α D Е FX **NEABS** P 0.0 0.0 0.0 100.0 0.0 0.0 0.0 0.0 0.0 **Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-0171/22 Citations from publications during studies-foreign (credits for 1 citation) **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 2 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 0 ABS0 В Α  $\mathbf{C}$ D Е FX **NEABS** P 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 **Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-017m/22 Citations from publications during studies-foreign (credits for 1 citation) **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 2 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 0 ABS0 В Α  $\mathbf{C}$ D Е FX **NEABS** P 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 **Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-017n/22 Citations from publications during studies-foreign (credits for 1 citation) **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 2 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 0 ABS0 В Α  $\mathbf{C}$ D Е FX **NEABS** P 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 **Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-017o/22 Citations from publications during studies-foreign (credits for 1 citation) **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 2 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 0 ABS0 В Α  $\mathbf{C}$ D Е FX **NEABS** P 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 **Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-017p/22 Citations from publications during studies-foreign (credits for 1 citation) **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 2 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 0 ABS0 В Α  $\mathbf{C}$ D Е FX **NEABS** P 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 **Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-017r/22 Citations from publications during studies-foreign (credits for 1 citation) **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 2 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 0 ABS0 В Α  $\mathbf{C}$ D Е FX **NEABS** P 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 **Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-017s/22 Citations from publications during studies-foreign (credits for 1 citation) **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 2 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 0 ABS0 В Α  $\mathbf{C}$ D Е FX **NEABS** P 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 **Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-017t/22 Citations from publications during studies-foreign (credits for 1 citation) **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 2 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 0 ABS0 В Α  $\mathbf{C}$ D Е FX **NEABS** P 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 **Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-017u/22 Citations from publications during studies-foreign (credits for 1 citation) **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 2 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 0 ABS0 В Α  $\mathbf{C}$ D Е FX **NEABS** P 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 **Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-017v/22 Citations from publications during studies-foreign (credits for 1 citation) **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 2 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 0 ABS0 В Α  $\mathbf{C}$ D Е FX **NEABS** P 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 **Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-016/21 Citations from publications during study-at-home (credits for 1 citation) **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 1 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 1 ABS0 В C Α D Е FX **NEABS** P 0.0 0.0 0.0 100.0 0.0 0.0 0.0 0.0 0.0 **Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-016a/22 Citations from publications during study-at-home (credits for 1 citation) **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 1 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 0 ABS0 В Α  $\mathbf{C}$ D Е FX **NEABS** P 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 **Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-016b/22 Citations from publications during study-at-home (credits for 1 citation) **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 1 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 0 ABS0 В Α  $\mathbf{C}$ D Е FX **NEABS** P 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 **Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-016c/22 Citations from publications during study-at-home (credits for 1 citation) **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 1 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 0 ABS0 В Α  $\mathbf{C}$ D Е FX **NEABS** P 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 **Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-016d/22 Citations from publications during study-at-home (credits for 1 citation) **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 1 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 0 ABS0 В Α  $\mathbf{C}$ D Е FX **NEABS** P 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 **Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-016e/22 Citations from publications during study-at-home (credits for 1 citation) **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 1 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 0 ABS0 В Α  $\mathbf{C}$ D Е FX **NEABS** P 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 **Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-016f/22 Citations from publications during study-at-home (credits for 1 citation) **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 1 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 0 ABS0 В Α  $\mathbf{C}$ D Е FX **NEABS** P 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 **Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-004/21 Creating the choreography of a movement composition and its presentation at the World Championships, ME, OH, SP **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 10 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 1 ABS0 Α В  $\mathbf{C}$ D Е FX **NEABS** P 0.0 0.0 100.0 0.0 0.0 0.0 0.0 0.0 0.0 **Lecturers:** Last change: Approved by:

Academic year: 2022/2023

University: Comenius University Bratislava

Faculty: Faculty of Physical Education and Sports

Course ID: Course title:

FTVŠ/dPP-009/21 Creation of a dissertation I

**Educational activities:** 

Type of activities: Number of hours:

per week: per level/semester: Form of the course: on-site learning

**Number of credits: 5** 

Recommended semester: 4.

**Educational level:** III.

# **Prerequisites:**

## **Course requirements:**

100%-91% - A, 90%-81% - B, 80%-71% - C, 70%-61% - D, 60%-51% -E, 50% and less FX Continuous assessment: presentation at seminars and conferences.

Final evaluation: based on the submission of a written work.

### **Learning outcomes:**

Acquire the methods of research related to the acquisition of empirical material and its processing.

### Class syllabus:

- 1. Research work in the sense of a set scientific problem and hypotheses of the dissertation.
- 2. Processing of empirical material.
- 3. Continuous presentation of partial results of work at seminars and conferences.

### **Recommended literature:**

Foreign and domestic scientific monographs, journals, proceedings, electronic databases and other information sources on the issue of the dissertation.

# Languages necessary to complete the course:

Slovak and English

## **Notes:**

# Past grade distribution

Total number of evaluated students: 7

A	ABS0	В	С	D	Е	FX	NEABS	P
0,0	100,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0

### **Lecturers:**

**Last change:** 28.11.2022

Approved by:

Academic year: 2022/2023

University: Comenius University Bratislava

Faculty: Faculty of Physical Education and Sports

Course ID: Course title:

FTVŠ/dPP-011/21 Creation of a dissertation II

**Educational activities:** 

Type of activities: Number of hours:

per week: per level/semester: Form of the course: on-site learning

**Number of credits: 5** 

**Recommended semester:** 7.

**Educational level:** III.

# **Prerequisites:**

## **Course requirements:**

100% - 91% - A, 90% - 81% - B, 80% - 71% - C, 70% - 61% - D, 60% - 51% -E, 50% and less FX

Presentation of the working version of the dissertation

Interim evaluation: -

Final evaluation: based on the presentation of the working version of the dissertation at the workplace where the student is assigned

## **Learning outcomes:**

To give the student the opportunity to learn ways to interpret the results, their critical evaluation and formulation of knowledge and conclusions.

## Class syllabus:

- 1. Interpretation of dissertation results.
- 2. Critical analysis of dissertation results.
- 3. Formulation of knowledge and conclusions of the work.
- 4. Presentation of the dissertation-working version at the department.

## **Recommended literature:**

Foreign and domestic scientific monographs, journals, proceedings, electronic databases and other information sources on the issue of the dissertation.

## Languages necessary to complete the course:

Slovak and English

## **Notes:**

## Past grade distribution

Total number of evaluated students: 8

A	ABS0	В	С	D	Е	FX	NEABS	P
0,0	87,5	0,0	0,0	0,0	0,0	0,0	0,0	12,5

#### Lecturers:

<b>Last change:</b> 28.11.2022	
Approved by:	

Academic year: 2022/2023

University: Comenius University Bratislava

Faculty: Faculty of Physical Education and Sports

Course ID: Course title:

FTVŠ/dPP-005/21 Creation of a dissertation project

**Educational activities:** 

Type of activities: Number of hours:

per week: per level/semester: Form of the course: on-site learning

**Number of credits: 5** 

**Recommended semester: 2.** 

**Educational level: III.** 

# **Prerequisites:**

## **Course requirements:**

100%-91% - A, 90%-81% - B, 80%-71% - C, 70%-61% - D, 60%-51% -E, 50% and less FX Continuous assessment: presentation at scientific seminars and conferences, participation in conferences of student scientific, professional and artistic activities, consultations Final evaluation: theoretical and methodological qualities of the dissertation project

## Learning outcomes:

The student masters the operationalization of research procedures, has thoroughly mastered, and verified the basic relevant methods of scientific work related to the processing of theoretical and empirical knowledge in the field of sports sciences. He can apply this knowledge in the process of word processing of the dissertation project. He acquired the ability to independently search for adequate scientific literature. He can professionally defend the basic ideas of his project.

### Class syllabus:

- 1. Research work in the sense of a set scientific problem and hypotheses of the dissertation.
- 2. Processing of theoretical knowledge into a relevant system form and evaluation of the basic set of obtained empirical data, facts and figures.
- 3. Continuous presentation of partial results of the work in a journal publication and at scientific seminars and conferences.
- 4. Defense of the dissertation project before the commission to perform the dissertation examination.

## **Recommended literature:**

Internal regulation no. 7/2018 Directive of the Rector of Comenius University in Bratislava, Full text of internal regulation no. 12/2013 Directive of the Rector of Comenius University in Bratislava on the basic requirements for final theses, rigorous theses and habilitation theses, control of their originality, storage and access to Comenius University in Bratislava, as amended by Supplement no. 1 and Appendix no. 2.

Foreign and domestic scientific monographs, journals, proceedings, electronic databases and other information sources on the issues of the dissertation project.

## Languages necessary to complete the course:

Slovak and English									
Notes:									
Past grade distribution Total number of evaluated students: 10									
A ABSO B C D E FX NEABS							P		
0,0	100,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	
Lecturers:									
Last change: 28.11.2022									
Approve	d by:								

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dPP-004a/21 Creative scientific research/pedagogical activity **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 10 Recommended semester: 1., 2.. **Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 0 В C Е P Α ABS0 D FX **NEABS** 0,0 0,0 0,0 0,0 0,0 0,00,00,0 0,0**Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dPP-004b/21 Creative scientific research/pedagogical activity **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 11 Recommended semester: 1., 2.. **Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 0 В C Е P Α ABS0 D FX **NEABS** 0,0 0,0 0,0 0,0 0,00,00,00,0 0,0**Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dPP-006a/21 Creative scientific research/pedagogical activity **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 14 Recommended semester: 1., 2.. **Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 0 В C Е P Α ABS0 D FX **NEABS** 0,0 0,0 0,0 0,0 0,0 0,00,00,0 0,0**Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dPP-008a/21 Creative scientific research/pedagogical activity **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning **Number of credits: 5** Recommended semester: 3., 4.. **Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 0 В C Е P Α ABS0 D FX **NEABS** 0,0 0,0 0,0 0,00,0 0,00,00,0 0,0**Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dPP-010/21 Creative scientific research/pedagogical activity **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 25 **Recommended semester:** 6. **Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 0 В C Е P Α ABS0 D FX **NEABS** 0,0 0,0 0,0 0,0 0,0 0,00,00,0 0,0**Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dPP-010a/21 Creative scientific research/pedagogical activity **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 20 Recommended semester: 5., 6.. **Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 0 В C Е P Α ABS0 D FX **NEABS** 0,0 0,0 0,0 0,0 0,0 0,00,00,0 0,0**Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dPP-012a/21 Creative scientific research/pedagogical activity **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 10 **Recommended semester:** 7., 8.. **Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 0 В  $\mathbf{C}$ Е P Α ABS0 D FX **NEABS** 0,0 0,0 0,0 0,00,0 0,00,00,0 0,0**Lecturers:** Last change: Approved by:

# STATE EXAM DESCRIPTION

Academic year: 2022/2023							
University: Comenius Universi	University: Comenius University Bratislava						
Faculty: Faculty of Physical Ed	lucation and Sports						
Course ID: Course title: FTVŠ/d-1a/22 Defence of dissertation thesis							
Number of credits: 0							
Educational level: III.							
State exam syllabus:							
Last change:							
Approved by:							

Academic year: 2022/2023

University: Comenius University Bratislava

Faculty: Faculty of Physical Education and Sports

Course ID: Course title:

FTVŠ/dVP-033/21 Determinants of physical activity

**Educational activities:** 

Type of activities: Number of hours:

per week: per level/semester: Form of the course: on-site learning

Number of credits: 3

**Recommended semester:** 

**Educational level:** III.

**Prerequisites:** 

## **Course requirements:**

Overall course evaluation 100% -91% - A, 90% -81% - B, 80% -71% - C, 70% -61% - D, 60% -51% -E, 50% and less FX

Final evaluation: elaboration of a seminar work on the issue of factors of physical activity vs. inactivity in the context of the thematic scope of the dissertation theses.

## **Learning outcomes:**

The student knows the theoretical basis of research and the structure of determinants of physical activity, understands the variability of social and biological factors of physical activity, their weight in different stages of ontogenesis and in the way of life of differentiated groups of the population. He knows the methodological approaches to research of subjective and objective factors and correlates determining physical activity. The student is able to synthesize, critically evaluate and creatively apply the analyzed knowledge in the context of their own research problem as a starting point of their own research.

## Class syllabus:

- Structure of determinants of physical activity and the importance of their identification.
- Methodological approaches and research methods of factors determining physical activity.
- Social determinants of physical activity.
- Conditions as a factor of physical activity (natural, economic, institutionalized).
- School as an institutionalized determinant of physical activity.
- Family biological and social factor of physical activity of children and youth.
- Barriers to physical activity and causes of abandonment of sports activity, analysis and evaluation.

## **Recommended literature:**

1. ALEKSOVSKA, K., PUGGINA, A., GIRALDI, L. et al. 2019. Biological determinants of physical activity across the life course: a "Determinants of Diet and Physical Activity" (DEDIPAC) umbrella systematic literature review. Sports Med - Open 5, 2 (2019). https://doi.org/10.1186/s40798-018-0173-9.

- 2. CONDELLO, G., PUGGINA, A., ALEKSOVSKA, K. et al. 2017. Behavioral determinants of physical activity across the life course: a "DEterminants of DIet and Physical ACtivity" (DEDIPAC) umbrella systematic literature review. Int J Behav Nutr Phys Act 14, 58 (2017). https://doi.org/10.1186/s12966-017-0510-2.
- 3. KLEINKE, F., PENNDORF, P., ULBRICHT, S., DÖRR, M., HOFFMANN, W., VAN DEN BERG, N.2020. Levels of and determinants for physical activity and physical inactivity in a group of healthy elderly people in Germany: Baseline results of the MOVING-study. PLoS ONE 15(8): e0237495. https://doi.org/10.1371/journal.pone.0237495.
- 4. MIKLÁNKOVÁ, L. 2009. Environmentálne stimuly v pohybové aktivitě dětí předškolního věku. Olomouc: Univerzita Palackého v Olomouci, Fakulta tělesné kultury, 2009, 168 s.
- 5. MEDEKOVÁ, H. 2011. Rodina sociálny determinant pohybovej aktivity detí. In Šport a zdravie. Nitra: UKF 2011.
- 6. NEULS, F. FRÖMEL, K. 2016. Pohybová aktivita a sportovní preference adolescentek. Olomouc, Palacký Univerzita, FTK.
- 7. OBORNÝ, J. a kol. 2013. Športové pohybové aktivity a životný štýl (vybrané problémy). Monografický zborník vedeckých štúdií. Bratislava : Slovenská vedecká spoločnosť pre telesnú výchovu a šport v spolupráci s Univerzitou Komenského v Bratislave, Fakultou telesnej výchovy a športu, 2013. ISBN 978-80-89075-41-6.

# Languages necessary to complete the course:

Slovak and English

#### Notes:

## Past grade distribution

Total number of evaluated students: 0

A	ABS0	В	С	D	Е	FX	NEABS	P
0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0

Lecturers: prof. PaedDr. Ol'ga Kyselovičová, PhD.

Last change: 29.11.2022

Approved by:

Academic year: 2022/2023

University: Comenius University Bratislava

Faculty: Faculty of Physical Education and Sports

Course ID: Course title:

FTVŠ/dVP-035/21 Diagnostics of endurance and strength abilities

**Educational activities:** 

Type of activities: Number of hours:

per week: per level/semester: Form of the course: on-site learning

Number of credits: 3

**Recommended semester:** 

**Educational level: III.** 

**Prerequisites:** 

## **Course requirements:**

100%-91% - A, 90%-81% - B, 80%-71% - C, 70%-61% - D, 60%-51% -E, 50% a menej FX Elaboration of model methods and protocols for functional evaluation in selected sport or disciline within year's training cycle.

## Learning outcomes:

Students understand basic principles of energy sources for muscle work depending of intensity and duration of exercise. They are familiar with the terms of power and capacity within the frame of evaluation of anaerobic alactacid and lactacid capabilities. They know the concepts of anaerobic thershold, maximal oxygen uptake, maximal aerobic power as well as direct and indirect methods of their evaluation. They understand principles of muscle force regulation, are familiar with the terms of maximal force, 1RM, muscle power, rate of the force development, stregth endurance as well as with the methods for their assessment. They known how to apply results of diagostic procedure for the evaluation of training efficiency and control of intensity of training stimuli.

## Class syllabus:

- 1. Direct methods of evaluation of aerobic capabilites.
- 2. Indirect methods of evaluation of aerobic capabilites.
- 3. Evaluation of anaerobic capabilities.
- 4. Biomechanical and physological principles of the evaluation of stregth capabilies.
- 5. Traditional and modern methods for the evaluation of strength capabilies.
- 6. Practical application of the evaluation of strength capabilities.

#### **Recommended literature:**

- 1. Mc DOUGALL, A.: Physiological tests for elite athletes. Human Kinetics, 2012.
- 2. REIMAN, P.M., MANSKE, R.C.: Functional Testing in Human Performance, Human Kinetics 2009.
- 3. KOMADEL, Ľ., HAMAR, D., MARČEK, T. Diagnostika trénovanosti. Bratislava: Šport, 1985.

## Languages necessary to complete the course:

Slovak and English

Notes:	Notes:									
Past grade distribution  Total number of evaluated students: 6										
A ABSO B C D E FX NEABS							P			
0,0	100,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0		
Lecturers	: prof. MUI	Dr. Dušan I	Hamar, CSc	·.						
Last change: 29.11.2022										
Approved	Approved by:									

Academic year: 2022/2023

University: Comenius University Bratislava

Faculty: Faculty of Physical Education and Sports

Course ID: Course title:

FTVŠ/dVP-034/21 Diagnostics of speed and coordination skills

**Educational activities:** 

Type of activities: Number of hours:

per week: per level/semester: Form of the course: on-site learning

**Number of credits: 3** 

**Recommended semester:** 

**Educational level: III.** 

**Prerequisites:** 

**Course requirements:** 

**Learning outcomes:** 

Class syllabus:

**Recommended literature:** 

Languages necessary to complete the course:

**Notes:** 

Past grade distribution

Total number of evaluated students: 1

A	ABS0	В	С	D	Е	FX	NEABS	P
0,0	100,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0

Lecturers: prof. Mgr. Erika Zemková, PhD.

Last change: 30.05.2022

Approved by:

Academic year: 2022/2023

University: Comenius University Bratislava

Faculty: Faculty of Physical Education and Sports

Course ID:

**Course title:** 

FTVŠ/dVP-036/21

Educational peculiarities of the process in sports of people with

health disorders

**Educational activities:** 

Type of activities: Number of hours:

per week: per level/semester: Form of the course: on-site learning

Number of credits: 3

**Recommended semester:** 

**Educational level: III.** 

## **Prerequisites:**

## **Course requirements:**

100%-91% - A, 90%-81% - B, 80%-71% - C, 70%-61% - D, 60%-51% -E, 50% and less FX Continuous assessment: Elaboration of a seminar work with an analysis of the possibilities of implementing a physical education process with people with health disorders.

Final evaluation: Elaboration of a creative scientific task with acceptance of the peculiarities of health disorders in a specific sport.

## **Learning outcomes:**

The student knows the expanding knowledge of the didactics of the physical education process of various kinds with people with health disorders. He has a theoretical view and skills for applying the specifics of pedagogical work in order to improve physical and sports performance. Can create an implementation idea of the structure of competencies for managing the physical education process with people with chronic non-communicable diseases and disabilities. Can apply the theoretical basis of the physical education process in the real conditions of his dissertation.

### Class syllabus:

Physical education process with athletes with health disorders. Methods and methodological approaches to the study of causal relationships between elements of the educational system. Peculiarities of education through sports during sports activities and specifics of peculiarities of education in sports sciences. Status and perspectives of research in sports of individuals with health disorders from the point of view of the subject of research in sports sciences.

#### **Recommended literature:**

- 1. NEMČEK, D., 2020. Indikátory a domény kvality života športujúcich a nešportujúcich mužov s poruchami zdravia. Bratislava: SVSTVŠ. ISBN 978-80-89075-95-9.
- 2. NEMČEK, D. & J. LABUDOVÁ, 2015. Súťaže v športe pre všetkých a v športe zdravotne postihnutých. Bratislava: END. ISBN 978-80-89324-14-9.
- 3. LABUDOVÁ, J., D. NEMČEK & S. KRAČEK. 2014. Obezita a ďalšie metabolické poruchy. Bratislava: END. ISBN 978-80-89-324-13-2

- 4. LABUDOVÁ, J., O. VESELÁ, I. GÁLYOVÁ, D. NEMČEK, et al., 2010. Edukológia zdravotnej telesnej výchovy a športu postihnutých. Bratislava: SZRTVŠ. ISBN 978-80-89324-04-0.
- 5. NEMČEK, D., J. LABUDOVÁ, J. ŠIMONEK, et al. 2008. Tvorba a manažovanie cvičebnej jednotky. Bratislava: ICM Agency. ISBN 978-80-89257-11-9.

# Languages necessary to complete the course:

Slovak and English

## **Notes:**

# Past grade distribution

Total number of evaluated students: 0

A	ABS0	В	С	D	Е	FX	NEABS	P
0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0

### **Lecturers:**

Last change: 29.11.2022

Approved by:

Academic year: 2022/2023

University: Comenius University Bratislava

Faculty: Faculty of Physical Education and Sports

**Course ID:** 

**Course title:** 

FTVŠ/dPP-007/21

Elaboration of the dissertation project and execution of the

dissertation exam

**Educational activities:** 

Type of activities: Number of hours:

per week: per level/semester: Form of the course: on-site learning

Number of credits: 10

**Recommended semester: 3.** 

**Educational level: III.** 

**Prerequisites:** 

**Course requirements:** 

**Learning outcomes:** 

Class syllabus:

**Recommended literature:** 

Languages necessary to complete the course:

**Notes:** 

Past grade distribution

Total number of evaluated students: 0

A	ABS0	В	С	D	Е	FX	NEABS	P
0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0

**Lecturers:** 

Last change: 10.05.2022

Approved by:

#### STATE EXAM DESCRIPTION

Academic year: 2022/2023

University: Comenius University Bratislava

Faculty: Faculty of Physical Education and Sports

Course ID:

Course title:

FTVŠ/dPP-007x/22

Elaboration of the dissertation project and execution of the

dissertation exam

Number of credits: 10

**Educational level:** III.

## **Course requirements:**

100%-91% - A, 90%-81% - B, 80%-71% - C, 70%-61% - D, 60%-51% -E, 50% and less FX Continuous assessment: journal publication, presentation at scientific seminars and conferences; consultation.

Final evaluation: dissertation project

## **Learning outcomes:**

The student has thoroughly mastered operational procedures and verified all relevant methods of scientific work related to the processing of theoretical knowledge and relevant empirical material in the field of Sports Sciences on the example of their own project. Can apply this knowledge in the process of word processing of a dissertation project. He acquired the ability to independently search for adequate scientific literature. He can professionally defend the basic ideas of his project.

## Class syllabus:

- 1. Research in the sense of a set scientific problem and hypotheses of the dissertation.
- 2. Processing of theoretical knowledge into a relevant system form and evaluation of the basic set of obtained empirical data, facts and figures.
- 3. Continuous presentation of partial results of the work in a journal publication and at scientific seminars and conferences.
- 4. Defense of the dissertation project before the commission for conducting the dissertation examination.

## State exam syllabus:

### **Recommended literature:**

Internal regulation no. 7/2018 Directive of the Rector of Comenius University in Bratislava, Full text of internal regulation no. 12/2013 Directive of the Rector of Comenius University in Bratislava on the basic requirements for final theses, rigorous theses and habilitation theses, control of their originality, storage and access to Comenius University in Bratislava, as amended by Supplement no. 1 and Appendix no. 2.

Foreign and domestic scientific monographs, journals, proceedings, electronic databases and other information sources on the issues of the dissertation project.

## Languages necessary to complete the course:

Slovak and English

Last change: 28.11.2022

Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-025/21 Elaboration of the opponent's assessment for the final thesis **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 1 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 10 В  $\mathbf{C}$ Е P Α ABS0 D FX **NEABS** 0,0 100,0 0,0 0,0 0,00,00,00,0 0,0**Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-025a/22 Elaboration of the opponent's assessment for the final thesis **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 1 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 15 В  $\mathbf{C}$ Е P Α ABS0 D FX **NEABS** 0,0 100,0 0,0 0,0 0,0 0,00,00,0 0,0**Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-025b/22 Elaboration of the opponent's assessment for the final thesis **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 1 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 14 В  $\mathbf{C}$ Е P Α ABS0 D FX **NEABS** 0,0 100,0 0,0 0,0 0,0 0,00,00,0 0,0**Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-025c/22 Elaboration of the opponent's assessment for the final thesis **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 1 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 11 В  $\mathbf{C}$ Е P Α ABS0 D FX **NEABS** 0,0 100,0 0,0 0,0 0,0 0,00,00,0 0,0**Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-025d/22 Elaboration of the opponent's assessment for the final thesis **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 1 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 10 В  $\mathbf{C}$ Е P Α ABS0 D FX **NEABS** 0,0 100,0 0,0 0,0 0,0 0,00,00,0 0,0**Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-025e/22 Elaboration of the opponent's assessment for the final thesis **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 1 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 9 В  $\mathbf{C}$ Е P Α ABS0 D FX **NEABS** 0,0 100,0 0,0 0,0 0,0 0,00,00,0 0,0**Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-025f/22 Elaboration of the opponent's assessment for the final thesis **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 1 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 4 В  $\mathbf{C}$ Е P Α ABS0 D FX **NEABS** 0,0 100,0 0,0 0,0 0,0 0,00,00,0 0,0**Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-025g/22 Elaboration of the opponent's assessment for the final thesis **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 1 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 3 В  $\mathbf{C}$ Е P Α ABS0 D FX **NEABS** 0,0 100,0 0,0 0,00,0 0,00,00,0 0,0**Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-025h/22 Elaboration of the opponent's assessment for the final thesis **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 1 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 3 В  $\mathbf{C}$ Е P Α ABS0 D FX **NEABS** 0,0 100,0 0,0 0,00,0 0,00,00,0 0,0**Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-025i/22 Elaboration of the opponent's assessment for the final thesis **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 1 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 2 В Е P Α ABS0  $\mathbf{C}$ D FX **NEABS** 0,0 100,0 0,0 0,0 0,00,00,00,0 0,0**Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-025j/22 Elaboration of the opponent's assessment for the final thesis **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 1 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 1 В  $\mathbf{C}$ Е P Α ABS0 D FX **NEABS** 0,0 100,0 0,0 0,0 0,0 0,00,00,0 0,0**Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-025k/22 Elaboration of the opponent's assessment for the final thesis **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 1 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 1 В  $\mathbf{C}$ Е P Α ABS0 D FX **NEABS** 0,0 100,0 0,0 0,0 0,0 0,00,00,0 0,0**Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-0251/22 Elaboration of the opponent's assessment for the final thesis **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 1 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 0 В  $\mathbf{C}$ Е P Α ABS0 D FX **NEABS** 0,0 0,0 0,0 0,0 0,0 0,00,00,0 0,0**Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-025m/22 Elaboration of the opponent's assessment for the final thesis **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 2 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 0 В  $\mathbf{C}$ Е P Α ABS0 D FX **NEABS** 0,0 0,0 0,0 0,0 0,0 0,00,00,0 0,0**Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-025n/22 Elaboration of the opponent's assessment for the final thesis **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 1 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 0 В  $\mathbf{C}$ Е P Α ABS0 D FX **NEABS** 0,0 0,0 0,0 0,0 0,0 0,00,00,0 0,0**Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-025o/22 Elaboration of the opponent's assessment for the final thesis **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 1 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 0 В  $\mathbf{C}$ Е P Α ABS0 D FX **NEABS** 0,0 0,0 0,0 0,0 0,0 0,00,00,0 0,0**Lecturers:** Last change: Approved by:

Academic year: 2022/2023

University: Comenius University Bratislava

Faculty: Faculty of Physical Education and Sports

Course ID: Course title:

FTVŠ/dVP-031/21 English terminology of sports sciences

#### **Educational activities:**

Type of activities: Number of hours:

per week: per level/semester: Form of the course: on-site learning

Number of credits: 3

### **Recommended semester:**

**Educational level:** III.

## **Prerequisites:**

## **Course requirements:**

100%-91% - A, 90%-81% - B, 80%-71% - C, 70%-61% - D, 60%-51% -E, 50% and less FX

Student performance evaluation: qualification degree

Mid-term evaluation: none

End of term evaluation: seminar paper (100 %)

## **Learning outcomes:**

Students will become familiar with basic terminology of sports sciences. They will be able to apply the knowledge acquired in scientific research. They will develop skills needed for professional presentation of their research design and outcomes.

## Class syllabus:

English terminology in sports sciences:

- 1. Scientific and non-scientific articles (type, structure and style of academic writing).
- 2. Research project (general guidelines and best practices for research proposals).
- 3. Scientific research presentation (traditional and contemporary approaches).

### **Recommended literature:**

- 1. HARTLEY, J. Academic writing and publishing: a practical handbook. London, UK: Routledge, 2008.
- 2. MAČURA, P. et al. English for Slovak sports experts. Bratislava: Univerzita Komenského v Bratislave, 2013.
- 3. SAVAGE, A., SHAFIEI, M. Effective academic writing. Oxford, UK: Oxford University Press, 2012.
- 4. SWORD, H. Stylish academic writing. Cambridge, MA: Harvard University Press, 2012.

## Languages necessary to complete the course:

Slovak and English

#### Notes:

1	Past grade distribution										
Total number of evaluated students: 8											
A	ABS0	В	C	D	Е	FX	NEABS	P			
0,0	100,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0			
Lecturers: prof. Mgr. Erika Zemková, PhD.											

**Last change:** 29.11.2022

Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/ERAS001/22 Erasmus - Student Mobility for Traineeship **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 2 **Recommended semester: Educational level:** I., II., III. **Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 2 В Е P A ABS0  $\mathbf{C}$ D FX **NEABS** 100,0 0,0 0,0 0,00,0 0,00,00,0 0,0**Lecturers:** Last change: Approved by:

Academic year: 2022/2023

University: Comenius University Bratislava

Faculty: Faculty of Physical Education and Sports

Course ID: Course title:

FTVŠ/dPP-003/21 Ethics of Scientific Research

Educational activities: Type of activities: Number of hours:

per week: per level/semester: Form of the course: on-site learning

**Number of credits: 5** 

**Recommended semester:** 1.

**Educational level: III.** 

**Prerequisites:** 

**Course requirements:** 

**Learning outcomes:** 

Class syllabus:

**Recommended literature:** 

Languages necessary to complete the course:

**Notes:** 

Past grade distribution

Total number of evaluated students: 12

A	ABS0	В	С	D	Е	FX	NEABS	P
0,0	100,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0

Lecturers: prof. Mgr. Erika Zemková, PhD.

Last change: 10.05.2022

Approved by:

Academic year: 2022/2023

University: Comenius University Bratislava

Faculty: Faculty of Physical Education and Sports

Course ID: Course title:

FTVŠ/dVP-112a/21 Ethics of Scientific Research

**Educational activities:** 

Type of activities: Number of hours:

per week: per level/semester: Form of the course: on-site learning

Number of credits: 4

**Recommended semester:** 

**Educational level:** III.

**Prerequisites:** 

### **Course requirements:**

100%-91% - A, 90%-81% - B, 80%-71% - C, 70%-61% - D, 60%-51% -E, 50% and less FX

Student performance evaluation: qualification degree

Mid-term evaluation: none

End of term evaluation: seminar paper (100 %)

## **Learning outcomes:**

Students will become familiar with theory of ethics in scientific research. They will be able to apply the knowledge acquired in conducting research projects and presenting research outcomes.

### Class syllabus:

- 1. Key historical events and actual human research ethics regulations and guidelines.
- 2. Ethical principles of scientific research.
- 3. Ethics in research projects.
- 4. Ethics in research papers.
- 5. Research ethics in sport sciences.
- 6. Ethical considerations in research design.

### **Recommended literature:**

- 1. LOUE, S. Textbook of research ethics: theory and practice. New York, USA: Springer, 2002.
- 2. McNAMEE, M.J. et al. Research ethics in exercise, health and sports sciences. London, UK: Routledge, 2006.
- 3. RESNIK, D.B. The ethics of research with human subjects: protecting people, advancing science, promoting trust. New York, USA: Springer, 2018.
- 4. WEST, J. Research ethics in sport and exercise science. In IPHOFEN, R. (Ed.). Handbook of research ethics and scientific integrity (pp. 1091-1107). New York, USA: Springer, 2020.

## Languages necessary to complete the course:

Slovak and English

Notes:

	Past grade distribution										
Total number of evaluated students: 18											
A	ABS0	В	C	D	Е	FX	NEABS	P			
0,0	100,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0			
Lecturers: prof. Mgr. Erika Zemková, PhD.											

**Last change:** 28.11.2022

Approved by:

Academic year: 2022/2023

University: Comenius University Bratislava

Faculty: Faculty of Physical Education and Sports

Course ID: Course title:

FTVŠ/dVP-039/21 Game performance

**Educational activities:** 

Type of activities: Number of hours:

per week: per level/semester: Form of the course: on-site learning

Number of credits: 3

**Recommended semester:** 

**Educational level:** III.

**Prerequisites:** 

## **Course requirements:**

Overall evaluation of the course:

100% -91% - A, 90% -81% - B, 80% -71% - C, 70% -61% - D, 60% -51% -E, 50% and less FX Partial evaluation of the course:

- Active participation 80% passed / failed.
- Seminar work 100%.

### **Learning outcomes:**

The graduate of the course knows the methodological approaches to the study of the structure of individual game performance and team game performance in sports games. Can diagnose the assumptions of game performance, the conditions under which game performance takes place (external and internal load) and evaluate the results of the player and the team in the match. Masters the methods of data registration, methods of registration, statistical methods and data presentation options.

## Class syllabus:

- 1. Game performance as a target category of sports training and its structure, methodological approaches to the study of the structure of game performance.
- 2. Methodological approaches in the diagnosis of the player's load in the match.
- 3. Methodological approaches to the evaluation of the game performance of players and teams in sports games.

### **Recommended literature:**

- 1. HUGHES, M., BARLETT, M. The use of performance indicators in performance analysis. J. Sports Science 2002, roč. 20, č. 5, s. 739–754.
- 2. HUGHES, M., FRANKS I.M. Notational Analysis of Sport. Second Edition. London: Routledge, 2007, 304 s. ISBN 0-415-29005-8.
- 3. PŘIDAL, V.: Herný výkon v športových hrách. Pojem štruktúra diagnostika. Bratislava : ICM Agency 2012, s.101. ISBN 978-80-89257-49-2
- 4. SCHNABEL, G., HARRE, D., BORDE, A. 1994. Trainingswissenschaft. Leistung, Training, Wettkampf. Berlin: Sportverlag, 1994. ISBN 3-328-00637-0

5. TÁBORSKÝ, F.: Herní výkon (pojem – pozorování – hodnocení). Praha: IDS ÚV ČSTV a Olympia, 1981.

# Languages necessary to complete the course:

Slovak and English

**Notes:** 

## Past grade distribution

Total number of evaluated students: 0

A	ABS0	В	С	D	Е	FX	NEABS	P
0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0

Lecturers: doc. PaedDr. Vladimír Přidal, PhD.

**Last change:** 29.11.2022

Approved by:

Academic year: 2022/2023

University: Comenius University Bratislava

Faculty: Faculty of Physical Education and Sports

Course ID: Course title:

FTVŠ/dVP-064/21 Health oriented fitness

### **Educational activities:**

Type of activities: Number of hours:

per week: per level/semester: Form of the course: on-site learning

Number of credits: 3

### **Recommended semester:**

**Educational level:** III.

## **Prerequisites:**

### **Course requirements:**

Overall course evaluation 100% -91% - A, 90% -81% - B, 80% -71% - C, 70% -61% - D, 60% -51% -E, 50% and less FX

Final evaluation: elaboration of a seminar work on the issue of specifity of health-related fitness in the context of the thematic scope of the dissertation theses.

## Learning outcomes:

The student will gain deeper knowledge in the field of research of health-related physical fitness in the field of sports. Masters the latest examples of researched issues in the world. It controls the structure of individual components of health-related physical fitness and determining the factors of their development. He is able to design a procedure for examining these factors.

Knows the morphological and functional variables of health-related physical fitness in relation to age, gender and health status. He knows the current methodological problems related to the diagnosis of health-related physical fitness. He can creatively apply the acquired knowledge in real models.

### Class syllabus:

- 1. Zdatnosť, kondícia, pracovná výkonnosť.
- 2. Zdravotne a výkonovo orientovaná zdatnosť.
- 3. Zdravotne orientovaná zdatnosť z hľadiska veku, pohlavia a zdravotného stavu.
- 4. Morfologické premenné stavba tela, telesné zloženie.
- 5. Funkčné premenné aeróbna a svalová zdatnosť, flexibilita.
- 6. Diagnostika zdravotne orientovanej zdatnosti.
- 7. Výskum v oblasti zdravotne orientovanej zdatnosti

### **Recommended literature:**

Recommended literature:

1. ACSM information on: High-intensity interval training. American College of Sports Medicine. https://www.acsm.org/read-research/resource-library. Accessed Feb. 24, 2020.

- 2. BATACAN RB, ET AL. Effects of high-intensity interval training on cardiometabolic health: A systematic review and meta-analysis of intervention studies. 2017; doi:10.1136/bjsports-2015-095841.
- 3. BRUMITT, J. (2010). Core assessment and training. Human Kinetics, Champaign, 2010.
- 4. CAO M, ET AL. Effects of high-intensity interval training versus moderate-intensity continuous training on cardiorespiratory fitness in children and adolescents: A meta-analysis. 2019; doi:10.3390/ijerph16091533.
- 5. HEYWARD, V. H., Wagner, D.R. (2004). Applied body composition assessment. Human Kinetics, Champaign, 2004.
- 6. HOWLEY, E. T. THOMPSON, D. L. (2012). Fitness professional's handbook. Human Kinetics, Champaign, 2012.
- 7. ITO S. High-intensity interval training for health benefits and care of cardiac diseases: The key to an efficient exercise protocol. 2019; doi:10.4330/wjc.v11.i7.171.
- 8. MACHADO A.F. et al. High-intensity interval training using whole-body exercises: Training recommendations and methodological overview. 2019; doi:10.1111/cpf.12433.
- 9. PHYSICAL ACTIVITY GUIDELINES FOR AMERICANS. 2nd ed. U.S. Department of Health and Human Services. https://health.gov/paguidelines/second-edition. Accessed Feb. 24, 2020.

## Languages necessary to complete the course:

Slovak and English

#### Notes:

## Past grade distribution

Total number of evaluated students: 0

A	ABS0	В	С	D	Е	FX	NEABS	P
0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0

Lecturers: prof. PaedDr. Ol'ga Kyselovičová, PhD.

Last change: 29.11.2022

Approved by:

Academic year: 2022/2023

University: Comenius University Bratislava

Faculty: Faculty of Physical Education and Sports

Course ID: Course title:

FTVŠ/dVP-040/21 Holistic ethics of the athlete person

**Educational activities:** 

Type of activities: Number of hours:

per week: per level/semester: Form of the course: on-site learning

Number of credits: 3

**Recommended semester:** 

**Educational level: III.** 

**Prerequisites:** 

### **Course requirements:**

Positive evaluation of the presentation at the seminar (in an online discussion); acceptance of the final work. Defense (online) of a written study in the range of 3-5 pages thematically focused on the emotional ethical aspects of the dissertation project and the results of the dissertation research.

### **Learning outcomes:**

The student is able to demonstrate in a sophisticated form an understanding of the specificity of holistic ethical reflection of the human body, spirit and mind and historical vicissitudes in the development of views on the relationship between body and soul and their current significance. He has the ability to apply a creative and humanistic view to the problem of calocagathy. Demonstrates the development of practical pedagogical and methodological skills in the use of ethical knowledge and training strategies in sports and physical education.

### Class syllabus:

Ethical analysis of the meaning of the athlete's body, spirit and mind; the ethos of sports and sports movement; the moral health of the athlete; authentic and inauthentic forms of calocagathy; study of the ethical specificity of sports movement; rivalry and hostility in sports activities; analysis of the ethical aspects of the athlete's relationship to his body; axiological experience of sport by an athlete; critical analysis of instrumentalist approaches to the human being of an athlete.

### **Recommended literature:**

- 1. BEDNÁŘ, Miloslav. Pohyb člověka na biodromu. Cesta životem z pohledu (nejen) kinantropologie. Praha: Karolinum, 2009. ISBN 978-80-246-1665-0.
- 2. GREXA, Ján. Altruizmus a egoizmus v športe. In OBORNÝ, Josef (Ed.). Altruizmus a egoizmus v súčasnej spoločnosti. Zborník referátov z vedeckej konferencie s medzinárodnou účasťou. Bratislava: Slovenská vedecká spoločnosť pre telesnú výchovu a šport, 2006. ISBN 80-89075-29-0.
- 3. HODAŇ, Bohuslav, (Ed.) Humanitní základy kinantropologických studií. Olomouc: Hanex, 2001. ISBN 80-85783-34-2.
- 4. HOGENOVÁ, Anna, (Ed.). Etika a sport. Praha: Karolinum, 2000.

- 5. JIRÁSEK, Ivo. Filosofická kinantropologie: setkání filosofie, těla a pohybu. Olomouc: Univerzita Palackého, 2005.
- 6. OBORNÝ, Josef. Filozofické a etické pohľady do športovej humanistiky. Bratislava, Slovenská spoločnosť pre telesnú výchovu a šport, 2001. ISBN 80-968252-7-5.
- 7. OBORNÝ, Josef a Lívia DANIŠOVÁ. Šport ako kalokagatické centrum. In: ŠÍP, R. (Ed.). Kalokaghatia: Ideál nebo flatus vocis? Brno: Masarykova univerzita a Paido edice pedagogické literatury, 2008. ISBN 978-80-210-4566-8. ISBN 978-80-7315-164-5
- 8. KASA, Július. Egoistické a altruistické správanie športovcov a trénerov. In OBORNÝ, Josef (Ed.). Altruizmus a egoizmus v súčasnej spoločnosti. Zborník referátov z vedeckej konferencie s medzinárodnou účasťou. Bratislava: Slovenská vedecká spoločnosť pre telesnú výchovu a šport, 2006. ISBN 80-89075-29-0.
- 9. OBORNÝ, Josef. Človek tvorca, nositeľ a užívateľ hodnôt športu. In: SEKOT, Aleš, LEŠKA, Dušan, OBORNÝ, Josef a Vladimír JŮVA, (Eds.). Sociální dimenze sportu. 1. vyd. Brno: Masarykova univerzita, 2004. ISBN 80-210-3581-1.
- 10. OBORNÝ, Josef. Filozofia a šport. Bratislava: Univerzita Komenského v Bratislave, 2015. ISBN 978-80-223-3659-7.
- 11. POPPER, Miroslav. Psychológia morálky: Sociálne normy a morálne mysle. Bratislava: UK, 2017. ISBN 978-80-223-4417-3.
- 12. SEMAN, František, (Ed.). Amaterizmus a profesionalizmus v športe. Zborník z vedeckej konferencie. Bratislava: Univerzita Komenského, FTVŠ UK, 2009. ISBN 978-80-8113-017-5.

## Languages necessary to complete the course:

Slovak and English

### **Notes:**

## Past grade distribution

Total number of evaluated students: 0

A	ABS0	В	С	D	Е	FX	NEABS	P
0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0

Lecturers: prof. PhDr. Josef Oborný, PhD.

Last change: 29.11.2022

Approved by:

Academic year: 2022/2023

University: Comenius University Bratislava

Faculty: Faculty of Physical Education and Sports

Course ID: Course title:

FTVŠ/dVP-041/21 Integration and inclusion in sport

### **Educational activities:**

Type of activities: Number of hours:

per week: per level/semester: Form of the course: on-site learning

**Number of credits: 3** 

### **Recommended semester:**

**Educational level: III.** 

## **Prerequisites:**

## **Course requirements:**

100%-91% - A, 90%-81% - B, 80%-71% - C, 70%-61% - D, 60%-51% -E, 50% and less FX Continuous assessment: Elaboration of a seminar work with an analysis of the possibilities of implementing integration in sport (50%).

Final evaluation: Elaboration of a creative scientific task with the acceptance of inclusion in relation to the issue of sport, sports training (50%).

## **Learning outcomes:**

The student will acquire knowledge about the process and principles of inclusion, integration, socialization in the world, in Europe, in Slovakia and in the conditions of school performance and elite sports and sports for all from the point of view of the subject of research in sports sciences. Can apply this knowledge to research with the intentions of the dissertation.

### Class syllabus:

Scientific humanological interpretation of the term's integration, inclusion, socialization, discrimination. Modifications, conditions and specifics of this process in sports sciences. Bases of inclusion in sports, training and competitions. Characteristics of research projects and analysis of their results in the field of individual sports.

### Recommended literature:

- 1. HECK, S. & M.E. BLOCK, 2020. Inclusive Physical Education Around the World: Origins, Cultures, Practices. Oxfordshire: Routledge. ISBN 978-03-671-3408-2.
- 2. KASSER, S.L. & LYTLE, R.K. 2013. Inclusive Physical Activity: Promoting health for a lifetime. Human Kinetics. ISBN 978-1-4504-0186-9.
- 3. LABUDOVÁ, J. a kol. 2011. Integrácia v telesnej výchove a športe. Bratislava: UK FTVŠ. ISBN 978-80-89257-0.
- 4. CAZZOLI, S. & B. ANTALA et al., 2010. Integration and Inclusion in Physical Education. Bratislava: End spol. s.r.o. ISBN 978-80-89324-05-7.
- 5. KUDLÁČEK, M. & T. VYSKOČIL, 2008. Integrace jiná cesta II. Sborník. Olomouc: FTK UP, 2008. ISBN 978-80-244-2029-5.

## Languages necessary to complete the course:

Slovak aı	nd English								
Notes:									
Past grade distribution Total number of evaluated students: 0									
A	ABS0	В	С	D	Е	FX	NEABS	P	
0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	
Lecturers	S:			•		•	•		
Last change: 29.11.2022									
Approve	d by:								

Academic year: 2022/2023

University: Comenius University Bratislava

Faculty: Faculty of Physical Education and Sports

Course ID: Course title:

FTVŠ/dVP-043/21 International aspects of physical and sports education

#### **Educational activities:**

Type of activities: Number of hours:

per week: per level/semester: Form of the course: on-site learning

**Number of credits: 3** 

### **Recommended semester:**

**Educational level:** III.

### **Prerequisites:**

## **Course requirements:**

100%-91% -A, 90%-81% -B, 80%-71% -C, 70%-61% -D, 60%-51% -E, 50% and less FX Interim evaluation:1 x test

Final evaluation: defence of writing work, 3 –5 pages, focused on description of PE teaching system in selected country and opportunities to use this knowledge in Slovakia and in student work.

## **Learning outcomes:**

Student understands importance of international knowledge and experiences in creation of educational models; student has knowledge about system of PE teaching in different countries; student has knowledge about management, aims and activities of most important international organisations in the field of PE, he/her understands organisation of international events and he/her knows content of different international comparative studies and is familiar with documents published on international level and know them critically analyse.

## Class syllabus:

Physical inactivity as a part of global problems of nowadays world; Physical education teaching in abroad; Modern pedagogical conception of physical education teaching; International organisations, institutions associations supported physical deucationand its teachers; International events focused on physical education and school sports; International comparative studies and projects; International documents supported physical education and school sports; Global recommendations for quality physical education.

### **Recommended literature:**

- 1. Internet websites of selected international organisations (ICSSPE, FIEP, EUPEA, AIESEP, ISCPES, IFAPA).
- 2. ANTALA, Branislav et al. Telesná a športová výchova a súčasná škola. Bratislava: Národné športové centrum a FTVŠ UK, 2014. ISBN 978-80-971466-1-0.
- 3. NAUL, Roland a Claude SCHEUER. Research on Physical Education and School Sport in Europe. Aachen: Meyer & Meyer Verlag, 2020. ISBN 9783840313851.

4. POPOVIC, Stevo, ANTALA, Branislav, BJELICA, Duško a Jovan GARDASEVIC. Physical Education in Secondary School. Researches – Best Practices – Situation. Niksic: MSA and University of Montenegro, 2018. ISBN 978-9940-722-02-9.

## Languages necessary to complete the course:

Slovak and English

**Notes:** 

## Past grade distribution

Total number of evaluated students: 0

A	ABS0	В	С	D	Е	FX	NEABS	P
0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0

Lecturers: doc. PaedDr. Branislav Antala, PhD.

Last change: 29.11.2022

Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-020/21 Leading a team or athlete at an international competition (World Championships, European Championships, Olympic Games, World Cup competitions): - Main **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 6 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 2 ABS0 В C D E **NEABS** P Α FX 0,0 100,0 0.0 0,0 0,0 0,0 0,0 0,0 0,0 **Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-020a/22 Leading a team or athlete at an international competition (World Championships, European Championships, Olympic Games, World Cup competitions): - Main **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 10 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 2 ABS0 В C D E **NEABS** P Α FX 0,0 100,0 0.0 0,0 0,0 0,0 0,0 0,0 0,0 **Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-020b/22 Leading a team or athlete at an international competition (World Championships, European Championships, Olympic Games, World Cup competitions): - Main **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 10 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 0 ABS0 В C D E **NEABS** P Α FX 0,0 0.0 0.0 0,0 0,0 0,0 0,0 0,0 0,0 **Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-020c/22 Leading a team or athlete at an international competition (World Championships, European Championships, Olympic Games, World Cup competitions): - Main **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 10 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 0 ABS0 В C D E **NEABS** P Α FX 0.0 0,0 0.0 0,0 0,0 0,0 0,0 0,0 0,0 **Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-020d/22 Leading a team or athlete at an international competition (World Championships, European Championships, Olympic Games, World Cup competitions): - Main **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 10 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 0 ABS0 В C D E **NEABS** P Α FX 0,0 0.0 0.0 0,0 0,0 0,0 0,0 0,0 0,0 **Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-020e/22 Leading a team or athlete at an international competition (World Championships, European Championships, Olympic Games, World Cup competitions): - Main **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 10 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 0 ABS0 В C D E **NEABS** P Α FX 0,0 0.0 0.0 0,0 0,0 0,0 0,0 0,0 0,0 **Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-022/21 Leading a team or athlete at the top level in Slovakia: - Main coach - Assistant coach **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 6 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 3 ABS0 В Α  $\mathbf{C}$ D Е FX **NEABS** P 0.0 0.0 0.0 100.0 0.0 0.0 0.0 0.0 0.0 **Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-015/21 Lecture at the professional seminar of workplaces **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 2 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 2 В Е P Α ABS0  $\mathbf{C}$ D FX **NEABS** 0,0 100,0 0,0 0,00,0 0,00,00,0 0,0**Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-023/21 Management of a team or an athlete at the top level in Slovakia assistant coach **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning **Number of credits: 3 Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 2 ABS0 В Α  $\mathbf{C}$ D Е FX **NEABS** P 0.0 0.0 0.0 100.0 0.0 0.0 0.0 0.0 0.0 **Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-026/21 Management of the work within the ŠVOUČ-faculty conference **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 1 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 2 В P Α ABS0  $\mathbf{C}$ D E FX **NEABS** 0,0 100,0 0,0 0,00,00,00,00,0 0,0**Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-027/21 Management of the work within the ŠVOUČ-national conference **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 2 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 2 В P Α ABS0  $\mathbf{C}$ D E FX **NEABS** 0,0 100,0 0,0 0,00,00,00,00,0 0,0**Lecturers:** Last change: Approved by:

Academic year: 2022/2023

University: Comenius University Bratislava

Faculty: Faculty of Physical Education and Sports

Course ID: Course title:

FTVŠ/dVP-042/21 Mathematical and statistical methods

**Educational activities:** 

Type of activities: Number of hours:

per week: per level/semester: Form of the course: on-site learning

Number of credits: 3

**Recommended semester:** 

**Educational level: III.** 

**Prerequisites:** 

## **Course requirements:**

100% -91% - A, 90% -81% - B, 80% -71% - C, 70% -61% - D, 60% -51% -E, 50% and less FX

Continuous assessment: 0%

Final evaluation: 100% in the trial period

Seminar work in which the student processes in detail, with the help of a statistical program, the

entered data.

## **Learning outcomes:**

The student will gain in-depth knowledge of how to search for relevant impact literature on the researched issues and in the field of statistics. The student will get acquainted with information technologies, which will be used in statistical processing of obtained data or obtaining foreign contacts. The student will deepen their knowledge in assessing the homogeneity of the examined sample and in comparing quantitative and qualitative data in the sports sciences. They will acquire theoretical knowledge about the possibilities of applying analysis of variance. He will learn the basics of correlation analysis, regression functions and multidimensional analysis in projects of physical education and sports. Can use regressive means of statistics for modelling physical education and sports. He can verify hypotheses by relevant procedures.

### Class syllabus:

- 1. Dependent and independent variables in research projects.
- 2. Null hypothesis.
- 3. Use of multidimensional statistics in educational projects (multiple correlations and regression analysis, partial correlation and determination, factor analysis, discriminant analysis, ANOVA, ANCOVA ...).
- 4. Interpretive possibilities based on the used statistical methods.

## **Recommended literature:**

- 1. THOMAS, Jerry, .R., NELSON, Jack, K. a Stephen J. ILVERMAN. Research Methods in Physical Activity. Champaign: Human Kinetics, 2015. ISBN 978-1450470445.
- 2. O'DONOGHUE, Peter. Statistics for Sport and Exercise Studies. 1st Edition. Taylor and Francis, 2012. ISBN 978-0415595575.

## Languages necessary to complete the course:

Slovak and English

**Notes:** 

# Past grade distribution

Total number of evaluated students: 0

A	ABS0	В	С	D	Е	FX	NEABS	Р
0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0

Lecturers: prof. PaedDr. Tomáš Kampmiller, PhD.

Last change: 29.11.2022

Approved by:

Academic year: 2022/2023

University: Comenius University Bratislava

Faculty: Faculty of Physical Education and Sports

Course ID: Course title:

FTVŠ/dPP-001/21 Methodology of Sport Sciences

**Educational activities:** 

Type of activities: Number of hours:

per week: per level/semester: Form of the course: on-site learning

Number of credits: 5

Recommended semester: 1.

**Educational level: III.** 

#### **Prerequisites:**

### **Course requirements:**

100%-91% - A, 90%-81% - B, 80%-71% - C, 70%-61% - D, 60%-51% -E, 50% and less FX Ongoing evaluation:

Annotations 10 articles from research in sports sciences – 50%

Final evaluation: Elaboration of the dissertation project in the range of 15 - 20 pages

### **Learning outcomes:**

The student masters the current paradigm of research projects in the Sports Sciences. He knows what is a system-structural and genetic approach in solving research projects. Masters the basic research situations, target categories, formulation of the research question and the creation of scientific hypotheses. He distinguishes between methods of quantitative and qualitative research can interpret and creatively apply the results of his own research. He masters the scientific solution of the established problems of sports practice.

## Class syllabus:

- The system of sports sciences.
- Research situations in sports sciences (Bussov, Cattelov, Havlíček's model).
- Research project, problem definition, target research categories, formulation of research questions, formulation of hypotheses, determination of research methods, determination of a sample, collection of empirical data and their processing.
- Measurement theory, creation of tests, verification of their validity, reliability, measurement errors, creation of standards, and their processing.
- Basic characteristics of the experiment (internal and external validity of experimental projects, randomization, single, double and double blind experiment).
- True and quasi-experimental (internal and external validity of experimental projects).
- Qualitative research in sports sciences (method of analytical induction, permanent comparison, triangulation, transcription, coding, creation of categories and typologies, content analysis, grounded theory, methods of work in historical science).

## **Recommended literature:**

- 1. FILKORN, Vojtech. Povaha súčasnej vedy a jej metódy. 1. vyd. Bratislava: Veda SAV, 1998. ISBN 80-224-0564-7.
- 1. HAVLÍČEK, Ivo. Model empirického výskumu. In: Tel Vých. a šport. 2004, roč. 14, č. 3-4, s. 21-26.
- 2. HENDL, Jan. Kvalitatívní výzkum. 2. vyd. Praha: Portál, 2005. ISBN 978-80-7367-485-4.
- 3. THOMAS, J. R., SILVERMAN, S. J. a J. K. NELSON. Research methods in Physical Activity. Champaign: Human Kinetics, 2015. ISBN 978-1450470445.
- 4. JUSZCZYK, Stanislaw. Metodológia empirických výskumov v spoločenských vedách. Bratislava: IRIS, 2008. ISBN 80-89018-13-0.
- 5. OBORNÝ, Josef. 2006. Filozofická a etická koncepcia športu a telesnej výchovy. In: KASA,
- J. a Š. ŠVEC et al.: 2006. Štruktúra poznatkovej bázy vied o športe. Bratislava: FTVŠ UK. ISBN 978-80-89197-65-1.
- 6. ROBERTSON, D. G. E., CALDWELL, G. E., HAMILL, J., KAMEN, G. a N. WITTLESEY, 2011. Research methods in Biomechanics, Champaign: Human Kinetics.
- 7. BARTLETT, R. a R. BUSSEY. Sports Biomechanics, Routledge, Taylor and Francis Group, 2012.

## Languages necessary to complete the course:

Slovak and English

#### **Notes:**

### Past grade distribution

Total number of evaluated students: 8

A	ABS0	В	C	D	Е	FX	NEABS	P
0,0	100,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0

**Lecturers:** prof. MUDr. Dušan Hamar, PhD., prof. PaedDr. Tomáš Kampmiller, PhD., doc. Mgr. Milan Sedliak, PhD., prof. Mgr. Marián Vanderka, PhD., prof. Mgr. Erika Zemková, PhD.

Last change: 28.11.2022

## Approved by:

Academic year: 2022/2023

University: Comenius University Bratislava

Faculty: Faculty of Physical Education and Sports

Course ID: Course title:

FTVŠ/dVP-044/21 Modeling and evaluation of sports equipment

**Educational activities:** 

Type of activities: Number of hours:

per week: per level/semester: Form of the course: on-site learning

Number of credits: 3

**Recommended semester:** 

**Educational level:** III.

**Prerequisites:** 

### **Course requirements:**

100%-91% - A, 90%-81% - B, 80%-71% - C, 70%-61% - D, 60%-51% -E, 50% and less FX

Continuous assessment: 50% - partial seminar work.

Final evaluation: based on continuous evaluation 50%, 50% - seminar work

#### **Learning outcomes:**

Student will gain knowledge about the creation of movement models and evaluation of technology with regard to the categorization of sports according to the share of technique in the structure of sports performance. It controls the optimization of the creation of models of movement chains, which create a specific sports performance with an emphasis on the individualization of somatic and functional parameters of the athlete.

## Class syllabus:

- 1. Sports technique:
- sports performance structure factors (share),
- motion model,
- individual technique.
- 2. The structure of motion as a picture of technology and its characteristics (kinematic and dynamic substructure).
- 3. Creation and optimization of motion models (the role of empiricism and science).
- 4. Methods of creating motion models:
- a description of the structure of the movement,
- identifying prevailing trends,
- a combination of description and identification of trends.
- 5. Evaluation of individual technique (model, knowledge of mechanical laws, consideration of individual peculiarities, differentiated approach according to the nature of sports activities).
- 6. Biomechanical analysis of selected movement activities (selection made with regard to the topics of students' dissertations) and the creation of models of their movement structures.

## **Recommended literature:**

- 1. KONIAR, Miloslav a Michal LEŠKO. Biomechanika. Bratislava: SPN, 1990. ISBN 80-08-00331-6.
- 2. LEŠKO, Michal. Formovanie telovýchovnej kybernetiky a je prínos pre rozvoj poznania. In: Acta Facult. Educ. Phys. UC Bratislava: SPN 32 (1992) 95-139.
- 3. Further literature will be determined according to the dissertation from Biomechanics World Wide.
- 4. http://www.per.ualberta.ca (biomechanics)

## Languages necessary to complete the course:

Slovak and English

### Notes:

## Past grade distribution

Total number of evaluated students: 2

A	ABS0	В	С	D	Е	FX	NEABS	P
0,0	100,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0

Lecturers: doc. Mgr. Miroslav Vavák, PhD.

Last change: 29.11.2022

Approved by:

Academic year: 2022/2023

University: Comenius University Bratislava

Faculty: Faculty of Physical Education and Sports

Course ID: Course title: Motor learning

**Educational activities:** 

Type of activities: Number of hours:

per week: per level/semester: Form of the course: on-site learning

Number of credits: 3

**Recommended semester:** 

**Educational level:** III.

**Prerequisites:** 

## **Course requirements:**

100%-91% - A, 90%-81% - B, 80%-71% - C, 70%-61% - D, 60%-51% -E, 50% and less FX

Student performance evaluation: qualification degree

Mid-term evaluation: none

End of term evaluation: seminar paper (100 %)

### **Learning outcomes:**

Students will become familiar with theory of motor control and learning. They will be able to apply the knowledge acquired in research and practice. They will develop skills needed for specification of individuality in motor learning with respect to age, level of physical fitness and sport specialization.

### Class syllabus:

- 1. Fundamental theory and research in the field of motor control and learning.
- 2. Mechanisms of motor control. Stages of motor learning. Evaluation of motor skill learning.
- 3. Applying principles of motor learning in physical education, athletic training and health-oriented exercise programs.

### **Recommended literature:**

- 1. ABERNETHY, B. et al. Biophysical foundations of human movement. Champaign, IL: Human Kinetics, 2013.
- 2. BELEJ, M. Motorické učenie. Prešov: Prešovská univerzita, 2001.
- 3. DAVIDS, K. et al. Dynamics of skill acquisition: a constraints-led approach. Champaign, IL: Human Kinetics, 2008.
- 4. LATASH, M.L. Neurophysiological basis of movement. Champaign, IL: Human Kinetics, 2008
- 5. SCHMIDT, R.A. et al. Motor control and learning: a behavioral emphasis. Champaign, IL: Human Kinetics, 2018.
- 6. SCHMIDT, R.A., LEE, T.D. Motor learning and performance: from principles to application. Champaign, IL: Human Kinetics, 2019.
- 7. WULF, G. Attention and motor skill learning. Champaign, IL: Human Kinetics, 2007.

## Languages necessary to complete the course:

Slovak and English										
Notes:										
Past grade distribution Total number of evaluated students: 0										
A	ABS0	В	С	D	Е	FX	NEABS	P		
0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0		
Lecturers: prof. Mgr. Erika Zemková, PhD.										
Last change: 29.11.2022										
Approved by:										

Academic year: 2022/2023									
University	University: Comenius University Bratislava								
Faculty: F	aculty of P	hysical Edu	ucation and	Sports					
	Course ID:  FTVŠ/dVP-029/21  Course title: Other activities related to pedagogical activities								
Type of a Number per wee	Educational activities: Type of activities: Number of hours: per week: per level/semester: Form of the course: on-site learning								
Number o	f credits: 2								
Recomme	nded seme	ster:							
Education	al level: III	[.							
Prerequisi	ites:								
Course re	quirements	s:							
Learning	outcomes:								
Class sylla	ibus:								
Recomme	nded litera	ture:		'					
Language	s necessary	to comple	ete the cou	rse:					
Notes:	,								
	e distributi ber of evalu		nts: 7						
A	ABS0	В	С	D	Е	FX	NEABS	P	
0,0	0,0 100,0 0,0 0,0 0,0 0,0 0,0 0,0								
Lecturers:									
Last chan	ge:								
Approved	Approved by:								

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-029a/22 Other activities related to pedagogical activities **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 2 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 4 В C Е P Α ABS0 D FX **NEABS** 0,0 100,0 0,0 0,0 0,0 0,00,00,0 0,0**Lecturers:** Last change: Approved by:

Academic year: 2022/2023									
University	University: Comenius University Bratislava								
Faculty: F	aculty of P	hysical Edu	acation and	Sports					
	Course ID: Course title:  FTVŠ/dVP-029b/22 Other activities related to pedagogical activities								
Type of a Number per wee	Educational activities: Type of activities: Number of hours: per week: per level/semester: Form of the course: on-site learning								
Number o	f credits: 2								
Recomme	nded seme	ster:							
Education	al level: III	[.							
Prerequisi	ites:								
Course re	quirements	s:							
Learning	outcomes:								
Class sylla	ibus:								
Recomme	nded litera	ture:							
Language	s necessary	to comple	ete the cou	rse:					
Notes:	,								
	e distributi ber of evalu		ents: 3						
A	ABS0	В	С	D	Е	FX	NEABS	P	
0,0	0,0 100,0 0,0 0,0 0,0 0,0 0,0 0,0								
Lecturers:									
Last chan	ge:			,					
Approved	Approved by:								

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-029c/22 Other activities related to pedagogical activities **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 2 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 3 В  $\mathbf{C}$ Е P Α ABS0 D FX **NEABS** 0,0 100,0 0,0 0,0 0,00,00,00,0 0,0**Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-029d/22 Other activities related to pedagogical activities **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 2 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 2 В Е P Α ABS0  $\mathbf{C}$ D FX **NEABS** 0,0 100,0 0,0 0,0 0,0 0,00,00,0 0,0**Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-029e/22 Other activities related to pedagogical activities **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 2 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 1 В C Е P Α ABS0 D FX **NEABS** 0,0 100,0 0,0 0,0 0,0 0,00,00,0 0,0**Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-029f/22 Other activities related to pedagogical activities **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 2 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 0 В C Е P Α ABS0 D FX **NEABS** 0,0 0,0 0,0 0,0 0,0 0,00,00,0 0,0**Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-018/21 Other activities related to scientific activity **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 2 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 6 В  $\mathbf{C}$ Е P Α ABS0 D FX **NEABS** 0,0 100,0 0,0 0,0 0,0 0,00,00,0 0,0**Lecturers:** Last change: Approved by:

Academic year: 2022/2023									
University	University: Comenius University Bratislava								
Faculty: F	Faculty: Faculty of Physical Education and Sports								
	Course ID: FTVŠ/dVP-019/21 Course title: Own pedagogical activity								
Type of a Number per wee	Educational activities: Type of activities: Number of hours: per week: per level/semester: Form of the course: on-site learning								
Number o	f credits: 2	,							
Recomme	nded seme	ster:							
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Prerequisi	ites:								
Course re	quirements	s:							
Learning	outcomes:								
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Recomme	nded litera	ture:							
Language	s necessary	to comple	ete the cou	rse:					
Notes:	,								
	e distributi ber of evalu		nts: 12						
A	ABS0	В	С	D	Е	FX	NEABS	P	
0,0	0,0 100,0 0,0 0,0 0,0 0,0 0,0 0,0								
Lecturers:									
Last chan	ge:								
Approved	Approved by:								

Academi	c year: 2022	2/2023						
Universit	y: Comenius	s Universit	y Bratislava	a				
Faculty:	Faculty of Pl	hysical Edi	ucation and	Sports			-	
Course II FTVŠ/dV	<b>D:</b> P-019a/22		<b>Course titl</b> Own pedag		vity			
Type of Number per we Form of	nal activitie activities: of hours: ek: per lev	el/semeste						
	of credits: 2							
	ended semes							
	nal level: III	[.						
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Course r	equirements	<b>5:</b>						
Learning	outcomes:							
Class syll	labus:							
Recomm	ended litera	ture:						
Languag	es necessary	to comple	ete the cou	rse:				
Notes:	12							
	le distribution of evalu		ents: 21					
A	ABS0	В	С	D	Е	FX	NEABS	P
0,0	100,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0
Lecturer	s:				•			
Last chai	nge:							
Approve	d by:							

Academic year: 2022/2023									
University	University: Comenius University Bratislava								
Faculty: F	Faculty: Faculty of Physical Education and Sports								
	Course ID: Course title:  FTVŠ/dVP-019d/22 Own pedagogical activity								
Type of a Number per wee Form of	of hours: k: per lev the course:	el/semeste							
Number o	f credits: 2								
Recomme	nded seme	ster:							
Education	al level: III	[.							
Prerequisi	ites:								
Course re	quirements	s:							
Learning	outcomes:								
Class sylla	ıbus:								
Recomme	nded litera	ture:							
Language	s necessary	to comple	ete the cou	rse:					
Notes:	-1								
	e distributi ber of evalu		nts: 17						
A	ABS0	В	С	D	Е	FX	NEABS	P	
0,0	100,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	
Lecturers	Lecturers:								
Last chan	ge:								
Approved	Approved by:								

Academic	year: 2022	2/2023						
University	y: Comeniu	s Universit	y Bratislava	a				
Faculty: I	Faculty of P	hysical Edu	ication and	Sports				
Course II FTVŠ/dVI			<b>Course titl</b> Own pedag	e: gogical activ	vity			
Type of a Number per wee Form of	nal activitienctivities: of hours: ek: per leve the course: of credits: 2	rel/semeste on-site lea						
	ended seme							
	nal level: II							
Prerequis	ites:							
Course re	quirement	S:						
Learning	outcomes:							
Class sylla	abus:							
Recomme	nded litera	iture:						
Language	s necessary	to comple	ete the cou	rse:				
Notes:								
	e distributi		nts: 16					
A	ABS0	В	С	D	Е	FX	NEABS	P
0,0	100,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0
Lecturers	:			•		•		
Last chan	ge:							
Approved	by:							

Academic year: 2022/2023									
University	University: Comenius University Bratislava								
Faculty: F	Faculty: Faculty of Physical Education and Sports								
	Course ID: Course title: FTVŠ/dVP-019f/22 Own pedagogical activity								
Type of a Number per wee	Educational activities: Type of activities: Number of hours: per week: per level/semester: Form of the course: on-site learning								
Number o	f credits: 2	,							
Recomme	nded seme	ster:							
Education	al level: III	[.							
Prerequisi	ites:								
Course re	quirements	s:							
Learning	outcomes:								
Class sylla	ibus:								
Recomme	nded litera	ture:							
Language	s necessary	to comple	ete the cou	rse:					
Notes:	,								
	e distributi ber of evalu		nts: 14						
A	ABS0	В	С	D	Е	FX	NEABS	P	
0,0	0,0 100,0 0,0 0,0 0,0 0,0 0,0 0,0								
Lecturers:									
Last chan	ge:			,					
Approved	Approved by:								

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-019g/22 Own pedagogical activity **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 2 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 13 В C Е P Α ABS0 D FX **NEABS** 0,0 100,0 0,0 0,0 0,0 0,00,00,0 0,0**Lecturers:** Last change: Approved by:

Academic	year: 2022	2/2023						
University	y: Comeniu	s Universit	y Bratislava	a				
Faculty: I	Faculty of P	hysical Edu	ication and	Sports				
Course II FTVŠ/dVI			C <b>ourse titl</b> Own pedag	e: gogical activ	vity			
Type of a Number per wee Form of	nal activitienctivities: of hours: ek: per leve the course: of credits: 2	rel/semeste con-site lea						
	ended seme							
Education	nal level: II							
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Learning	outcomes:							
Class sylla	abus:							
Recomme	nded litera	ture:						
Language	s necessary	to comple	ete the cou	rse:				
Notes:								
	e distributi		nts: 10					
A	ABS0	В	С	D	Е	FX	NEABS	P
0,0	100,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0
Lecturers	:						· ·	
Last chan	ge:							
Approved	by:							

Academic	year: 2022	2/2023						
University	y: Comeniu	s Universit	y Bratislav	a				
Faculty: I	Faculty of P	hysical Edu	acation and	Sports				
Course II FTVŠ/dVI		<b>I</b>	<b>Course titl</b> Own pedag	e: gogical activ	vity			
Type of a Number per wee Form of	nal activitienctivities: of hours: ek: per leve the course: of credits: 2	rel/semeste on-site lea						
	ended seme							
	nal level: II							
Prerequis	ites:							
Course re	quirement	s:						
Learning	outcomes:							
Class sylla	abus:							
Recomme	nded litera	iture:						
Language	s necessary	to comple	ete the cou	rse:				
Notes:								
	e distributi		nts: 8					
A	ABS0	В	С	D	Е	FX	NEABS	P
0,0	100,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0
Lecturers	:						<u>.                                      </u>	
Last chan	ge:							
Approved	by:							

Academi	c year: 2022	/2023									
Universit	y: Comenius	s Universit	y Bratislav	a							
Faculty:	Faculty of Pl	nysical Ed	ucation and	Sports							
Course ID: FTVŠ/dVP-019j/22 Course title: Own pedagogical activity											
Type of Number per we Form of	nal activitie activities: of hours: ek: per lev	el/semeste									
	of credits: 2										
	ended semes										
	nal level: III	· ·•									
Prerequi	sites:										
Course r	equirements	<b>5:</b>									
Learning	outcomes:										
Class syll	labus:										
Recomm	ended litera	ture:									
Languag	es necessary	to compl	ete the cou	rse:							
Notes:	. 1										
	le distribution of evalu		ents: 5								
A	ABS0	В	С	D	Е	FX	NEABS	P			
0,0	100,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0			
Lecturer	s:					•					
Last cha	nge:										
Approve	d by:										

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-019k/22 Own pedagogical activity **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 2 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 4 В  $\mathbf{C}$ Е P Α ABS0 D FX **NEABS** 0,0 100,0 0,0 0,0 0,00,00,00,0 0,0**Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-0191/22 Own pedagogical activity **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 2 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 3 В  $\mathbf{C}$ Е P Α ABS0 D FX **NEABS** 0,0 100,0 0,0 0,0 0,00,00,00,0 0,0**Lecturers:** Last change: Approved by:

Academic year: 2022/2023										
University: Comenius University Bratislava										
Faculty: Faculty of Physical Education and Sports										
Course ID: FTVŠ/dVP-019m/22  Course title: Own pedagogical activity										
Educational activities: Type of activities: Number of hours: per week: per level/semester: Form of the course: on-site learning										
Number o	f credits: 2									
Recomme	nded seme	ster:								
Education	al level: III	[.								
Prerequisi	ites:									
Course re	quirements	S:								
Learning	outcomes:									
Class sylla	abus:									
Recomme	nded litera	ture:								
Language	s necessary	to comple	ete the cou	rse:						
Notes:										
	e distributi ber of evalu		nts: 1							
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Lecturers	Lecturers:									
Last chan	Last change:									
Approved	by:									

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-019n/22 Own pedagogical activity **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 2 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 0 В  $\mathbf{C}$ Е P Α ABS0 D FX **NEABS** 0,0 0,0 0,0 0,0 0,00,00,00,0 0,0**Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-019o/22 Own pedagogical activity **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 2 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 0 В  $\mathbf{C}$ Е P Α ABS0 D FX **NEABS** 0,0 0,0 0,0 0,0 0,00,00,00,0 0,0**Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-019p/22 Own pedagogical activity **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 2 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 0 В  $\mathbf{C}$ Е P Α ABS0 D FX **NEABS** 0,0 0,0 0,0 0,0 0,0 0,00,00,0 0,0**Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-019r/22 Own pedagogical activity **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 2 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 0 В  $\mathbf{C}$ Е P Α ABS0 D FX **NEABS** 0,0 0,0 0,0 0,0 0,00,00,00,0 0,0**Lecturers:** Last change: Approved by:

Academi	c year: 2022	/2023										
Universit	y: Comenius	s Universit	y Bratislava	a								
Faculty:	Faculty of Pl	nysical Edi	ucation and	Sports								
	Course ID: FTVŠ/dVP-19b/22 Course title: Own pedagogical activity											
Type of Number per we Form of	nal activitie activities: of hours: ek: per lev	el/semeste										
	of credits: 2											
	ended semes											
	nal level: III	· ·										
Prerequi	sites:											
Course r	equirements	<b>5</b> :										
Learning	outcomes:											
Class syll	labus:											
Recomm	ended litera	ture:										
Languag	es necessary	to compl	ete the cou	rse:								
Notes:	,,											
	le distribution		ents: 21									
A	ABS0	В	С	D	Е	FX	NEABS	P				
0,0	100,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0				
Lecturer	s:				•							
Last cha	nge:											
Approve	d by:											

Academic year: 2022/2023										
University: Comenius University Bratislava										
Faculty: Faculty of Physical Education and Sports										
Course ID: FTVŠ/dVP-19c/22  Course title: Own pedagogical activity										
Educational activities: Type of activities: Number of hours: per week: per level/semester: Form of the course: on-site learning										
Number o	f credits: 2									
Recomme	nded seme	ster:								
Education	al level: III	[.								
Prerequisi	ites:									
Course re	quirements	s:								
Learning	outcomes:									
Class sylla	ibus:									
Recomme	nded litera	ture:								
Language	s necessary	to comple	ete the cou	rse:						
Notes:	,									
	e distributi ber of evalu		nts: 19							
A	ABS0	В	С	D	Е	FX	NEABS	P		
0,0	100,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0		
Lecturers	:			•						
Last chan	Last change:									
Approved	Approved by:									

Academic year: 2022/2023

University: Comenius University Bratislava

Faculty: Faculty of Physical Education and Sports

Course ID: Course title:

FTVŠ/dVP-046/21 Peculiarities of sports training for children and youth

#### **Educational activities:**

Type of activities: Number of hours:

per week: per level/semester: Form of the course: on-site learning

Number of credits: 3

#### **Recommended semester:**

**Educational level:** III.

#### **Prerequisites:**

### **Course requirements:**

Overall course evaluation 100% -91% - A, 90% -81% - B, 80% -71% - C, 70% -61% - D, 60% -51% -E, 50% and less FX

Final evaluation: elaboration of a seminar work on the issue of specifity of sports training in children and youth in the context of the thematic scope of the dissertation theses.

### **Learning outcomes:**

The student will get deeper knowledge in the field of research of sports training of children and youth with a focus on the educational peculiarities of the training process. He knows the developmental peculiarities and factors influencing the sports training of children and youth. He knows the theory of general and special adaptation syndrome and premature sports specialization. Masters the models and stages of long-term sports training in the selected sport. Can creatively apply the principles of creating long-term sports training in real models.

## Class syllabus:

- 1. Basic principles of sports training of children and youth.
- 2. Developmental, age and sexual peculiarities.
- 3. Methodological bases of sports training of children and youth.
- 4. Edcological peculiarities of sports training of children and youth.
- 5. Sports performance of children and youth, its development and monitoring.
- 6. Status and perspectives of research of sports training of children and youth.

### **Recommended literature:**

- 1. FAIGENBAUM, A. 2015. Physical activity in children and adolescents. Academy College of Sports Medicine Bulletin.
- 2. FEELEY, T. F., AGEL, J., & LAPRADE F. R. 2016. When is it too early for single sport specialization? American Journal Of sports Medicine, 44, 234-241.
- 3. LESINSKI, M, HERZ, M., SCHMELCHER, A. &GRANACHER, U. 2020. Effects of Resistance Training on Physical Fitness in Healthy Children and Adolescents: An Umbrella Review. Sports Med 50, 1901–1928 (2020). https://doi.org/10.1007/s40279-020-01327-3.
- 4. PERIČ, T. 2008. Sportovní příprava dětí. Praha: Grada Publishing, 2008.

5. SUGIMOTO, D., STRACCIOLINI, A., DAWKINS, L. C., WILLIAM, P. M., & MICHELI, J. L. 2017. Implications for training in youth: Is specialization benefiting kids? Strength and Conditioning Journal, 39(2), 77-81.

# Languages necessary to complete the course:

Slovak and English

**Notes:** 

## Past grade distribution

Total number of evaluated students: 0

A	ABS0	В	С	D	Е	FX	NEABS	P
0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0

Lecturers: prof. PaedDr. Ol'ga Kyselovičová, PhD.

Last change: 29.11.2022

Approved by:

Academic year: 2022/2023

University: Comenius University Bratislava

Faculty: Faculty of Physical Education and Sports

Course ID: Course title:

FTVŠ/dVP-047/21 Periodization of sports training

**Educational activities:** 

Type of activities: Number of hours:

per week: per level/semester: Form of the course: on-site learning

Number of credits: 3

**Recommended semester:** 

**Educational level: III.** 

**Prerequisites:** 

## **Course requirements:**

100% -91% - A, 90% -81% - B, 80% -71% - C, 70% -61% - D, 60% -51% -E, 50% and less FX Method of evaluation and completion of the course:

Final evaluation: Seminar work on an essential topic (100%).

#### **Learning outcomes:**

The student will gain knowledge about the system of periodization of training and competition load in terms of current biological, kinanthropological and other theories. Can analyze the dynamics of load in small, medium and large cycles in a one-year training cycle. Masters the laws of development, maintenance and loss of sports form. Can creatively apply the acquired knowledge in modeling the training load for a particular type of sport. Can use the means of diagnosing and controlling changes in the status of athletes to modify sports training projects.

#### Class syllabus:

- Content analysis of the structure of sports performance.
- Structural construction of the factors of the structure of sports performance.
- Starting points for effective loading of the organism in the training process. Quantitative and qualitative aspect.
- Biological basis of adaptation processes in terms of periodization.
- Periodization of the structure of training and competition load in the development of alactic skills.
- Periodization of the structure of training and competition load in the development of lactic skills.
- Periodization of the structure of training and competition load in the development of aerobic skills.
- Periodization of the structure of training and wrestling (competitive) load in the development of "combined" (sports games intermittent loads) skills.
- Dependence on the development, maintenance and loss of sports form.
- Application of biochemical and physiological indicators in the periodization of training load and in the tuning of sports form.

#### **Recommended literature:**

1. DOVALIL, Josef, et al. Výkon a trénink ve sportu. 3. vyd. Praha: Olympia, 2009. ISBN 978-80-7376-130-1.

- 2. KAMPMILLER, Tomáš, VANDERKA, Marián, LACZO, Eugen a Pavol PERÁČEK. Teória športu a didaktika športového tréningu. Bratislava: ICM Agency, 2012. ISBN 978-80-89257-48-5.
- 3. WILMORE, Jack, H., COSTILL, David, L. a Larry W. KENNEY. Physiology of sport and exercise. Human Kinetics Publisher, 2007. ISBN 978-0736055833.
- 4. BOMPA, Tudor, O. 1994. Theory and Methodology of Training. The key to athletic Performance. 3rd Edition. Kednall Hunt Pub Co. 1997. ISBN 978-0787233716.
- 5. McARDLE, Villiam D. et al. Exercise Physiology: Nutrition, Energy and Human Performance. 7th Edition. Wolters Kluwer/Lippincott Williams & Wilkins. ISBN 978-0781797818.
- 6. BOMPA, Tudor, O. a Carlo BUZZICHELLI. Periodization: Theory and Methodology of Training. 6th Edition. Human Kinetics, 2018. ISBN 978-1492544807.
- 7. LACZO, Eugen. Východiská na tvorbu periodizácie obsahovej štruktúry zaťaženia z hľadiska adaptácie organizmu. In: LACZO, Eugen et al. Monitorovanie a regulovanie adaptačného efektu v rozličných obdobiach prípravy vrcholových športovcov a talentovanej mládeže. Vedecký zborník príspevkov z grantovej úlohy VEGA č. 1/0232/14. Bratislava: ICM Agency, 2016. ISBN 978-80-89257-74-4.

# Languages necessary to complete the course:

Slovak and English

#### **Notes:**

### Past grade distribution

Total number of evaluated students: 2

A	ABS0	В	С	D	Е	FX	NEABS	P
0,0	100,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0

Lecturers: prof. PhDr. Eugen Laczo, PhD.

Last change: 29.11.2022

Approved by:

Academic year: 2022/2023

University: Comenius University Bratislava

Faculty: Faculty of Physical Education and Sports

Course ID: Course title:

FTVŠ/dVP-038/21 Philosophy and sport

**Educational activities:** 

Type of activities: Number of hours:

per week: per level/semester: Form of the course: on-site learning

Number of credits: 3

**Recommended semester:** 

**Educational level: III.** 

**Prerequisites:** 

## **Course requirements:**

Positive evaluation of the performance at the seminar; acceptance of the final work

## **Learning outcomes:**

The student has acquired knowledge about the specifics of philosophical reflection on physical education and sport. He acquired the skills of scientific and philosophical reflection on the topic of his own dissertation project. He demonstrated the ability of sophisticated philosophical interpretation of sport, sports movement and sports activity.

# Class syllabus:

The roles of the philosophy of sport in the contexts of the sciences of sport; attributive characteristics of sport and their philosophical interpretation; sport as a human realization; sport and the meaning of life; analysis of the language of sport and sports sciences; value aspects of sport and sports; modern forms of calocagathy.

### **Recommended literature:**

- 1. HOGENOVÁ, Anna. 2005. K filozofii výkonu. Praha: EUROLEX BOHEMIA s.r.o. 1. vydanie. ISBN 80-86861-35-X.
- 2. JIRÁSEK, Ivo. 2005. Filosofická kinantropologie: setkání filosofie, těla a pohybu.
- 3. KOSIEWICZ, Jerzy. 2006. Filozoficzne aspekty kultury fizycznej i sportu. Warszawa: Wydawnictwo BK. Wydanie III. 462 s. ISBN 83-916859-7-7.
- 4. OBORNÝ, Josef. 2001. Filozofické a etické pohľady do športovej humanistiky. Bratislava: Slovenská vedecká spoločnosť pre telesnú výchovu a šport. ISBN 80-968252-7-5.
- 5. OBORNÝ, Josef. 2015. Filozofia a šport. Bratislava: Univerzita Komenského v Bratislave, 2015. 158 s. ISBN 978-80-223-3659-7.
- 6. VRABCOVÁ, Jana. 2003. Filozofické problémy športu. In LEŠKA, Dušan OBORNÝ, Josef (Eds.). Telesná výchova a šport v kultúre spoločnosti. Monografický zborník vedeckých a odborných prác. Bratislava: SVSTVŠ&FTVŠ UK. ISBN 80-89075-20-7.

# Languages necessary to complete the course:

Slovak and English

Notes:									
_	le distribut nber of eval		nts: 0						
A	ABS0	В	С	D	Е	FX	NEABS	P	
0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	
Lecturers	s: prof. PhD	r. Josef Ob	orný, PhD.						
Last change: 29.11.2022									
Approve	Approved by:								

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-011/21 Presentation at a domestic scientific event with publication of the presentation - co-author **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning **Number of credits: 3 Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 3 ABS0 В Α  $\mathbf{C}$ D Е FX **NEABS** P 0.0 0.0 0.0 100.0 0.0 0.0 0.0 0.0 0.0 **Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-011a/22 Presentation at a domestic scientific event with publication of the presentation - co-author **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning **Number of credits: 3 Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 2 ABS0 В Α  $\mathbf{C}$ D Е FX **NEABS** P 0.0 0.0 0.0 100.0 0.0 0.0 0.0 0.0 0.0 **Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-011b/22 Presentation at a domestic scientific event with publication of the presentation - co-author **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning **Number of credits: 3 Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 2 ABS0 В Α  $\mathbf{C}$ D Е FX **NEABS** P 0.0 0.0 0.0 100.0 0.0 0.0 0.0 0.0 0.0 **Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-011c/22 Presentation at a domestic scientific event with publication of the presentation - co-author **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning **Number of credits: 3 Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 2 ABS0 В Α  $\mathbf{C}$ D Е FX **NEABS** P 0.0 0.0 0.0 100.0 0.0 0.0 0.0 0.0 0.0 **Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-011d/22 Presentation at a domestic scientific event with publication of the presentation - co-author **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning **Number of credits: 3 Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 0 ABS0 В Α  $\mathbf{C}$ D Е FX **NEABS** P 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 **Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-010/21 Presentation at a domestic scientific event with publication of the presentation - sole author **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning **Number of credits:** 6 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 0 ABS0 В Α  $\mathbf{C}$ D Е FX **NEABS** P 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 **Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-009/21 Presentation at a foreign scientific event with publication of the presentation - co-author **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning **Number of credits: 5 Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 5 ABS0 В Α  $\mathbf{C}$ D Е FX **NEABS** P 0.0 0.0 0.0 100.0 0.0 0.0 0.0 0.0 0.0 **Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-009a/22 Presentation at a foreign scientific event with publication of the presentation - co-author **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning **Number of credits: 5 Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 4 ABS0 В Α  $\mathbf{C}$ D Е FX **NEABS** P 0.0 0.0 0.0 100.0 0.0 0.0 0.0 0.0 0.0 Lecturers: Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-009b/22 Presentation at a foreign scientific event with publication of the presentation - co-author **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning **Number of credits: 5 Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 2 ABS0 В Α  $\mathbf{C}$ D Е FX **NEABS** P 0.0 0.0 0.0 100.0 0.0 0.0 0.0 0.0 0.0 Lecturers: Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-009c/22 Presentation at a foreign scientific event with publication of the presentation - co-author **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning **Number of credits: 5 Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 1 ABS0 В Α  $\mathbf{C}$ D Е FX **NEABS** P 0.0 0.0 0.0 100.0 0.0 0.0 0.0 0.0 0.0 Lecturers: Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-009d/22 Presentation at a foreign scientific event with publication of the presentation - co-author **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning **Number of credits: 5 Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 0 ABS0 Α В  $\mathbf{C}$ D Е FX **NEABS** P 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 **Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-008/21 Presentation at a foreign scientific event with publication of the presentation - sole author **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 10 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 3 ABS0 В Α  $\mathbf{C}$ D Е FX **NEABS** P 0.0 0.0 0.0 100.0 0.0 0.0 0.0 0.0 0.0 Lecturers: Last change: Approved by:

Academic year: 2022/2023

University: Comenius University Bratislava

Faculty: Faculty of Physical Education and Sports

Course ID: Course title:

FTVŠ/dPP-002/21 Presentation of scientific work

**Educational activities:** 

Type of activities: Number of hours:

per week: per level/semester: Form of the course: on-site learning

Number of credits: 5

**Recommended semester:** 1.

**Educational level: III.** 

# **Prerequisites:**

## **Course requirements:**

100%-91% - A, 90%-81% - B, 80%-71% - C, 70%-61% - D, 60%-51% -E, 50% a menej FX Elaboration of muster abstract and muster sets of slides based on real or simulated results including their oral presentation.

### **Learning outcomes:**

Students get familiar with formal and contentual priciples of presentation. They are able to use appropriate fonts, their size, colors as well as their combinations with background. They get familiar with principles of constructions of graphs and tables as well as use of illustrations and animations. They master principles of creating supporting texts and oral presentation. They know structure of various presentations and lectures, are familiar with principles of introduction, formulation of objectives and hypotheses, presentation of material and methods as well as of the resuts. They are able to discuss the results obtained and draw appropriate conclusions. They are familiar with priciples of posters, style of academic writing as well as specifities of presenting scientific facts to general public.

### Class syllabus:

- 1. Forms of presentation f scienticic work (short presentation, lecture, paper, abstract, poster).
- 2. Formal principles of presentation (colors, background, fonts, color combinations).
- 3. Contentual structure of presentation.
- 4. Graphs and tables.
- 5. Principles for creation of supporting texts.
- 6. Illustrations and animations.
- 7. Poster, structure, principles of creation of texts and graphs, use of illustrations, priciples of short oral poster presentation.
- 8. Scientific paper.
- 9. Popular article for lay public.
- 10. Principles of oral presentation.
- 11. Principles of academic writing.

### **Recommended literature:**

- 1. SWORD, Helen. Stylish academic writing. Harward University Press, 2012.
- 2. BAJGAR, JiŘí et al. Zásady vedeckej práce v medicíne. Martin: Osveta, 1980.
- 3. ČATÁR, Gustav. Vedecká práca, prednáška. http://prolitera.sk/UVB/pdf/UVB-21.pdf.
- 4. LARKIN, Marylin. How to give a dynamic scientific presentation. https://www.elsevier.com/connect/how-to-give-a-dynamic-scientific-presentation

# Languages necessary to complete the course:

Slovak and English

### **Notes:**

# Past grade distribution

Total number of evaluated students: 8

A	ABS0	В	С	D	Е	FX	NEABS	P
0,0	100,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0

Lecturers: prof. MUDr. Dušan Hamar, PhD.

Last change: 28.11.2022

Approved by:

Academic year: 2022/2023

University: Comenius University Bratislava

Faculty: Faculty of Physical Education and Sports

Course ID: Course title:

FTVŠ/dVP-048/21 Problem students in physical and sports education

**Educational activities:** 

Type of activities: Number of hours:

per week: per level/semester: Form of the course: on-site learning

Number of credits: 3

**Recommended semester:** 

**Educational level: III.** 

**Prerequisites:** 

### **Course requirements:**

100%-91% - A, 90%-81% - B, 80%-71% - C, 70%-61% - D, 60%-51% -E, 50% and less FX Final evaluation: 50 % written seminar paper, 50 % exam.

### **Learning outcomes:**

The student can identify pupils' problem behaviour in physical and sports education based on peculiarities of pedagogical-psychological diagnostics of the pupils. The student masters the possibilities of detection at the earliest possible moment these pupils and solving the problems of the students so that the teaching process in the educational subject of physical and sport education is not disturbed. He/she understands the basic concepts, determinants, and theoretical background of the subject. The student masters the principles of integration in the educational process. He/she applies common strategies for working with problem pupils, which are adequate for the type of problem male or female pupils to successfully manage the solution of the problem.

# Class syllabus:

- 1. Characteristics of a problem pupil and a problem exercise group.
- 2. Pedagogical-psychological diagnostics of the pupil.
- 3. Determinants of problem behaviour of the pupil(s).
- 4. Types of problem pupils in physical and sports education.
- 5. Didactic interaction teacher and problem pupil, didactic interaction teacher and problem exercise group.
- 6. Successful strategies in working with problem pupils.

#### **Recommended literature:**

1. PERÁČKOVÁ, J., 2001.. Žiak vo výchovno-vzdelávacom procese v telesnej výchove. In: KOLEKTÍV, Didaktika školskej telesnej výchovy. Bratislava: Fakulta telesnej výchovy a športu a Slovenská vedecká spoločnosť pre telesnú výchovu a šport, s. 102-113. ISBN 80-968252-5-9. 2. PERÁČKOVÁ, J., 2000. Problémoví žiaci a problémy žiakov v telesnej výchove. In: Acta Facultatis educationis physicae Universitatis Comenianae. 41, 131-146. Bratislava: Univerzita Komenského.

- 3. PERÁČKOVÁ, J., 2000. Výchova vôľových vlastností v školskej telesnej výchove. In LABUDOVÁ, J. a kol.: Výchovná práca v telesnej výchove, s. 33-46. Bratislava: Peter Mačura. ISBN 80-88901-44-8.
- 4. PERÁČKOVÁ, J., 1989. Pedagogicko-psychologické skúmanie žiakov SOU. In: Acta Facultatis educationis physicae Universitatis Comenianae, 27, 129-136. Bratislava: Slovenské pedagogické nakladateľstvo.
- 5. HRABAL, V., 1989. Pedagogicko-psychologická diagnostika žáka. Praha: SPN, 1989.
- 6. AUGER, M-TH. a CH. BOUCHARLAT, 2005. Učitel a problémový žák. Praha: Portál.
- 7. ĎURIČ, L., J. GRÁC, a J. ŠTEFANOVIČ, 1991. Pedagogická psychológia. Bratislava: Jaspis.
- 8. ČÁP, J. a J. MAREŠ, 2001. Psychologie pro učitele. Praha: Portál.
- 9. OĽŠAVSKÁ, M., 2015. Učiteľ a problémové situácie v edukácii. Bratislava: Metodicko-Pedagogické centrum. ISBN 978-80-565-1060-5.
- 10. ÖZBAL, A. F. et al., 2019. Examining the Attitudes and problem Solving Skills of Physical Education and Sports Students. In: Universal Journal of Educational Research. 7(3), 820-823. DOI 10.13189/ujer.2019.070323.

# Languages necessary to complete the course:

Slovak and English

### **Notes:**

# Past grade distribution

Total number of evaluated students: 0

A	ABS0	В	С	D	Е	FX	NEABS	Р
0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0

Lecturers: doc. PaedDr. Janka Peráčková, PhD.

Last change: 29.11.2022

Approved by:

Academic year: 2022/2023										
University: Comenius U	Jniversity	y Bratislava	a							
Faculty: Faculty of Phys	sical Edu	cation and	Sports							
Course ID: FTVŠ/dVP-012/21	I	Course title: Professional papers in foreign journals and anthologies - sole author								
Educational activities: Type of activities: Number of hours: per week: per level/ Form of the course: of Number of credits: 4										
Recommended semeste	er: 									
Educational level: III.										
Prerequisites:										
Course requirements:										
Learning outcomes:										
Class syllabus:										
Recommended literatu	re:									
Languages necessary to	o comple	ete the cou	rse:							
Notes:										
Past grade distribution Total number of evaluat		nts: 1								
A ABS0	В	С	D	Е	FX	NEABS	P			
0,0 100,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0			
Lecturers:						l L				
Last change:										
Approved by:										

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-013/21 Professional works in domestic journals and anthologies - sole author **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 2 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 0 ABS0 В Α  $\mathbf{C}$ D Е FX **NEABS** P 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 **Lecturers:** Last change: Approved by:

Academic year: 2022/2023

University: Comenius University Bratislava

Faculty: Faculty of Physical Education and Sports

Course ID: Course title:

FTVŠ/dVP-049/21 Psychological preparation in sports

**Educational activities:** 

Type of activities: Number of hours:

per week: per level/semester: Form of the course: on-site learning

Number of credits: 3

**Recommended semester:** 

**Educational level:** III.

**Prerequisites:** 

## **Course requirements:**

100% -91% - A, 90% -81% - B, 80% -71% - C, 70% -61% - D, 60% -51% -E, 50% and less FX. Oral exam from the subject (50%). Elaboration of the studied psychological problem in the form of a seminar work (50%).

### **Learning outcomes:**

After completing the course, the student understands the psychological possibilities of influencing the mental readiness of athletes for sports performance. He knows the goals, tasks, methods, principles and means of psychological preparation. He is able to justify and compile the concept of psychological training of athletes and implement it in sports training and sports preparation.

### Class syllabus:

- Mental and psychological training in sport.
- Mental readiness.
- Rationale, responsibility and outcome of psychological training
- Objectives, tasks, methods, principles and means of psychological preparation.
- Direct, indirect, individual and group psychological training.
- The concept of psychological training.

### **Recommended literature:**

- 1. GREGOR, Tomáš. Psychológia športu. Bratislava: Mauro, 2013. ISBN 978-80-968092-7-1.
- 2. DOBRÝ, Lubomír a Bohdan SEMIGINOVSKÝ. Sportovní hry. Výkon a trénink. Praha: Olympia, 1988.
- 3. GURSKÝ, Tomáš. Psychológia športu. Učebné listy pre trénerov. Bratislava: Telovýchovná škola SZTK. 2005.
- 4. KOBYLKA, J., HOŠEK, Václav a Pavel SLEPIČKA. Psychologie sportu: Obecná část učebních textů pro školení tělovýchovních kádrů II. třídy. Praha: Olympia, 1986.
- 5. MACÁK, Ivan, BEZÁK, Jozef a Igor OBUCH. Psychológia športu. Učebné texty pre školenie trénerov II. a I. triedy. Bratislava: Šport, 1985.
- 6. MACÁK, Ivan a Václav HOŠEK. Psychológia telesnej výchovy a športu. Bratislava: SPN, 1987.

- 7. PAULÍK, Karel. Psychologie sportu. Ostrava: Ostravská Univerzita, Filozofická fakulta,2006. ISBN 80-7368-259-1.
- 8. RYBA, Jiří et al. Základy psychologie tělesné výchovy a sportu. Hradec Králové: Gaudeamus 1998. ISBN 80-7041-722-6.
- 9. SEILER, Roland a Andreas STOCK. Psychotrénink ve sportu i v životě. Praha: Olympia,1996. ISBN 978-80-70334-14-0.
- 10. SCHUBERT, Frank. Psychológia medzi štartom a cieľom. Bratislava: Šport, 1987.
- 11. SLEPIČKA, Pavel. Psychologie koučování. Praha: Olympia, 1988.
- 12. SLEPIČKA, Pavel, HOŠEK, Václav a Béla HÁTLOVÁ, B. Psychologie sportu. Praha: Karolinum, 2009. ISBN 978-80-246-1602-5.
- 13. SVOBODA, Bohumil a Miroslav VANĚK. 1986. Psychologie sportovních her, Praha: Olympia, 1986.
- 14. TOD, David, THATCHER, Joanne a Rachel RAHMAN. Psychologie sportu. Praha: Grada, 2012. ISBN 978-80-24739236.
- 15. VANĚK, Miroslav, HOŠEK, Václav, RYCHTECKÝ, Antonína Pavel SLEPIČKA. Psychologie sportu. Praha: SPN, 1984.
- 16. VANĚK, Miroslav, HOŠEK, Václav, RYCHTECKÝ, Antonín, SLEPIČKA, Pavel a Bohumil SVOBODA. Psychologie sportu. Praha: Olympia, 1983.

## Languages necessary to complete the course:

### **Notes:**

# Past grade distribution

Total number of evaluated students: 1

A	ABS0	В	С	D	Е	FX	NEABS	P
0,0	100,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0

Lecturers: doc. PhDr. PaedDr. Tomáš Gregor, PhD.

Last change: 29.11.2022

Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-001/21 Publication in a journal indexed in WOS, SCOPUS, ADD ... **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 15 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 6 В  $\mathbf{C}$ P Α ABS0 D E FX **NEABS** 0,0 100,0 0,0 0,0 0,0 0,00,0 0,0 0,0**Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-001a/22 Publication in a journal indexed in WOS, SCOPUS, ADD ... **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 15 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 2 В P Α ABS0  $\mathbf{C}$ D E FX **NEABS** 0,0 100,0 0,0 0,00,0 0,00,00,0 0,0**Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-001b/22 Publication in a journal indexed in WOS, SCOPUS, ADD ... **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 15 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 0 В  $\mathbf{C}$ Е P Α ABS0 D FX **NEABS** 0,0 0,0 0,0 0,0 0,0 0,00,00,0 0,0**Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-001c/22 Publication in a journal indexed in WOS, SCOPUS, ADD ... **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 15 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 0 В  $\mathbf{C}$ Е P Α ABS0 D FX **NEABS** 0,0 0,0 0,0 0,0 0,0 0,00,00,0 0,0**Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-001d/22 Publication in a journal indexed in WOS, SCOPUS, ADD ... **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 15 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 0 В  $\mathbf{C}$ P Α ABS0 D E FX **NEABS** 0,0 0,0 0,0 0,00,0 0,00,00,0 0,0**Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-006/21 Publication in a peer-reviewed domestic journal or in a coauthored collection **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning **Number of credits: 3 Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 9 ABS0 В Α  $\mathbf{C}$ D Е FX **NEABS** P 0.0 0.0 0.0 100.0 0.0 0.0 0.0 0.0 0.0 Lecturers: Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-006a/22 Publication in a peer-reviewed domestic journal or in a coauthored collection **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning **Number of credits: 3 Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 4 ABS0 В Α  $\mathbf{C}$ D Е FX **NEABS** P 0.0 0.0 0.0 100.0 0.0 0.0 0.0 0.0 0.0 Lecturers: Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-006b/22 Publication in a peer-reviewed domestic journal or in a coauthored collection **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning **Number of credits: 3 Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 2 ABS0 В Α  $\mathbf{C}$ D Е FX **NEABS** P 0.0 0.0 0.0 100.0 0.0 0.0 0.0 0.0 0.0 Lecturers: Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-006c/22 Publication in a peer-reviewed domestic journal or in a coauthored collection **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning **Number of credits: 3 Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 0 ABS0 В Α  $\mathbf{C}$ D Е FX **NEABS** P 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 **Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-005/21 Publication in a peer-reviewed domestic journal or in an anthology - single author **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 5 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 2 ABS0 В Α  $\mathbf{C}$ D Е FX **NEABS** P 0.0 0.0 0.0 100.0 0.0 0.0 0.0 0.0 0.0 **Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-003/21 Publication in another peer-reviewed foreign journal or in an anthology - co-author **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning **Number of credits: 5 Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 11 ABS0 В Α  $\mathbf{C}$ D Е FX **NEABS** P 0.0 90.91 0.0 0.0 9.09 0.0 0.0 0.0 0.0 **Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-003a/22 Publication in another peer-reviewed foreign journal or in an anthology - co-author **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning **Number of credits: 5 Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 2 ABS0 В Α  $\mathbf{C}$ D Е FX **NEABS** P 0.0 0.0 0.0 100.0 0.0 0.0 0.0 0.0 0.0 **Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-003b/22 Publication in another peer-reviewed foreign journal or in an anthology - co-author **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning **Number of credits: 5 Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 2 ABS0 В Α  $\mathbf{C}$ D Е FX **NEABS** P 0.0 0.0 0.0 100.0 0.0 0.0 0.0 0.0 0.0 **Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-003c/22 Publication in another peer-reviewed foreign journal or in an anthology - co-author **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning **Number of credits: 5 Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 1 ABS0 В C Α D Е FX **NEABS** P 0.0 0.0 0.0 100.0 0.0 0.0 0.0 0.0 0.0 **Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-003d/22 Publication in another peer-reviewed foreign journal or in an anthology - co-author **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning **Number of credits: 5 Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 0 ABS0 В Α  $\mathbf{C}$ D Е FX **NEABS** P 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 Lecturers: Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-003e/22 Publication in another peer-reviewed foreign journal or in an anthology - co-author **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning **Number of credits: 5 Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 0 ABS0 В Α  $\mathbf{C}$ D Е FX **NEABS** P 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 Lecturers: Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-002/21 Publication in another peer-reviewed foreign journal or in an anthology - single author **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 10 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 0 ABS0 В Α  $\mathbf{C}$ D Е FX **NEABS** P 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 Lecturers: Last change: Approved by:

Academic year: 2022/2023

University: Comenius University Bratislava

Faculty: Faculty of Physical Education and Sports

Course ID: Course title:

FTVŠ/dVP-062/21 Reasearch and development of speed abilities

**Educational activities:** 

Type of activities: Number of hours:

per week: per level/semester: Form of the course: on-site learning

Number of credits: 3

**Recommended semester:** 

**Educational level: III.** 

**Prerequisites:** 

## **Course requirements:**

After completing the education, the student demonstrates the acquired competencies by presenting a scientific problem in the selected area on the basis of current scientific journal, foreign language sources, where he analyzes the methodological approaches to solving the selected issue.

For the presentation must get min.51 %. (100%-91% - A, 90%-81% - B, 80%-71% - C, 70%-61% - D, 60%-51% -E, 51%)

#### **Learning outcomes:**

The student masters the latest examples of research problems solved in the field of speed abilities in the world. Can characterize the causes of the effectiveness of supramaximal means of developing running speed. It controls the structure and factors determining speed abilities. He is able to design a procedure for examining these factors. Masters the knowledge of the effectiveness of the development of speed abilities in difficult conditions (fall, sledge, brakes, segment weights). He knows the current methodological problems related to research in the field of periodization of the development of speed abilities. Can formulate methodological problems of research into the development of speed abilities. Masters the knowledge of the influence of individual methods of development of speed abilities on changes in motor performance. He is able to give examples of solved research projects in sports games and in individual sports. He will develop a procedure and recommendations for further research and is able to practically demonstrate skills in data acquisition in the selected area on the basis of available modern diagnostic tools.

He can formulate a scientific problem and, with appropriate methodological tools, implement the acquisition of new knowledge and can also interpret it in context, while he can also suggest a procedure for the use of knowledge in sports practice.

## Class syllabus:

Examples of research problems solved in the field of speed capabilities in the world. Characteristics and effectiveness of supramaximal means of developing speed abilities, their structure and factors. Knowledge of the effectiveness of the development of speed abilities in difficult conditions (parachute, sledge, brakes, segment weights). Current knowledge in the field of periodization of the development of speed abilities. Methodological problems of speed abilities development research.

Knowledge about the influence of individual methods of speed abilities development on changes in motor performance. Examples of solved research projects in sports games and in individual sports.

#### **Recommended literature:**

- 1. Baker, J. 2003. Early Specialization in Youth Sport: arequirement for adult expertise? High Ability Studies, Vol. 14, No. 1, pp. 85-94.
- 2. Bompa, T.O. 1999. Periodization Training for Sports. Champaign: Human Kinetics, 1999.
- 3. Brown, L.E. 2014. Training for Speed, Agility, and Quickness. Human Kinetics Publishers; 3rd edition 241 pages, ISBN 978-0736002394.
- 4. Cardinale, M., Newton, R., and Nosaka, K. 2011. Strength and conditioning-biological principles and practical applications. John Wiley & Sons. ISBN 978-0-470-01919-1. 483 p.
- 5. Elliott, B. et al., 1999. Training in sport. Chichester, New York, Weinheim: J. Wiley & Sons.
- 6. Jeffreys, I. 2011. A task based approach to developing reactive agility. Strength and Conditioning Journal. 33(4):52-59. 2011.
- 7. Jeffreys, I. 2016. Gamespeed. Second edition.
- 8. Jeffreys, I. 2013 Developing Speed. by NSCA -National Strength & Conditioning Association, Champaign: Human Kinetics, 2013.
- 9. Komi, P. V. 2011. Neuromuscular aspects of sport performance. International Olympic Committee Medical Commission Publication. Blackwell Publishing Ltd. 321 p.
- 10. Kraemer, W.J., Fleck, S.J. 2012. Exercise physiology: integrating theory and application. Williams&Wilkins, Philadelphia, ISBN 978-0-7817-8351-4.
- 11. Matveyev, L. 1981. Fundamentals of Sports Training. Moscow: Progress Publishers.
- 12. Pyke, F.S. 2013 Better Coaching: Advanced Coach's Manual. Australian Sports Commission. Human kinetics, 272 p. ISBN 978-1450423373.
- 13. Reilly, T. 2007. The Science of Training-Soccer. A scientific approach to developing strength, speed and endurance. Taylor & Francis. ISBN 0-415-38447-8.
- 14. Richardson, S.O. 2008. Overtraining athletes. Human Kinetics. ISBN 0-7360-6787-6
- 15. Wiersma, L. D. 2000. Risks and benefits of youth sport specialization: Perspectives and recommendations. Pediatric Exercise Science, 12, pp. 13–22.
- 16. Young, W.N., Dawson, B. and Henry, G.J. 2015. Agility and Change-of-Direction Speed are Independent Skills: Implications for Training for Agility in Invasion Sports. International Journal of Sports Science & Coaching. Vol. 10, No. 1, pp. 159-168.
- 17. Current periodical foreign scientific literature e.g., jssm.org; Journal of Strength and Conditioning Research; European Journal of Sport Science; New studies in athletics.

## Languages necessary to complete the course:

Slovak and English

## **Notes:**

## Past grade distribution

Total number of evaluated students: 0

A	ABS0	В	C	D	E	FX	NEABS	P
0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0

Lecturers: prof. Mgr. Marián Vanderka, PhD.

Last change: 29.11.2022

Approved by:

Academic year: 2022/2023

University: Comenius University Bratislava

Faculty: Faculty of Physical Education and Sports

Course ID: Course title:

FTVŠ/dVP-060/21 Research and development of coordination skills

#### **Educational activities:**

Type of activities: Number of hours:

per week: per level/semester: Form of the course: on-site learning

Number of credits: 3

#### **Recommended semester:**

**Educational level:** III.

## **Prerequisites:**

## **Course requirements:**

100%-91% - A, 90%-81% - B, 80%-71% - C, 70%-61% - D, 60%-51% -E, 50% and less FX

Student performance evaluation: qualification degree

Mid-term evaluation: none

End of term evaluation: seminar paper (100 %)

## **Learning outcomes:**

Students will become familiar with theory of coordination skills development. They will be able to apply the knowledge acquired in research and practice. They will develop skills needed for design of exercise programs specific to age and a particular sport as well as for evaluation of their effectiveness.

## Class syllabus:

- 1. Specificity of coordination skills development in individuals of various ages.
- 2. Specificity of coordination skills development in sports, which require their great level.
- 3. Design of sport-specific and health-oriented exercises programs focused on development of coordination skills and evaluation of their effectiveness.

#### **Recommended literature:**

- 1. BROWN, L. Training for speed, agility, and quickness. Champaign, IL: Human Kinetics, 2014.
- 2. COOK, G. Athletic body in balance. Champaign, IL: Human Kinetics, 2003.
- 3. ISSURIN, V.B., LYAKH, V.I. Coordination abilities of athletes. Independently published, 2019.
- 4. DAWES, J. Developing Agility and Quickness. Champaign, IL: Human Kinetics, 2018.
- 5. VICKERS, J.N. Perception, cognition, and decision training: the quiet eye in action. Champaign, IL: Human Kinetics, 2007.
- 6. ZEMKOVÁ, E. Sensorimotor exercises in sports training and rehabilitation. In: Trends in human performance research (pp. 79-117). New York: Nova science publishers, 2010.
- 7. ZEMKOVÁ, E. Fyziologické základy senzomotoriky. Bratislava: ICM Agency, 2011.
- 8. ZEMKOVÁ, E., HAMAR, D. Toward an understanding of agility performance. Boskovice: Albert, 2015.

9. ZEMKOVÁ, E. Postural sway response to exercise. Boskovice: Albert, 2019.

Languages necessary to complete the course:

Slovak and English

**Notes:** 

Past grade distribution

Total number of evaluated students: 0

A	ABS0	В	С	D	Е	FX	NEABS	P
0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0

Lecturers: prof. Mgr. Erika Zemková, PhD.

**Last change:** 29.11.2022

Approved by:

Academic year: 2022/2023

University: Comenius University Bratislava

Faculty: Faculty of Physical Education and Sports

Course ID: Course title:

FTVŠ/dVP-061/21 Research and development of mobility skills

#### **Educational activities:**

Type of activities: Number of hours:

per week: per level/semester: Form of the course: on-site learning

Number of credits: 3

### **Recommended semester:**

**Educational level:** III.

## **Prerequisites:**

## **Course requirements:**

Overall course evaluation 100% -91% - A, 90% -81% - B, 80% -71% - C, 70% -61% - D, 60% -51% -E, 50% and less FX

Final evaluation: elaboration of a seminar work on the issue of research and development of mobility skills in the context of the thematic scope of the dissertation theses.

## **Learning outcomes:**

The student will get deeper knowledge in the field of research, development and diagnostics of mobility skills with a focus on educational and methodological peculiarities. Knows the factors influencing the development of mobility in various stages (children, adolescents, adults, seniors.) Knows the theory of general and special adaptation syndrome.

### Class syllabus:

- 1. Basic starting points for the development of mobility skills.
- 2. Methodological peculiarities of the development of mobility skills.
- 3. Diagnostics of mobility skills.
- 4. Status and perspectives of mobility research.

#### **Recommended literature:**

- 1. ACSM, ACSM's Resource Manual for Guidelines for Exercise Testing and Prescription, Lippincott, Williams & Wilkins, Philidelphia, Pa, USA, 8 edition, 2010.
- 2. ENOKA, R.M. 2014. Neuromechanics of Human Movement. Human Kinetics, Champaign, IL. ISBN-10:0-7360-6679-9.
- 3. KONRAD A, STAFILIDIS S, TILP M. 2016. Effects of acute static, ballistic, and PNF stretching exercise on the muscle and tendon tissue properties. Scand J Med Sci Sports. 2017 Oct;27(10):1070-1080. doi: 10.1111/sms.12725. Epub 2016 Jul 1. PMID: 27367916; PMCID: PMC5479471.
- 4. POLSGROVE, M. J., EGGLESTON, B. M., & LOCKYER, R. J. 2016. Impact of 10-weeks of yoga practice on flexibility and balance of college athletes. International journal of yoga, 9(1), 27–34. https://doi.org/10.4103/0973-6131.171710.

- 5. STATHOKOSTAS, L., LITTLE, R.M.D., VANDERVOORT, A. A. PATERSON, , D.H. 2012. Flexibility Training and Functional Ability in Older Adults: A Systematic Review, Journal of Aging Research, vol. 2012, Article ID 306818, 30 pages, 2012. https://doi.org/10.1155/2012/306818.
- 6. VERNETTA, M., PELÁEZ-BARRIOS, E.M., & LÓPEZ-BEDOYA, J. 2020. Systematic review of flexibility tests in gymnastics. Journal of Human Sport and Exercise, in press. doi:https://doi.org/10.14198/jhse.2022.171.07.

## Languages necessary to complete the course:

Slovak and English

#### **Notes:**

## Past grade distribution

Total number of evaluated students: 1

A	ABS0	В	С	D	Е	FX	NEABS	P
0,0	100,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0

Lecturers: prof. PaedDr. Ol'ga Kyselovičová, PhD.

Last change: 29.11.2022

Approved by:

Academic year: 2022/2023

University: Comenius University Bratislava

Faculty: Faculty of Physical Education and Sports

Course ID: Course title:

FTVŠ/dVP-063/21 Research and development of strength abilities

**Educational activities:** 

Type of activities: Number of hours:

per week: per level/semester: Form of the course: on-site learning

Number of credits: 3

**Recommended semester:** 

**Educational level: III.** 

**Prerequisites:** 

## **Course requirements:**

After completing the education, the student demonstrates the acquired competencies by presenting a scientific problem in the selected area on the basis of current scientific journal, foreign language sources, where he analyzes the methodological approaches to solving the selected issue.

For the presentation must get min.51 %. (100%-91% - A, 90%-81% - B, 80%-71% - C, 70%-61% - D, 60%-51% -E, 51%)

#### **Learning outcomes:**

The student masters the latest examples of research problems solved in the field of speed abilities in the world. Can characterize the causes of the effectiveness of supramaximal means of developing running speed. It controls the structure and factors determining speed abilities. He is able to design a procedure for examining these factors. Masters the knowledge of the effectiveness of the development of speed abilities in difficult conditions (fall, sledge, brakes, segment weights). He knows the current methodological problems related to research in the field of periodization of the development of speed abilities. Can formulate methodological problems of research into the development of speed abilities. Masters the knowledge of the influence of individual methods of development of speed abilities on changes in motor performance. He is able to give examples of solved research projects in sports games and in individual sports. He will develop a procedure and recommendations for further research and is able to practically demonstrate skills in data acquisition in the selected area on the basis of available modern diagnostic tools.

He can formulate a scientific problem and, with appropriate methodological tools, implement the acquisition of new knowledge and can also interpret it in context, while he can also suggest a procedure for the use of knowledge in sports practice.

## Class syllabus:

Examples of research problems solved in the field of strength abilities in the world. Characteristics and effectiveness of the latest means of developing force and speed-force capabilities, their structure and factors. Knowledge of the effectiveness of the development of strength abilitiess. Current knowledge in the field of periodization of the development of strength abilitiess. Methodological problems of research into the development of strength abilitiess. Knowledge about the influence of

individual methods of strength development on changes in motor performance. Examples of solved research projects in sports games and in individual sports.

#### **Recommended literature:**

- 1. Baker, J. 2003. Early Specialization in Youth Sport: arequirement for adult expertise? High Ability Studies, Vol. 14, No. 1, pp. 85-94.
- 2. Bompa, T.O. 1999. Periodization Training for Sports. Champaign: Human Kinetics, 1999.
- 3. Cardinale, M., Newton, R., and Nosaka, K. 2011. Strength and conditioning-biological principles and practical applications. John Wiley & Sons, ISBN 978-0-470-01919-1. 483 p.
- 4. Elliott, B. et al., 1999. Training in sport. Chichester, New York, Weinheim: J. Wiley & Sons.
- 5. Gladden, L.B. 2004. Lactate metabolism: a new paradigm for the third millennium. J Physiol 558, pp. 5–30.
- 6. Komi, P. V. 2005. Strength and power in sport. Oxford: Blackwell Scientific, ISBN 0-632-05911-7.
- 7. Komi, P. V. 2011. Neuromuscular aspects of sport performance. International Olympic Committee Medical Commission Publication. Blackwell Publishing Ltd. 321 p.
- 8. Kraemer, W.J., Fleck, S.J. 2012. Exercise physiology: integrating theory and application. Williams&Wilkins, Philadelphia, ISBN 978-0-7817-8351-4.
- 9. Matveyey, L. 1981. Fundamentals of Sports Training. Moscow: Progress Publishers.
- 10. McArdle, W.D., Katch, F.I, Katch, V. 2001. Exercise physiology. 5th Edition, Williams&Wilkins, Baltimore, USA, ISBN 0-7917-2544-5.
- 11. Pyke, F.S. 2013 Better Coaching: Advanced Coach's Manual. Australian Sports Commission. Human kinetics, 272 p. ISBN 978-1450423373.
- 12. Reilly, T. 2007. The Science of Training-Soccer. A scientific approach to developing strength, speed and endurance. Taylor & Francis. ISBN 0-415-38447-8.
- 13. Richardson, S.O. 2008. Overtraining athletes. Human Kinetics. ISBN 0-7360-6787-6.
- 14. Selve, H., 1974, Stress without Distress. London: Corgi Books.
- 15. Tschiene, P. 1994. Wettkampfpluralität und Adaptation. Leichtungsport, 5, 1994, pp. 9-12.
- 16. Vanderka, M. 2016. Silový tréning pre výkon. Slovenská vedecká spoločnosť pre TV a šport, Bratislava 2016, 2. vydanie, Vedecká monografia. 361p. ISBN 978-80-89075-54-6.
- 17. Verkhoshansky, J., Stiff, M. 2009. Supertraining Special Strength Training for Sporting Excellence. 7th edition. 592 p., ISBN 0-76-459-65-00.
- 18. Wiersma, L. D. 2000. Risks and benefits of youth sport specialization: Perspectives and recommendations. Pediatric Exercise Science, 12, pp. 13–22.
- 19. Wilmore, J., Costill D. 2004. Physiology of sport and exercise. Champaign, IL:Human Kinetics.
- 20. Zatsiorsky, V., Kraemer, W. 2006. Science and Practice of Strength Training 2nd Edition, Human Kinetics Publishers, ISBN 0736056289.
- 21. Current periodical foreign scientific literature e.g., jssm.org; Journal of Strength and Conditioning Research; European Journal of Sport Science; New studies in athletics.

## Languages necessary to complete the course:

Slovak and English

#### **Notes:**

#### Past grade distribution

Total number of evaluated students: 0

A	ABS0	В	С	D	Е	FX	NEABS	P
0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0

Lecturers: prof. Mgr. Marián Vanderka, PhD.	
<b>Last change:</b> 29.11.2022	
Approved by:	

Academic year: 2022/2023

University: Comenius University Bratislava

Faculty: Faculty of Physical Education and Sports

Course ID: Course title:

FTVŠ/dVP-059/21 Research and effectiveness of the development of endurance skills

#### **Educational activities:**

Type of activities: Number of hours:

per week: per level/semester: Form of the course: on-site learning

Number of credits: 3

**Recommended semester:** 

**Educational level: III.** 

**Prerequisites:** 

## **Course requirements:**

100% - 91% - A, 90% - 81% - B, 80% - 71% - C, 70% - 61% - D, 60% - 51% -E, 50% and less FX

Continuous assessment: 50% - partial seminar work.

Final evaluation: based on continuous assessment 50%, 50% - seminar work.

## **Learning outcomes:**

The student knows the historical background of methods of development of endurance skills. The student masters the latest examples of research problems solved in the field of endurance skills in the world. He masters the structure and factors determining endurance skills. He is able to design a procedure for examining these factors. He can characterize the effectiveness of continuous and the effectiveness of interval methods of aerobic endurance development. He masters current knowledge about the effectiveness of the development of anaerobic endurance skills in individual sports and sports games. He can formulate methodological problems of research into the development of endurance skills. He masters examples of solved research projects in sports games and in individual sports.

## Class syllabus:

Historical background of methods of development of endurance skills. Examples of research problems solved in the field. Characteristics and effectiveness of continuous methods of aerobic endurance development. Characteristics and effectiveness of interval methods for the development of endurance skills. Current knowledge about the effectiveness of the development of aerobic endurance skills in individual sports and sports games. Current knowledge about the effectiveness of the development of anaerobic endurance skills in individual sports and sports games. Methodological problems of research on the development of endurance skills. Examples of solved research projects in sports games and in individual sports.

#### **Recommended literature:**

1. KAMPMILLER, Tomáš, VANDERKA, Marián, LACZO, Eugen, a Pavol PERÁČEK. Teória športu a didaktika športového tréningu. 1. vyd. Bratislava: ICM Agency, 2012. ISBN 978-80-89257-48-5.

2. Current periodical foreign scientific literature e.g. jssm.org; Journal of Strength and Conditioning Research; European Journal of Sport Science; New studies in athletics.

## Languages necessary to complete the course:

Slovak and English

**Notes:** 

# Past grade distribution

Total number of evaluated students: 0

A	ABS0	В	С	D	Е	FX	NEABS	P
0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0

Lecturers: doc. Mgr. Miroslav Vavák, PhD.

**Last change:** 29.11.2022

Approved by:

Academic year: 2022/2023

University: Comenius University Bratislava

Faculty: Faculty of Physical Education and Sports

Course ID: Course title:

FTVŠ/dVP-050/21 Social context of sport

**Educational activities:** 

Type of activities: Number of hours:

per week: per level/semester: Form of the course: on-site learning

Number of credits: 3

**Recommended semester:** 

**Educational level: III.** 

**Prerequisites:** 

## **Course requirements:**

Discussion on the social determinants of relevant sports physical activity, which is the subject of the dissertation. Written work in the range of 5 pages including the elaboration of definitions of 5 terms that are relevant to the doctoral student's dissertation research. Distance defense of written work.

### **Learning outcomes:**

The student is able to demonstrate in a sophisticated form an understanding of sport as a social phenomenon in the intentions of the study program of sports sciences. The student is able to extrapolate the development trends of the influence of the social sphere of society in individual historical stages and in socio-cultural contexts. He is able to perform a scientific analysis of the determinants of the sports movement.

## Class syllabus:

Social anthropology and sport. Social conditions, motives and barriers to sports physical activities. Sport, politics and social policy. Manifestations of social pathology in sport. Social aspects of the professional position of coach, athlete, physical education and sports teacher. Humanistic and socially oriented sports activity, sports and physical education.

#### **Recommended literature:**

- 1. GREGOR, Tomáš (ed.). Šport a spoločenské a humanitné vedy 2009 (zborník abstraktov a plná verzia príspevkov na CD). Bratislava: ICM AGENCY, 2009. ISBN 978-80-89257-16-4.
- 2. KASA, Július a Štefan ŠVEC, (Eds.). Terminologický slovník vied o športe. Bratislava: Univerzita Komenského, Fakulta telesnej výchovy a športu, 2007. ISBN 978-80-89197-78-1.
- 3. KOLEKTÍV. Sport jako sociálně-kulturní fenomén. Sborník prací Fakulty sportovních studií Masarykovy Univerzity v Brne. I. ročník, 2006. Brno: Masarykova univerzita, 2006. ISBN 80-210-4136-6.
- 4. LEŠKA, Dušan. Sociológia športu. Bratislava: ICM Agency, 2005. ISBN 80-969268-4-5.
- 5. OBORNÝ, Josef et al. Športové pohybové aktivity a životný štýl (vybrané problémy). Monografický zborník vedeckých štúdií. Bratislava: SVSTVS, 2013. ISBN 978-80 -89075-41-6.
- 6. SEKOT, Aleš, LEŠKA, Dušan, OBORNÝ, Josef a Vladimír JŮVA. Sociální dimenze sportu. 1. vyd. Brno: Masarykova univerzita, 2004. ISBN 80-210-3581-1.

- 7. SEKOT, Aleš. Úvod do sociální patologie. Brno: Masarykova univerzita, 2010. ISBN 978-80-210-5261-1.
- 8. SEMAN, František, (Ed.). Amaterizmus a profesionalizmus v športe. Zborník z vedeckej konferencie s medzinárodnou účasťou. Bratislava: Univerzita Komenského, FTVŠ UK a Katedra športovej edukológie a športovej humanistiky, 2009. ISBN 978 80 8113 017 5.

## Languages necessary to complete the course:

Slovak and English

## **Notes:**

## Past grade distribution

Total number of evaluated students: 0

A	ABS0	В	С	D	Е	FX	NEABS	Р
0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0

Lecturers: prof. PhDr. Josef Oborný, PhD.

Last change: 29.11.2022

Approved by:

Academic year: 2022/2023

University: Comenius University Bratislava

Faculty: Faculty of Physical Education and Sports

Course ID: Course title:

FTVŠ/dVP-051/21 Sport and Olympism

**Educational activities:** 

Type of activities: Number of hours:

per week: per level/semester: Form of the course: on-site learning

**Number of credits: 3** 

**Recommended semester:** 

**Educational level: III.** 

**Prerequisites:** 

## **Course requirements:**

Positive evaluation of the presentation at the seminar; acceptance of the final work. Seminar work on the topic of the 70s of the 20th century and the crisis in the Olympic movement. Sketch of Olympic negatives, critical views on sport and Olympism. Final evaluation: written work "The direction of the Olympic movement after the Olympic congresses in the years in the late 20th and early 21st century."

## **Learning outcomes:**

The student understands the relationship between contemporary sport and Olympism as a philosophy of life not only against the background of the Olympic Games, but also in terms of the development of world society. He masters the extended issues of the relationship between sport and politics. He has knowledge of the management of world Olympism and the role of the International Olympic Committee. He thoroughly understands the issue of Olympic education and the direction of the Olympic movement in the world after the Olympic congresses in the years in recent decades.

## Class syllabus:

Brief historical excursion into the ancient Olympic Games and the role of sport and religion within them. Educational aspects of the beginnings of the renewal of the modern Olympic Games. Pierre de Coubertin and his role in the development of sport as an educational environment. The resumption of the Olympic Games and the beginnings of neo-Olympism as a philosophy of life. A fundamental change in the direction of sports in general and at the Olympic Games. Pierre de Coubertin's resignation to pedagogical efforts at the Olympic Games. Significant commercialization and politicization of contemporary sport and the dominance of sports powers at the Olympic Games. Crisis moments in the activities of the International Olympic Committee in the 80s and 90s of the 20th century. The need for a renaissance of the educational role of sport.

#### **Recommended literature:**

- 1. GREXA, Ján et al. 2006. Olympijská výchova. Metodická príručka SOV. Bratislava: SOV, SOA, NŠC, 2006. ISBN 80-969522-0-X.
- 2. SOUČEK, Ľubomír. Novoveké olympijské hry. Bratislava: SOV, 2011. ISBN 978-80-89460-06-9.

- 3. SEMAN, František. Pedagogický odkaz Pierra de Coubertin. Bratislava: SOV, 2013. ISBN 978-80-89460-14-4.
- 4. DOVALIL, Josef et al. Olympismus. Praha: Olympia, 2004. ISBN 80-7033-871-7.
- 5. PARIENTÉ, Robert et al. La fabuleuse histoire des jeux olympiques. Paris: Minerva, 2000. ISBN 2830705831.
- 6. RIORDAN, Jim a Arndt KRÜGER, Eds. The International Politics of Sport in the Twentieth Century. London: Taylor and Francis Group, 1999. ISBN 0-203-47636-0.
- 7. ROCHE, M. Megaevents and Modernity: Olympics, Expos and the Growth of Global Culture. London: Taylor and Francis Group, 2003. ISBN 0-203-44394-2.
- 8. DAVIS, John, A. Olympic Games Effect: How Sports Marketing Builds Strong Brands. Singapore, John Wiley and Sons, 2012. ISBN 978-1-118-17168-4.
- 9. BALE, John a Mette Krogh CHRISTENSEN. Eds. Post-olympism? Questionning Sport in the Twenty-first Century. Oxford, Berg, 2004. ISBN 1-85973-714-5.

## Languages necessary to complete the course:

Slovak and English

## **Notes:**

## Past grade distribution

Total number of evaluated students: 0

A	ABS0	В	С	D	Е	FX	NEABS	P
0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0

Lecturers: prof. PhDr. Josef Oborný, PhD.

Last change: 29.11.2022

Approved by:

Academic year: 2022/2023

University: Comenius University Bratislava

**Faculty:** Faculty of Physical Education and Sports

**Course ID:** Course title: Sports chronobiology

**Educational activities:** Type of activities:

Number of hours:

per week: per level/semester: Form of the course: on-site learning

**Number of credits: 3** 

**Recommended semester:** 

Educational level: III.

## **Prerequisites:**

## **Course requirements:**

- 1. Elaboration of the final subject work with the prescribed minimum number of references (50%).
- 2. Individual presentation on a given topic (50%).

## **Learning outcomes:**

The student is able to design a chronobiological experiment with respect to sports sciences; he/she knows special chronobiological methodologies of data collection and statistical procedures in their analysis.

The student possesses the knowledge the course of diurnal changes of individual types of physical performance and understands their mechanisms.

The student masters the specifics of adaptation to different types of training and known / assumed mechanisms of adaptation.

#### Class syllabus:

- Introduction to chronobiology history, characteristics of biological rhythms.
- Circadian rhythms mechanisms of molecular clocks and their external manifestations with emphasis on the neuromuscular system, hormonal system and metabolism.
- Daily changes in physical performance and their mechanisms.
- Adaptive changes to time-specific training strength, endurance, combined.
- Special chronobiological test protocols with respect to physical activity.

### **Recommended literature:**

- 1. JANČOKOVÁ, Ľudmila et al. Chronobiológia od teórie k športovej praxi. Banská Bystrica: Belianum, 2013. ISBN 978-80-557-0634-4.
- 2. SEDLIAK, Milan. Steroidné hormóny pri telesnom zaťažení. Bratislava: Slovenská vedecká spoločnosť pre telesnú výchovu a šport, 2017. ISBN 978-80-89075-60-7.

## Languages necessary to complete the course:

Slovak and English

Notes:

1	e distributi		nts: 5								
A	A ABSO B C D E FX NEABS P										
0,0	0,0 100,0 0,0 0,0 0,0 0,0 0,0 0,0										
Lecturers	: doc. Mgr.	Milan Sedl	iak, PhD.								

**Last change:** 29.11.2022

Approved by:

Academic year: 2022/2023

University: Comenius University Bratislava

Faculty: Faculty of Physical Education and Sports

Course ID: Course title:

FTVŠ/dVP-052/21 Sports hermeneutics

**Educational activities:** 

Type of activities: Number of hours:

per week: per level/semester: Form of the course: on-site learning

**Number of credits: 3** 

**Recommended semester:** 

**Educational level:** III.

**Prerequisites:** 

## **Course requirements:**

Positive evaluation of the presentation at the seminar; acceptance of the final work. Discussion on the topic of the dissertation and defense of one's own hermeneutic conception of meaning and understanding of the results of dissertation research. Description of a hermeneutic circle in relevance to one's own dissertation. Written work in the extent of 3 pages on the topic "Social utility and applicability of dissertation research results in practice".

## **Learning outcomes:**

The student has acquired knowledge of historical and contextual forms of hermeneutics. He demonstrated a sophisticated understanding of the importance of the hermeneutics of sport for a student of a sports science study program.

### Class syllabus:

Developmental transformations of the content of the term hermeneutics and its representatives. Content of the term sports hermeneutics. Hermeneutics of sport and the art of meaningful interpretation of relevant concepts of sports terminology. Hermeneutics of sport as a method of understanding the human dimension of sport. Hermeneutic circle in sports sciences. Understanding sport as a basis for scientific knowledge of sport.

### Recommended literature:

- 1. HOGENOVÁ, Anna et al. Hermeneutika sportu. Praha: Karolinum, 1998. ISBN: 80-7184-744-5.
- 2. HOGENOVÁ, Anna a Naďa PELCOVÁ, (Eds.). Hodnoty ve výchově, umění a sportu. Praha: Univerzita Karlova Pedagogická fakulta, 2008. ISBN 80-7290-272-5.
- 3. HROCH, Jaroslav. Filosofická hermeneutika v dějinách a v současnosti. Brno: Masarykova univerzita a Nakladatelství GEORGETOWN, 1997. ISBN 80-210-1709-0.
- 4. KASA, Július a Štefan ŠVEC, (Eds.). Terminologický slovník vied o športe. Bratislava: Univerzita Komenského, Fakulta telesnej výchovy a športu, 2007. ISBN 978-80-89197-78-1.
- 5. OBORNÝ, Josef. Filozofia a šport. Bratislava: Univerzita Komenského v Bratislave, 2015. ISBN 978-80-223-3659-7.

## Languages necessary to complete the course:

Slovak ar	nd English							
Notes:								
0	l <b>e distribut</b> i nber of eval		nts: 0					
A	ABS0	В	С	D	Е	FX	NEABS	P
0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0
Lecturers	s: prof. PhD	r. Josef Ob	orný, PhD.		•		•	
Last char	nge: 29.11.2	022						
Approved	d by:			1				

Academic year: 2022/2023

University: Comenius University Bratislava

Faculty: Faculty of Physical Education and Sports

**Course ID:** Course title: Sports training

**Educational activities:** 

Type of activities: Number of hours:

per week: per level/semester: Form of the course: on-site learning

Number of credits: 3

**Recommended semester:** 

**Educational level: III.** 

**Prerequisites:** 

## **Course requirements:**

100%-91% - A, 90%-81% - B, 80%-71% - C, 70%-61% - D, 60%-51% -E, 50% and less FX Ongoing evaluation:

Elaboration of programs:

- sports training from selected sports 25%
- literature annotations (at least 5 foreign sources of research character) 25%

Final evaluation: exam (50%)

## **Learning outcomes:**

The student masters the content of basic and related concepts. He knows adaptation theories, means, forms and methods of training load, their connections and diagnostics. He has an overview of the latest theories and knowledge from sports training, which he can creatively apply in sports training projects. Can use scientific procedures to determine and control the general and special objectives of sports training projects. Can apply new methodological approaches in researching the problems of sports training.

He is acquainted with the latest knowledge in the field of sports training through specific research projects and literature.

#### Class syllabus:

- Load and adaptation in sports training from the perspective of current research projects.
- Development of fitness and coordination skills and the way of their diagnosis in sports training on the examples of research work.
- Acquisition and improvement of sports skills (sports equipment) and the method of their diagnosis on the examples of research work.
- Inter- and intra-individual research projects, experimental and ex post facto monitoring applied in sports training.
- Current topics: spring locomotor systems and their development in sports training, neogenesis of muscle cells under the influence of load, modern approaches in the development of motor skills and abilities

## **Recommended literature:**

- 1. KAMPMILLER, Tomáš, et al. Teória športu a didaktika športového tréningu. 1. vyd. Bratislava: ICM Agency, 2012. ISBN 978-80-89257-48-5.
- 2. MORAVEC, Roman, et. al. Teória a didaktika výkonnostného a vrcholového športu. 1. vyd. Bratislava: Univerzita Komenského a Slovenská vedecká spoločnosť pre telesnú výchovu a šport, 2007. ISBN 978-80-89075-31-7.
- 3. DOVALIL, Josef, et al. Výkon a trénink ve sportu. 3. vyd. Praha: Olympia, 2009. ISBN 978-80-7376-130-1.
- 4. ELLIOTT, Bruce (ed.). et al. Training. In Sport. Applying Sport Science. 1st Edition. Chichester: Wiley, 1999. ISBN 978-0471978701.
- 5. PERIČ, Tomáš a Josef DOVALIL. Sportovní trénink. Praha: Grada, 2010. ISBN 978-80-247-2118-7.
- 6. PERIČ, Tomáš et al. Sportovní příprava dětí. Praha: Grada, 2012. ISBN 978-80-247421-8-2.

## Languages necessary to complete the course:

Slovak and English

### **Notes:**

## Past grade distribution

Total number of evaluated students: 0

A	ABS0	В	C	D	Е	FX	NEABS	P
0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0

Lecturers: prof. PaedDr. Tomáš Kampmiller, PhD.

**Last change:** 29.11.2022

Approved by:

Academic year: 2022/2023

University: Comenius University Bratislava

Faculty: Faculty of Physical Education and Sports

Course ID: Course title:

FTVŠ/dVP-055/21 Standardization of functional and motor tests

#### **Educational activities:**

Type of activities: Number of hours:

per week: per level/semester: Form of the course: on-site learning

Number of credits: 3

### **Recommended semester:**

**Educational level: III.** 

## **Prerequisites:**

### **Course requirements:**

100%-91% - A, 90%-81% - B, 80%-71% - C, 70%-61% - D, 60%-51% -E, 50% and less FX

Student performance evaluation: qualification degree

Mid-term evaluation: none

End of term evaluation: seminar paper (100 %)

## **Learning outcomes:**

Students will become familiar with theory of standardization of functional and fitness tests. They will be able to apply the knowledge acquired in research and practice. They will develop skills needed for identification of basic test characteristics and for interpretation of test results.

#### Class syllabus:

- 1. Test design. Test standardization. Fundamental characteristics of functional and fitness tests. Application in functional testing of physical performance.
- 2. Laboratory and field testing requirements. Objectivity. Reliability. Validity. Sensitivity. Specificity.
- 3. Examples of functional and fitness tests standardization.

#### **Recommended literature:**

- 1. Australian Institute of Sport. Physiological tests for elite athletes. Champaign, IL: Human Kinetics, 2012.
- 2. ESTON, R., REILLY, T. Kinanthropometry and exercise physiology laboratory manual: tests, procedures and data. London, UK: Routledge, 2008.
- 3. REMAIN, M.P., MANSKE, R.C. Functional testing in human performance. Champaign, IL: Human Kinetics. 2009.
- 4. VINCENT J.W. Statistics in kinesiology. Champaign, IL: Human Kinetics, 2012.
- 5. WINTER, E.M. et al.: Sport and exercise physiology testing guidelines: volume I sport testing: London, UK: Routledge, 2007.

## Languages necessary to complete the course:

Slovak and English

Notes:											
	le distribut nber of eval		nts: 0								
A	ABS0	В	С	D	Е	FX	NEABS	P			
0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0			
Lecturer	s: prof. Mgr	. Erika Zem	ıková, PhD			•					
Last chai	Last change: 29.11.2022										
Approve	d by:										

Academic year: 2022/2023									
University: Comenius University Bratislava									
Faculty: Faculty of Physical Education and Sports									
Course ID: FTVŠ/dVP-70/22  Course title: Study visit									
Educational activities: Type of activities: Number of hours: per week: per level/semester: Form of the course: on-site learning									
Number o	f credits: 5								
Recomme	nded seme	ster:							
Education	al level: III	[.							
Prerequisi	ites:								
Course re	quirements	s:							
Learning	outcomes:								
Class sylla	ibus:								
Recomme	nded litera	ture:							
Language	s necessary	to comple	ete the cou	rse:					
Notes:	-1								
	e distributi ber of evalu		nts: 0						
A	ABS0	В	С	D	Е	FX	NEABS	P	
0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	
Lecturers	Lecturers:								
Last change:									
Approved	by:								

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-024/21 Supervising of bachelor thesis **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning **Number of credits: 3 Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 9 В  $\mathbf{C}$ Е P Α ABS0 D FX **NEABS** 0,0 100,0 0,0 0,00,0 0,00,00,0 0,0**Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-024a/22 Supervising of bachelor thesis **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning **Number of credits: 3 Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 11 В  $\mathbf{C}$ Е P Α ABS0 D FX **NEABS** 0,0 100,0 0,0 0,0 0,0 0,00,00,0 0,0**Lecturers:** Last change: Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-024b/22 Supervising of bachelor thesis **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning **Number of credits: 3 Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 9 В  $\mathbf{C}$ Е P Α ABS0 D FX **NEABS** 0,0 100,0 0,0 0,0 0,00,00,00,0 0,0**Lecturers:** Last change: Approved by:

Academi	c year: 2022	/2023							
Universit	y: Comenius	s Universit	y Bratislav	a					
Faculty:	Faculty of Pl	nysical Ed	ucation and	Sports			-		
	Course ID:  STVŠ/dVP-024c/22  Course title: Supervising of bachelor thesis								
Type of Number per we Form of	nal activitie activities: of hours: ek: per lev the course:	el/semeste							
	of credits: 3								
	ended semes								
	nal level: III	•							
Prerequi	sites:								
Course r	equirements	<b>:</b>							
Learning	outcomes:								
Class syll	labus:								
Recomm	ended litera	ture:							
Languag	es necessary	to compl	ete the cou	rse:					
Notes:	,,								
	le distribution		ents: 7						
A	ABS0	В	С	D	Е	FX	NEABS	P	
0,0	100,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	
Lecturer	s:				•				
Last chai	nge:								
Approve	d by:								

Academic	year: 2022	2/2023							
University	y: Comeniu	s Universit	y Bratislava	a					
Faculty: F	Faculty of P	hysical Edu	acation and	Sports					
	Course ID:  STVŠ/dVP-024d/22  Course title: Supervising of bachelor thesis								
Type of a Number per wee Form of	nal activitienctivities: of hours: ek: per leve the course: of credits: 3	rel/semeste on-site lea							
	ended seme								
	nal level: II								
Prerequis	ites:								
Course re	quirement	S:							
Learning	outcomes:								
Class sylla	abus:								
Recomme	nded litera	iture:							
Language	s necessary	to comple	ete the cou	rse:					
Notes:									
	e distributi		nts: 3						
A	ABS0	В	С	D	Е	FX	NEABS	P	
0,0	100,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	
Lecturers	:								
Last chan	ge:								
Approved	by:								

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-024e/22 Supervising of bachelor thesis **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning **Number of credits: 3 Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 1 В  $\mathbf{C}$ Е P Α ABS0 D FX **NEABS** 0,0 100,0 0,0 0,00,0 0,00,00,0 0,0**Lecturers:** Last change: Approved by:

Academic	year: 2022	2/2023							
University	y: Comeniu	s Universit	y Bratislava	a					
Faculty: I	Faculty of P	hysical Edu	acation and	Sports					
	Course ID:  STVŠ/dVP-024f/22  Course title: Supervising of bachelor thesis								
Type of a Number per wee Form of	nal activitienctivities: of hours: ek: per leve the course: of credits: 3	rel/semeste on-site lea							
	ended seme								
	nal level: II								
Prerequis	ites:								
Course re	quirement	S:							
Learning	outcomes:								
Class sylla	abus:								
Recomme	nded litera	iture:							
Language	s necessary	to comple	ete the cou	rse:					
Notes:									
	e distributi ber of eval		nts: 1						
A	ABS0	В	С	D	Е	FX	NEABS	P	
0,0	100,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	
Lecturers	:						<u> </u>		
Last chan	ge:								
Approved	by:								

Academic	year: 2022	2/2023								
University	y: Comeniu	s Universit	y Bratislava	a						
Faculty: F	Faculty of P	hysical Edu	ication and	Sports						
	Course ID: FTVŠ/dVP-024g/22 Course title: Supervising of bachelor thesis									
Type of a Number per wee Form of	nal activitienctivities: of hours: ek: per leve	rel/semeste on-site lea								
	of credits: 3									
	nded seme									
Education	nal level: III	I.								
Prerequis	ites:									
Course re	quirement	s:								
Learning	outcomes:									
Class sylla	abus:									
Recomme	nded litera	ture:								
Language	s necessary	to comple	ete the cou	rse:						
Notes:										
	e distributi		nts: 0							
A	ABS0	В	С	D	Е	FX	NEABS	P		
0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0		
Lecturers:										
Last change:										
Approved	by:									

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-024h/22 Supervising of bachelor thesis **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning **Number of credits: 3 Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 0 В  $\mathbf{C}$ Е P Α ABS0 D FX **NEABS** 0,0 0,0 0,0 0,0 0,00,00,00,0 0,0**Lecturers:** Last change: Approved by:

Academic	year: 2022	2/2023								
University	y: Comeniu	s Universit	y Bratislava	a						
Faculty: F	Faculty of P	hysical Edu	acation and	Sports						
	Course ID: FTVŠ/dVP-024i/22 Course title: Supervising of bachelor thesis									
Type of a Number per wee Form of	nal activitienctivities: of hours: ek: per leve the course: of credits: 3	rel/semeste on-site lea								
	ended seme									
	nal level: II									
Prerequis	ites:									
Course re	quirement	S:								
Learning	outcomes:									
Class sylla	abus:									
Recomme	nded litera	iture:								
Language	s necessary	to comple	ete the cou	rse:						
Notes:										
	e distributi ber of eval		nts: 0							
A	ABS0	В	С	D	Е	FX	NEABS	P		
0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0		
Lecturers	:									
Last chan	ge:									
Approved	by:									

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-024j/22 Supervising of bachelor thesis **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning **Number of credits: 3 Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 0 В C Е P Α ABS0 D FX **NEABS** 0,0 0,0 0,0 0,00,00,00,00,0 0,0**Lecturers:** Last change: Approved by:

Academic	year: 2022	2/2023								
University	y: Comeniu	s Universit	y Bratislava	a						
Faculty: F	Faculty of P	hysical Edu	acation and	Sports						
	Course ID: FTVŠ/dVP-024k/22 Course title: Supervising of bachelor thesis									
Type of a Number per wee Form of	nal activitienctivities: of hours: ek: per leve the course: of credits: 3	rel/semeste on-site lea								
	ended seme									
	nal level: II									
Prerequis	ites:									
Course re	quirement	s:								
Learning	outcomes:									
Class sylla	abus:									
Recomme	nded litera	iture:								
Language	s necessary	to comple	ete the cou	rse:						
Notes:										
	e distributi ber of eval		nts: 0							
A	ABS0	В	С	D	Е	FX	NEABS	P		
0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0		
Lecturers	:									
Last chan	ge:									
Approved	by:									

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID: Course title:** FTVŠ/dVP-0241/22 Supervising of bachelor thesis **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning **Number of credits: 3 Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 0 В C Е P Α ABS0 D FX **NEABS** 0,0 0,0 0,0 0,00,00,00,00,0 0,0**Lecturers:** Last change: Approved by:

Academic year: 2022/2023

University: Comenius University Bratislava

Faculty: Faculty of Physical Education and Sports

**Course ID:** 

**Course title:** 

FTVŠ/dVP-057/21

Technical and tactical preparation and their research in sports

games

**Educational activities:** 

Type of activities: Number of hours:

per week: per level/semester: Form of the course: on-site learning

Number of credits: 3

**Recommended semester:** 

**Educational level: III.** 

### **Prerequisites:**

### **Course requirements:**

100%-91% - A, 90%-81% - B, 80%-71% - C, 70%-61% - D, 60%-51% -E, 50% and less FX Final evaluation: 50 % written seminar paper on a given topic, 50 % exam.

### **Learning outcomes:**

The student will gain extended knowledge of the theory and didactics of sport games. He/she has knowledge of technical preparation in sport games, the knowledge of criteria of features and stages of learning sports techniques. He/she masters the psychological and physiological phases of learning individual game activities and collective game activities. Student masters the issue of laterality and transfer of motor skills and game skills. He/she has an overview of the theoretical basis of tactical and theoretical preparation, and an overview of the algorithmization and evaluation of tactical performance in sports games. He/she can use the methods of tactical preparation in sports training of sports players.

### Class syllabus:

The concept, meaning, trainability of sports technique, stages of technical preparation, criteria and features of sports technique, learning phases in the acquisition of sports technique, psychological and neurophysiological bases of movement learning, content of general and special teaching of technique, learning methods, causes of technique stagnation, control, tests, technique training in children and adolescents, memory, forgetting, lateral transfer, vertical transfer, the relationship between speed and technique in sport games, the relationship between speed and individual game activities, individual tactics, group tactics, tactics of the whole team game, focus of practical tactical preparation and theoretical tactical preparation in sports games, algorithmization in training and preparation, formulas, signals, evaluation of tactical performance in sports games, tactical preparation vs game preparation, methods of tactical preparation, approaches to tactical preparation.

### **Recommended literature:**

1. WEINECK, Jürgen. Optimales Training. 11. Auflage. Balingen Spitta – Verlag, 2000. ISBN-3-934211-57-7.

- 2. DOVALIL, Josef et al. Výkon a trénink ve sportu. Praha: Olympia, 2002. ISBN 80-7033-760-5.
- 3. PERÁČEK, Pavol. Teória športových hier. Bratislava: Slovenská vedecká spoločnosť pre telesnú výchovu a šport, 2018, 2019. ISBN 978-80-89075-74-4.

# Languages necessary to complete the course:

Slovak and English

### **Notes:**

# Past grade distribution

Total number of evaluated students: 1

A	ABS0	В	C	D	Е	FX	NEABS	P
0,0	100,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0

Lecturers: doc. PaedDr. Pavol Peráček, PhD.

**Last change:** 29.11.2022

Approved by:

Academic year: 2022/2023

University: Comenius University Bratislava

Faculty: Faculty of Physical Education and Sports

Course ID: Course title:

FTVŠ/dVP-056/21 The structure of sports performance

**Educational activities:** 

Type of activities: Number of hours:

per week: per level/semester: Form of the course: on-site learning

Number of credits: 3

**Recommended semester:** 

**Educational level: III.** 

### **Prerequisites:**

# **Course requirements:**

100%-91% - A, 90%-81% - B, 80%-71% - C, 70%-61% - D, 60%-51% -E, 50% and less FX Ongoing evaluation:

- Participation, mastering of issues based on literature (30%)

Final evaluation:

- Written elaboration and presentation of the structure of sports performance in the selected sport (70%)

### **Learning outcomes:**

The student masters the theory of the multilevel model of factors determining the level of sports performance. He has an overview of the historical and methodological context of research into the structure of sports performance. He masters the current paradigm of systemic-structural and genetic approach to studying the structure of sports performance. He distinguishes mathematically quantified models of the structure of sports performance compared to qualitative models of expert origin. He masters the methodology of research into the structure of sports performance using methods of multidimensional statistics with the application of partial and regression functions. Based on the content analysis and methodological approaches, he can create a research project on the structure of sports performance in a selected sport.

### Class syllabus:

- 1. Sports performance as a system of factors and the genesis of its research.
- 2. Multilevel model of sports performance structure.
- 3. Examples of empirical models of sports performance structure and methods of their construction.
- 4. Methodological problems of quantification of sports performance structure models. Multiple correlation analysis, partial, discriminant and factor analysis.
- 5. Consultation and compilation of a model of the structure of sports performance in the chosen sport.
- 6. Consultations and control on the above issues.

# **Recommended literature:**

- 1. SLOVÍK, Jozef a Ivo HAVLÍČEK. Štruktúra športového výkonu, hodnotenie a normy výkonnosti v hádzanej. Bratislava: MO SÚVČSZTV, 1985.
- 2. HAVLÍČEK, Ivo. Metodologické prístupy k skúmaniu štruktúry športového výkonu. In: Tel Vých. a šport. 1998, roč. 8, č. 1, s. 5 8.
- 3. HAVLÍČEK, Ivo. Model empirického výskumu. In: Tel Vých. a šport. 2004, roč. 14, č. 3-4, s. 21-26
- 4. KAMPMILLER, Tomáš a Ján KOŠTIAL. Štruktúra a rozvoj rýchlostných schopností v atletických šprintoch mládeže. Met. dopis. Praha: Sportpropag, 1986.
- 5. KOŠTIAL, Ján et al. Štruktúra športového výkonu, výber mládeže a rozvoj špeciálnych schopností v prekážkových behoch. Bratislava: Šport, 1988.
- 6. KAMPMILLER, Tomáš. Štruktúra športového výkonu a rozvoj špeciálnych schopností šprintérov. In: Optimalizácia výkonnosti a pohybovej štruktúry v behoch, chôdzi a v skokoch. Bratislava: FTVŠ UK a Slovenská vedecká spoločnosť pre telesnú výchovu a šport, 1998.
- 7. KAMPMILLER, Tomáš, et al. Teória športu a didaktika športového tréningu. 1. vyd. Bratislava : ICM Agency, 2012. ISBN 978-80-89257-48-5.
- 8. ZEMKOVÁ, Erika. Štruktúra športového výkonu v karate. In: Acta Facultatis Educationis Physicae Universitatis Comenianae. Bratislava: Univerzita Komenského, 1999. s. 95 166. ISBN 80-223-1431-5.

# Languages necessary to complete the course:

Slovak and English

#### Notes:

### Past grade distribution

Total number of evaluated students: 0

A	ABS0	В	С	D	Е	FX	NEABS	P
0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0

Lecturers: prof. PaedDr. Tomáš Kampmiller, PhD.

Last change: 29.11.2022

Approved by:

Academic year: 2022/2023

University: Comenius University Bratislava

Faculty: Faculty of Physical Education and Sports

Course ID: Course title:

FTVŠ/dVP-058/21 Training in sports games

**Educational activities:** 

Type of activities: Number of hours:

per week: per level/semester: Form of the course: on-site learning

Number of credits: 3

**Recommended semester:** 

**Educational level: III.** 

**Prerequisites:** 

### **Course requirements:**

100%-91% - A, 90%-81% - B, 80%-71% - C, 70%-61% - D, 60%-51% -E, 50% and less FX Method of evaluation and completion of the course:

Final evaluation: seminar work on the assigned topic (100 %)

### **Learning outcomes:**

The student mastesr the analysis of the movement content of a selected sports game. He has in-depth and expanding knowledge of training process in sports games with a focus on special preparation of players according to the player's function with an emphasis on game and fitness training. He masters the principles of individualization of fitness and game training in terms of player function. He can apply elements on fitness training and game training. He masters the principles of increasing fitness readiness by game (specific) means.

### Class syllabus:

Analysis of the movement content of the game, intensification and extensification process in footbal, fitness aspect of the training process, fitness training, game training, fitness readiness, indvidulization fitness training, development trends in the training process, fitness (intensity) profile of the player, fitness model of the present player, development trends in the game concept, methodological basis for effective training process.

### **Recommended literature:**

- 1. HOLIENKA, Miroslav, et al. Prípravné hry vo futbale (vývoj, výskum, prax). Bratislava: Slovenská vedecká spoločnosť pre telesnú výchovu a šport, 2020. ISBN 978-80-89075-94-2.
- 2. HOLIENKA, Miroslav. Kondičný tréning vo futbale. Bratislave: Peter Mačura PEEM, 2005. ISBN 80-89197-21-3.
- 3. MALLO, Javier. Periodization fitness training. A Revolutionary Football Conditioning Program. SoccerTutor.com, 2014. ISBN 978-0-9576705-6-3.
- 4. OWEN, Adam a Alexandre DELLAL. Football conditioning, periodization, seasonal training, small sided games. A Modern scientific approach. SoccerTutor.com, 2016. ISBN 978-1-910491-10-2.
- 5. OWEN, A., 2016. Football conditioning, fitness training, speed & agility, injury

preventio	on. ISBN 978	3-1-910491	-10-2.					
	es necessary nd English	to compl	ete the cou	rse:				
Notes:	-							
	le distribution		ents: 1					
A	ABS0	В	С	D	Е	FX	NEABS	P
0,0	100,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0
Lecturers	s: prof. Paed	Dr. Mirosl	av Holienk	a, PhD.	•			
Last char	nge: 29.11.20	022						

Approved by:

Academic year: 2022/2023 University: Comenius University Bratislava Faculty: Faculty of Physical Education and Sports **Course ID:** Course title: FTVŠ/dVP-014/21 Various publications and documents that cannot be classified in any of the listed categories **Educational activities: Type of activities: Number of hours:** per week: per level/semester: Form of the course: on-site learning Number of credits: 1 **Recommended semester: Educational level: III. Prerequisites: Course requirements: Learning outcomes:** Class syllabus: **Recommended literature:** Languages necessary to complete the course: **Notes:** Past grade distribution Total number of evaluated students: 2 ABS0 В Α  $\mathbf{C}$ D Е FX **NEABS** P 0.0 0.0 0.0 100.0 0.0 0.0 0.0 0.0 0.0 Lecturers: Last change: Approved by:

Academic year: 2022/2023

University: Comenius University Bratislava

Faculty: Faculty of Physical Education and Sports

Course ID: Course title: Woman in Sport

**Educational activities:** 

Type of activities: Number of hours:

per week: per level/semester: Form of the course: on-site learning

Number of credits: 3

**Recommended semester:** 

**Educational level:** III.

# **Prerequisites:**

# **Course requirements:**

Overall course evaluation 100% -91% - A, 90% -81% - B, 80% -71% - C, 70% -61% - D, 60% -51% -E, 50% and less FX

Final evaluation: elaboration of a seminar work on the issue of specifity of women in sports and in the context of the thematic scope of the dissertation theses.

### Learning outcomes:

The student knows the theoretical basis of gender issues. He is able to scientifically analyze the position of women in sport in the historical context of changes and stereotypes in the concept of her social role. He knows the trends of changes in the body's self-perception and motives of sports. The student is able to analyze the specific factors of women's sports careers, the causes of its abandonment and the problems of women's employment in the physical education and sports movement. The student is able to synthesize, evaluate, extract and creatively use the analyzed knowledge in solving their own research.

### Class syllabus:

- 1. Gender aspects in women's sports, reflection on women's sports in society.
- 2. The position of women in the process of forming the relationship of children to physical activity.
- 3. Motivational factors of physical activity and sports of women.
- 4. Physical self-perception and physical appearance in relation to sports activity of girls.
- 5. Problems in the process of building women's sports careers.
- 6. Employment of women in sports organizations and the Olympic movement. Výskum v oblasti zdravotne orientovanej zdatnosti

### **Recommended literature:**

1. EUROPEAN INSTITUTE FOR GENDER EQUALITY (EIGE). 2017. Gender in sport.

Accessed July 14, 2018. http://eige.europa.eu/rdc/eige-publications/gender-sport

 $2.\ FINK,\ J.S.\ 2015.\ Female\ athletes,\ women's\ sport,\ and\ the\ sport\ media\ commercial\ complex:$ 

Have we really "come a long way, baby?" Sport Management Review, 18(3), 331-342.

3. IOC. 2018. IOC Gender Equality Review Project. IOC Gender Equality Recommendations-Overview. Accessed July 12, 2018 https://www.olympic.org/~/media/Document%20Library/

 $OlympicOrg/News/2018/03/IOC\text{-}Gender\text{-}Equality\text{-}Review\text{-}Project\text{-}Recommendations\text{-}Overview\text{-}March2018.pdf}\;.$ 

- 4. MEDEKOVÁ, H. 2003. Poznatky o pohybovej aktivite dievčat a žien. In Žena Pohybová aktivita Životný štýl Zdravie. Bratislava: Univerzita Komenského, 2003.
- 5. MEDEKOVÁ, H. 2013. Vybrané aspekty telesného sebaponímania stredoškoláčok. In OBORNÝ, J. & SEMAN, F. 2013. Estetika tela, telesnosti a športového pohybu. Zborník príspevkov z vedeckej konferencie s medzinárodnou účasťou. Bratislava: Slovenská vedecká spoločnosť pre telesnú výchovu a šport v spolupráci s Univerzitou Komenského, Fakultou telesnej výchovy a športu, 2013. 206 s. ISBN 978-80-89075-38-6. S. 114-119.
- 6. https://www.womeninsport.org/wp-content/uploads/2015/04/Womens-Sport-Say-Yes-to-Success.pdf
- 7. https://www.telegraph.co.uk/golf/2018/12/17/top-ten-women-golfers-earn-80-per-cent-less-men/
- 8. https://www.cnbc.com/2019/09/11/despite-equal-grand-slam-tournement-prizes-tennis-still-has-a-pay-gap.html

# Languages necessary to complete the course:

Slovak and English

# **Notes:**

# Past grade distribution

Total number of evaluated students: 0

A	ABS0	В	С	D	Е	FX	NEABS	P
0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0

Lecturers: prof. PaedDr. Oľga Kyselovičová, PhD.

Last change: 29.11.2022

Approved by: